

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
SEPTEMBER		1 2:00 Yoga with Betty	2 9:30 Ambulation 10:00 September Trivia 11:00 Wonder's of Mexico 1:30 Mini Bingo 2:30 Spa Cart 3:30 Sing Along	3 9:30 Ambulation 10:00 Exercise Group 10:30 Board Games 1:30 Convenience Store 2:30 Axe Throw 3:30 Ice Cream Social 6:00 Yahtzee	4 9:30 Seated Cycling/Ambulation 10:30 Hangman 1:30 You Be The Judge 2:30 Name That Tune 3:30 Sensory Cart Activity	5 9:30 Ambulation 10:00 Word Game 11:00 Let's Walk & Talk 1:30 Fall Crafts 2:30 Courtyard Visits 3:30 Fun & Puzzles	
	6 9:30 Hymn Sing 10:30 Cedar View Online Church Service 1:40 Bingo 2:30 Beauty Hour 3:30 Movie with Popcorn	7 9:30 Ambulation 10:30 SDA Church Service 1:30 Noodle Soccer 2:30 Puzzles 3:30 Poetry Reading  HAPPY LABOUR DAY	8 9:30 Seated Cycling/Ambulation 10:45 Word Scramble - Fall 1:30 Horse Derby 3:30 Balcony Visits and Short Stories	9 9:30 Ambulation 10:00 Exercise Group 10:30 Board Games 1:30 Noodle Soccer 2:30 Monthly Birthday Party with Bill 6:00 Aging with Dance Artistry	10 9:30 Fun & Fitness 10:00 Noodle Socce 10:30 Comedy Club 1:30 Crazy Eight's 2:30 Convenience Store 3:30 Sunroom Chats 6:00 Night Fishing	11 8:30 Special Breakfast 10:00 Word Search 11:00 Painter's Cove 1:30 Courtyard Visits 2:30 Card Games Rosh Hashanah Begins	12 9:30 Seated Cycling/Ambulation 10:30 Bowling 2:00 Music with Doug - Lounge 3:15 Giant Crossword Puzzle
	13 10:00 Catholic Communion Online Service 10:30 Hymn Sings 1:30 Bingo 2:30 Sing A Long With Becky Grandparents Day	14 9:30 Ambulation 10:30 SDA Church Service 1:30 Ring Toss 2:30 Snakes & Ladder 3:30 Ice- Cream Social	15 9:30 Fun & Fitness 10:00 Who am I? 11:00 Pictionary 2:00 Yoga with Betty 3:00 Crazy Eights	16 9:30 Ambulation 10:00 September Colors 11:00 Catch & Throw 2:00 Terry Fox Walkathon 3:45 Wonder's of Jamaica	17 9:30 Ambulation 10:00 Word Game 11:00 Let's Walk & Talk 2:00 Resident Council Meeting 2:45 Food Committee Meeting 3:30 Wonders of Japan 6:00 Puzzles	18 9:30 Seated Cycling/Ambulation 10:30 Apple peeling and prep 10:30 Apple Orchard Online tour - Lounge 1:30 Making Apple Crisp 2:30 Trivia 3:00 Sensory Stim - Taste	19 10:00- 12:30 Bus Trip- Farmers Market 1:30 Board Games 2:30 Card Games 3:30 Courtyard Visits Oktoberfest
	20 9:30 Hymn Sing 10:30 Catholic Communion Online Church Service 1:40 Bingo 2:30 Beauty Hour 3:30 Movie with Popcorn Yom Kippur Begins	21 9:30 Ambulation 10:30 SDA Church Service 1:40 Word Scramble 2:30 Memory Card Game 3:00 Life & Color 3:30 You be the Judge	22 9:30 Seated Cycling/Ambulation 10:30 Bean Bag Toss 1:30 Making Creamy Tomato Soup 2:30 Discussion Group 3:00 Sensory Stim - Taste Autumn Begins	23 9:30 Fun & Fitness 10:00 Riddles 11:00 Obie Games 1:30 Horse Derby 2:30 Hour of Power 3:30 Crazy Eight's 6:00 Aging with Dance Artistry	24 9:30 Fun & Fitness 10:00 Word Scramble 11:00 Discussion Group 1:30 Convenience Store 2:00 Judy & Robin Sing Along 3:00 Card Games 6:00 50 Items in my fridge and freezer	25 8:30 Special Breakfast 10:00 Painter's Cove 11:00 Fancy Nails 1:30 Mini Bingo 2:30 Card Games Sukkot Begins	26 9:30 Seated Cycling/Ambulation 10:30 Giant Crossword Puzzle 1:30 Arts & crafts - Thanksgiving and making our scarecrow 3:00 Residents' choice of movie - Lounge
	27 10:00 Catholic Communion Online Service 10:30 Hymn Sings 11:00 Scripture readings 1-1 1:30 Bingo 3:30 Horoscopes 1-1	28 9:30 Ambulation 10:30 SDA Church Service 1:30 Horse Derby 2:30 Trivia 3:30 Movie Matinee	29 9:30 Fun & Fitness 10:00 Ring Toss 11:00 Word Search 2:00 Yoga with Betty 3:00 Courtyard Visits & Games	30 9:30 Fun & Fitness 10:00 Noodle Soccer 11:00 Trivia 12:00 BBQ Lunch 1:30 Convenience Store 2:00 Art & Crafts 3:00 Crazy Eight's 3:30 Gardening	5 WEST		