

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
THREE WEST		9:45-Hymns and Stories 1 10:30- Volleyball 11:00- Wheelchair Travel 11:00 One To One Hanging Calendars 1:45- Bowling 3:00- Library Visit 3:30- Trivia time 6:00 Evening Sing A Long	9:45-Spiritual Morning 2 10:30- Ring Toss 11:00- Walking Group 1:45- Trivia in Cafe 3:00- Axe Throw 3:30- Comedy Hour	9:45-Noodle Fit Exercise 3 10:30-Horse Derby 11:00- Ambulation 1:30 Convenience Store 2:00- Bingo 3:00- Word Games 3:30- Hour of Power	8:30- SPECIAL BREAKFAST 4 10:30- Axe Throwing 11:00- Balcony Visit 1:45- Creative Outlet 3:00- Beauty Hour	 5	
	Welcome back! 6	10:30 SDA CHURCH 7 10:40: - Morning Stretches 11:00- Wheelchair Travelling 1:45: - Trivia in Courtyard 3:00- Lucy Show 6:00 AGING WITH DANCE ARTISTRY	9:45-Morning Exercise 8 10:30- Volleyball 11:00- Music Time 2:00 YOGA WITH BETTY 3:30: - Bingo 6:00 Noodle Exercises and Stretches	12:00 BBQ LUNCH 3W 9 2:30 MONTHLY BIRTHDAY PARTY WITH BILL	9:45- Noodle Fit 10 10:30- Lucy Show 11:00- Card Games 1:45- Convenience Store 3:00- Bowling To Music	9:45-Chair Yoga 11 10:30- Coloring To music 11:00- Word Games 1:45- Horse Derby 3:00- Beauty Hour Rosh Hashanah Begins	9:45-Spiritual Morning 12 10:30- Basketball 11:00-Jenga 1:30 Beauty Hour 2:30 -CHINESE EVANGELICAL LUTHERAN CHURCH 6:00- Hangman/Woman and Finish the Line
	Grandparents Day 13 9:45- Noodle Fit Exercise 10:30- Volleyball 11:00- Ambulation 2:30 SING A LONG WITH Becky 3:30- Coloring To Music	9:30 -Morning Stretches 14 10:30 SDA Church 11:00- Noodle Soccer 1:45- Food Program 2:00 Trivia 2:30 Taste Testing 3:30-Hour of Power	 15 6:00 Word Games	9:45- Hymns and Stories 16 10:30- Volleyball Game 11:00- Ambulation 2:00 TERRY FOX WALK A THON 3:30- Word Games	9:45-Exercise Time 17 10:30- Noodle Soccer 11:00- Jenga 2:00 RESIDENTS COUNCIL 2:45 FOOD COMMITTEE 3:00- Puzzles	8:30- SPECIAL BREAKFAST 18 	 19 Oktoberfest Begins
 20 Yom Kippur Begins	10:30 SDA CHURCH 21 10:30- Exercise Time 11:00- Word Games 1:45-Bingo 3:00- Sensory Cart 6:00 AGING WITH DANCE ARTISTRY	 22 2:00 YOGA WITH BETTY Autumn Begins	9:45- Chair Yoga 23 10:30- Bowling 11:00- Comedy Hour 1:45- Nacho Social 3:00- Axe Throw 3:30- Quiz time	9:45-Spiritual Morning 24 10:30- Ball Toss 11:00- Ambulation 1:45- Convenience Store 2:30 Anglican Service 3:30- Lucy Show	 25 Sukkot Begins	9:45-Spiritual Morning 26 10:30- Ball Toss 11:00- Patio Visit 1:45- Hot Chocolate Social 3:00- Creative Outlet 3:30- Comedy hour 6:00 Evening of Yahtzee	
9:45- Noodle Fit 27 10:30- Volleyball 11:00- Walking Group 1:45- Bingo 3:00- Word Games 3:30- Cards	10:30 SDA CHURCH 28 10:30-Exercise 11:00- Sing Along 1:45- Bingo 3:00- puzzle time 3:30- Ambulation	6:00 Where in the world would you find this? 29	9:45- Chair Yoga 30 10:30- You Be The Judge 11:00- Jenga 1:45 Convenience Store 2:15 - Bowling 3:00- Library Visit 3:30- Ambulation				