

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3-EAST ***CONVENIENCE STORE IN THE CAFE EVERY WEDNESDAY AND THURSDAY 1:00 pm – 3:00 pm *** CATHOLIC COMMUNION VISITS EVERY MONDAY OR FRIDAY		9:30 NOODLE FIT 1 10:30 CALENDARS 1:1 11:00 ARTS AND CRAFTS 1:45 ABBA PLAYLIST 2:00 YOGA WITH BETTY 3:30 NACHOS	9:30 SIT AND STRETCH 2 10:30 PAINTING W MUSIC 11:00 SENSORY CART 1:45 FLUFF AND FOLD 2:30 HORSE DERBY 3:30 1:1 VISITS 6:00 BALCONY VISITS	9:30 BINGO 3 10:30 BALCONY VISIT 11:00 WORDLE 1:45 CONVIENIENCE STORE 2:30 MEN'S SPORTS DAY SOCIAL 3:30 NOODLE SOCCER	8:30 SPECIAL BREAKFAST 4 10:30 FUN AND GAMES 11:00 1:1 AMBULATION 1:45 HAND MASSAGES 2:30 FANCY NAILS 3:30 GUY TALKS 6:00 20 ITEMS IN MY SUITCASE	9:30 HORSE DERBY 5 10:30 WORSHIP SONGS 11:00 PUZZLES 1:45 MOVIE NIGHT 2:30 FALL DECORATIONS 3:30 BALCONY VISITS
9:30 HOUR POWER 6 10:30 BINGO 11:00 HAND MASSAGES 1:45 BOWLING 2:30 KARAOKE 3:30 TRAVELOUGE: MONTREAL	9:30 BALL TOSS 7 10:30 CHURCH SERVICE 11:00 1:1 AMBULATION 1:45 CAFE VISITS 2:30 WORD GAMES 3:00 LIFE AND COLOR	9:30 NOODLE FIT 8 10:30 WHAT AM I 11:00 ARTS AND CRAFTS 1:45 SUZIE Q SING-ALONG 2:00 YOGA WITH BETTY 3:30 POPCORN AND POPSICLES	9:30 MOVE AND GROOVE 9 10:30 AUTUMN CRAFT 11:00 WOULD YOU RATHER 2:30 MONTHLY BIRTHDAY PARTY WITH BILL 3:30 AMBULATION 1:1 6:00 BALL TOSS	9:30 MEMORY GAME 10 10:30 SPIRITUAL STREAMING 1:45 CONVENIENCE STORE 2:30 RING TOSS 3:30 EYEGLASS CLINIC	9:30 PARACHUTE 11 10:30 JENGA 11:00 SUNROOM CHATS 1:45 SUGAR COOKIES 2:30 NOODLE SOCCER 3:30 OUTDOOR BOYS ON TV 6:00 EVENING WALKS AND TALKS	9:30 VOLLEYBALL 12 10:30 Pictionary 11:00 COURTYARD VISIT 1:45 THIS OR THAT 2:30 RING TOSS 3:30 TEATIME SOCIAL
9:30 NOODLE SOCCER 13 10:30 LIBRARY VISIT 11:00 HYMN SING 1:45 HORSE DERBY 2:30 SING A LONG WITH BECKY 3:30 FANCY NAILS 6:00 HYMN SING A LONG Grandparents Day	9:30 HOT POTATO 14 10:30 CHURCH SERVICE 12:00 BBQ LUNCH 1:45 STICKMAN 2:30 BOWLING 3:30 TREATS AND TALKS	9:30 NOODLE FIT 15 10:30 RIDDLES AND GIGGLES 11:00 ARTS AND CRAFTS 1:45 ELVIS PRESLEY MUSIC 2:00 YOGA WITH BETTY 3:30 WAFFLES	9:30 SEATED EXERCISE 16 10:30 GUESS IN 10 11:00 SENSORY POUCHES 2:00 TERRY FOX WALKATHON 3:30 1:1 VISITS 6:00 EVENING FISHING	9:30 NOODLE SOCCER 17 10:30 COLOURING TIME 11:00 GUESS IN 10 2:00 RESIDENTS COUNCIL 2:45 FOOD COMMITTEE 3:30 SING ALONG TO THE 80S	8:30 SPECIAL BREAKFAST 18 10:30 SNAKE AND LADDER 11:00 1:1 AMBULATION 1:45 HAND MASSAGES 2:15 FANCY NAILS 2:30 GENTS GROUP 6:00 ANIMAL BINGO	9:30 HORSE DERBY 19 10:30 BIBLE STORIES 11:00 CROSSWORDS 1:45 PRIME TIME 2:30 OCTOBER DECOR 3:30 COURTYARD VISITS
9:30 HOUR POWER 20 10:30 BOWLING 11:00 AROMATHERAPY 1:45 BINGO 2:30 SING-A-SONG 3:30 TRAVELOUGE: QUEBEC CITY	9:30 BIG BIG BALL 21 10:30 CHURCH SERVICE 11:00 1:1 AMBULATION 1:45 CAFE VISITS 2:30 CATEGORY GAMES 3:30 HALLWAY CHATS	9:30 NOODLE FIT 22 10:00 SING-ALONG WITH JUDY AND ROBIN 1:45 KARAOKE 2:00 YOGA WITH BETTY 3:30 ICE CREAM SOCIAL Autumn Begins	9:30 RING TOSS 23 10:30 MATCHING GAME 11:00 SUNROOM STORYTIME 1:45 TRIVIA SOCIAL 2:30 GIANT JENGA 3:30 CHAIR YOGA 6:00 SUNROOM STORIES	9:30 BOARD GAMES 24 10:30 5 CLUES: WHAT JOB IS IT? 11:00 SEPTEMBER SPIRIT 1:45 CONVENIENCE STORE 2:30 ANGLICAN SERVICE	9:30 OCTABAND 25 10:30 ANIMAL BINGO 11:00 MEMORY BOX VISITS 1:45 BAKED TREATS 2:30 NOODLE HOCKEY 3:30 THE GREAT GATSBY 6:00 COLORING BY NIGHT	9:30 VOLLEYBALL 26 10:30 PUNS & JOKES 11:00 FRIENDLY VISITS 1:45 HYMN SING 2:30 LEAF CRAFT 3:30 BALL TOSS
9:30 HORSE DERBY 27 10:30 FALL COLOURING 11:00 LIBRARY VISIT 1:45 BEAUTY TIME 2:30 WORD SCRAMBLE 3:30 NOODLE SOCCER 6:00 REMINISCING AND FINISH THE LINE	9:30 VOLLEYBALL 28 10:30 CHURCH SERVICE 11:00 1:1 AMBULATION 1:45 Pictionary 2:30 BOWLING 3:30 TREATS AND WALK	9:30 NOODLE FIT 29 10:30 MATCH IT 11:00 ARTS AND CRAFTS 1:45 ANDREI RIUE CONCERT 2:00 YOGA WITH BETTY 3:30 PANCAKES	9:30 FITNESS CLASS 30 10:30 COLOURING WITH MUSIC 11:00 SENSORY CART 1:45 FLUFF AND FOLD 2:30 JENGA 3:30 1:1 VISITS	SEPTEMBER		