

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MONTHLY FEATURES: SPIRIT ANIMAL: GREY WOLF ANIMAL: ROOSTER COLOUR: SAPPHIRE/ BLUE STONE: SAPPHIRE FLOWER: MORNING GLORY ZODIAC: VIRGO (SEPT 1-22) ZODIAC: LIBRA (SEPT 23-30)		10:00- HANGING CALENDARS LIVE LAUGH LOVE LEARN	9:30- FITNESS CLASS 10:30- PATIO VISITS 11:00- SEPT DISPLAY CASE 1:30- BAKING MUFFINS 2:00- SEPT SOCIAL & TRIVIA 2:15- TASTE TEST MUFFINS 3:30- AMBULATION 5:45- BOWLING	9:30- JUMBLE BACK TO SCHOOL 10:30- R.O.M EXERCISES 11:00- SEPT DISPLAY CASE 1:30- HORSE DERBY 2:30- CONVIENENCE STORE 3:00- TRAVEL CART 3:30- AMBULATION	8:30- SPECIAL BREAKFAST 10:15- NOODLE SOCCER 11:00- SCHOOL STORIES 1:30- MINI BINGO 2:15- HOT CHOC SOCIAL 2:45- AROMA & MASSAGE 3:00- AMBULATION	LOOK TOWARDS THE SUN, YOU WILL NEVER SEE SHADOWS 5:45- BINGO NIGHT
A JOURNEY OF 1000 MILES STARTS WITH ONE STEP	9:30- FITNESS CLASS 10:30- CHURCH SERVICE 10:45- CREATIVE CORNER 11:15- MATCH & PUZZLE 1:30- WORD GAME SEPTEMBER 2:30- BEAUTY TIME 3:00- LIFE & COLOR w KAI 3:30- AMBULATION	9:30- FROM A - Z ANIMALS 10:30- TWIST & TURN 11:00- MONTESSORI 1:15- MAKING SLUSHIES 2:00- YOGA w BETTY 2:45- TASTE TEST SLUSHIES 3:30- AMBULATION	9:30- FITNESS CLASS 10:30- PATIO VISITS 11:00- BIBLE STUDY 1:15- CONVIENENCE STORE 2:00- AFTERNOON MATINEE 2:30- BIRTHDAY w BILL 3:45- AMBULATION 6:00- AGING ARTISTRY w KYLEE	9:30- NOODLE SOCCER 10:30- COMEDY HOUR 1:30- SENSORY GAMES 2:00- FALL COLOURING 2:30- TABLE TENNIS 3:30- WALKING GROUP	START BUILDING YOUR BETTER TOMORROW, TODAY	9:30- FITNESS CLASS 10:30- PAINTER COVE LEAVES 11:15- HOROSCOPES 1:15- JOKES & RIDDLES 2:30- PRAISE OF WORSHIP CHINESE EVANGELICAL LUTHERAN CHURCH 3:45- AMBULATION
9:30- HOUR OF POWER 9:30- BOARD GAME 10:45- HYMNS & STORIES 11:00- TWIST & TURN 1:30- MAKING APPLE SAUCE 2:00- APPLE TRIVIA SOCIAL 2:30- TASTE TEST APPLE SAUCE 3:30- AMBULATION	10:30- CHURCH SERVICE 2:00- JUDY & ROBIN WITH 4 WEST	9:30- FITNESS CLASS 10:30- LAUGH & GIGGLES 11:00- MONTESSORI 1:30- BOWLING 2:30- BEAUTY TIME 3:00- TRAVEL CART 3:30- AMBULATION	9:30- FITNESS CLASS 10:30- SNOOZELYN 11:00- BIBLE STUDY 2:00- TERRY FOX WALK 2:00- AFTERNOON MATINEE 4:00- AMBULATION 5:45- HORSE DERBY	9:30- JUMBLE AUTUMN 10:30- R.O.M EXERCISES 11:00- MUSICAL MELODIES 1:15- CONVIENENCE STORE 2:00- RESIDENT COUNCIL 2:45- FOOD COMMITTEE 3:30- AMBULATION	8:30- SPECIAL BREAKFAST 10:15- NOODLE SOCCER 11:00- AUTUMN STORIES 1:30- MINI BINGO 2:15- APPLE CIDER SOCIAL 2:45- AROMA & MASSAGE 3:00- AMBULATION	LIFE IS A JOURNEY, NOT A DESTINATION 5:45- BINGO NIGHT
DON'T LET YOUR YESTERDAY AFFECT YOUR TODAY	10:30- CHURCH SERVICE 12:00- BBQ LUNCH	9:30- MINI BINGO 10:30- TWIST & TURN 11:00- MONTESSORI 1:15- MAKING MILKSHAKES 2:00- YOGA w BETTY 2:45- TASTE TEST MILKSHAKES 3:30- AMBULATION	9:30- FITNESS CLASS 10:30- SNOOZELYN 11:00- BIBLE STUDY 1:15- CONVIENENCE STORE 2:00- MUSIC w DOUG 3:15- FUN & GAMES 3:45- AMBULATION 6:00- AGING ARTISTRY w KYLEE	9:30- PRICE IS RIGHT 10:30- FUN & FITNESS 11:00- HYMNS & STORIES 1:30- HORSE DERBY 2:30- ANGLICAN SERVICE 3:00- TRAVEL CART 3:30- AMBULATION	IF YOUR DREAMS DON'T SCARE YOU, THEY'RE TOO SMALL	9:30- FITNESS CLASS 10:30- PAINTER'S COVE FALL 11:15- HOROSCOPES 1:30- MAKING CORN SALAD 2:00- CORN TRIVIA SOCIAL 2:30- TASTE TEST CORN SALAD 3:30- AMBULATION
9:30- HOUR OF POWER 9:30- BOARD GAME 10:45- HYMNS & STORIES 12:00- SWISS CHALET LUNCH 2:00- WORD GAME CAMPING 2:45- AROMA & MASSAGE 3:15- ACTIVE GAME 3:45- AMBULATION	9:30- FITNESS CLASS 10:30- CHURCH SERVICE 10:45- CREATIVE CORNER 11:15- MATCH & PUZZLE 1:30- BOWLING 2:30- BEAUTY TIME 3:00- JOKES & RIDDLES 3:30- AMBULATION	EVERYDAY IS THE START OF A NEW BEGINNING	9:30- FITNESS CLASS 10:30- SNOOZELYN 11:00- BIBLE STUDY 1:30- BAKING APPLE CRISP 2:00- FALL TRIVIA SOCIAL 2:15- TASTE TEST APPLE CRISP 3:30- AMBULATION 5:45- HORSE DERBY	SEPT 7- LABOR DAY SEPT 11- ROSH HASHANAH SEPT 19- OKTOBER FEST SEPT 20- YOM KIPPUR SEPT 22- AUTUMN CATHOLIC COMMUNION- FRIDAY'S		