

4E

AUGUST 2026

4E

9:30- FITNESS CLASS 1
10:45- AUG CALENDAR'S
11:15- HOROSCOPES

1:30- FUN & GAMES
2:30- AUG DISPLAY CASE
3:00- PATIO VISITS
3:30- AMBULATION

9:30- HOUR OF POWER 2 9:30- BOARD GAME 10:45- HYMNS & STORIES 11:15- TWIST & TURN 1:30- BOWLING 2:30- LAUGH & GIGGLES 3:00- LIFE HISTORY BOARDS 3:30- AMBULATION	9:30- FITNESS CLASS 3 10:30- CHURCH SERVICE 11:15- JOKES & RIDDLES 1:30- WORD GAME CIVIC DAY 2:30- BEAUTY TIME 3:00- PATIO VISITS 3:30- AMBULATION	9:30- MORNING YOGA 4 10:45- ANIMAL TRIVIA 11:15- HAND MASSAGES 1:30- STORYTIME 2:30- BINGO 3:00- COURTYARD VISIT 3:30- ICE CREAM SOCIAL	9:30- FITNESS CLASS 5 10:45- PATIO VISITS 11:15- BIBLE STUDY 1:30- BAKING MUFFINS 2:00- AUG TRIVIA SOCIAL 2:30- TASTE TEST MUFFINS 6:00- AGING ARTISRTY w KYLEE	9:30- JUMBLE BEACH 6 10:45- R.O.M EXERCISES 11:15- HYMN'S & STORIES 1:30- HORSE DERBY 2:30- CONVIENENCE STORE 3:00- TRAVEL CART 3:30- AMBULATION	8:30- SPECIAL BREAKFAST 7 10:15- NOODLE SOCCER 11:15- SUMMER STORIES 1:30- MINI BINGO 2:15- HOT CHOC SOCIAL 2:45- AROMA & MASSAGE 3:00- AMBULATION	2:30- PRAISE OF WORSHIP CHINESE EVANGELICAL LUTHERAN CHURCH 5:45- BINGO NIGHT
TODAY IS THE DAY TO START BUILDING YOUR BETTER TOMORROW 9	9:30- FITNESS CLASS 10 10:30- CHURCH SERVICE 11:15- PUZZLE & MATCH 1:30- PRICE IS RIGHT GAME 2:30- BEAUTY TIME 3:00- PATIO VISITS 3:30- AMBULATION	9:30- FROM A- Z ANIMALS 11 10:45- TWIST & TURN 11:15- MONTESSORI 1:15- MAKING SLUSHIES 2:00- YOGA w BETTY 2:45- TASTE TEST SLUSHIES 3:30- AMBULATION	9:30- FITNESS CLASS 12 10:45- PATIO VISITS 11:15- BIBLE STUDY 1:30- WORD GAME BARBECUE 2:30- AROMA & MASSAGE 3:00- TRAVEL CART 3:30- AMBULATION 5:45- HORSE DERBY	9:30- MINI BINGO 13 10:45- FUN & FITNESS 11:15- SNOOZELYN 2:00- SUMMER CARNIVAL 2:00- AFTERNOON MATINEE	DON'T LET YOUR YESTERDAY AFFECT YOUR TODAY 14	10:00 - 12:30 FARMER'S MARKET BUS TRIP 15 2:00- HORSE DERBY 2:45- LAUGH & GIGGLES 3:15- LIFE HISTORY BOARDS 3:45- AMBULATION
9:30- HOUR OF POWER 16 9:30- BOARD GAME 10:45- HYMNS & STORIES 11:15- TWIST & TURN 1:30- ICE CREAM TASTING 2:00- I.C SOCIAL & TRIVIA 2:30- TASTE TEST ICE CREAM 3:45- AMBULATION/ PHYSIO	9:30- FITNESS CLASS 17 10:30- CHURCH SERVICE 11:15- JOKES & RIDDLES 1:30- WORD GAME C.N.E 2:30- BEAUTY TIME 3:00- PATIO VISITS 3:30- AMBULATION	TOUGH TIMES NEVER LAST, BUT TOUGH PEOPLE DO 18	9:30- FITNESS CLASS 19 10:45- PATIO VISITS 11:15- BIBLE STUDY 1:30- BAKING COOKIES 2:00- CAMPING TRIVIA 2:30- TASTE TEST COOKIES 6:00- AGING ARTISRTY w KYLEE	9:30- JUMBLE CAMPING 20 10:30- COMEDY HOUR 1:30- HORSE DERBY 2:30- CONVIENENCE STORE 3:00- TRAVEL CART 3:30- AMBULATION	8:30- SPECIAL BREAKFAST 21 10:15- NOODLE SOCCER 11:15- CAMPING STORIES 1:30- MINI BINGO 2:15- HOT CHOC SOCIAL 2:45- AROMA & MASSAGE 3:00- AMBULATION	EVERYDAY IS THE START OF A NEW BEGINNING 22 5:45- BINGO NIGHT
NEVER GIVE UP ON THE THINGS THAT MAKE YOU SMILE 23	10:30- CHURCH SERVICE 24 LOOK TOWARDS THE SUN YOU'LL NEVER SEE SHADOWS	LIVE, LAUGH, LOVE, LEARN 25 2:00- YOGA w BETTY	9:30- FITNESS CLASS 26 10:45- PATIO VISITS 11:15- BIBLE STUDY 1:30- WORD GAME CAMPING 2:30- CONVIENENCE STORE 3:00- AROMA & MASSAGE 3:30- AMBULATION 5:45- HORSE DERBY	9:30- MINI BINGO 27 10:45- FUN & FITNESS 11:15- SNOOZELYN 1:30- MAKING GRILL CHEESE 2:00- CHEESE TRIVIA SOCIAL 2:15- TASTE TEST GRILL CHEESE 3:30- AMBULATION	2:30- BIRTHDAY PARTY w DOUG 28	A JOURNEY OF 1000 MILES STARTS WITH ONE STEP 29
9:30- HOUR OF POWER 30 9:30- BOARD GAME 10:45- HYMNS & STORIES 11:15- TWIST & TURN 1:30- BOWLING 2:30- LAUGH & GIGGLES 3:00- LIFE HISTORY BOARDS 3:30- AMBULATION	10:30- CHURCH SERVICE 31 HAPPINESS IS THE GREATEST FORM OF SUCCESS	JULY FEATURES: FLOWER: GLADIOLUS & POPPY SPIRIT: STARFISH COLOUR: LIGHT GREEN STONE: PERIDOT & SARDONYX ANIMAL: TURTLE ZODIAC: LEO 1-22 VIRGO 23-31				