

| Sunday                                                                                                                                                                                                                                                  | Monday                                                                                                                                                                                                                                                 | Tuesday                                                                                                                                                                                                                                            | Wednesday                                                                                                                                                                                                                                                                                                 | Thursday                                                                                                                                                                                                                | Friday                                                                                                                                                                                                                                                | Saturday                                                                                                                                                                                                                                                    |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <div>2 WEST</div> <div>AUGUST 2026</div>                                                                                                                                                                                                                |                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                       | <div>1</div> <div>9:45 One to One Visits with the Calendar</div> <div>10:00 Group Exercise</div> <div>10:30 Ball Toss</div> <div>1:45 Comedy Hour</div> <div>2:30 Courtyard Visits</div> <div>3:15 Card Game/ Go fish</div>                                 |
| <div>2</div> <div>9:45 Hymns and Stories</div> <div>10:30 Fun and Fitness</div> <div>11:00 Brain Games/Cross word</div> <div>1:40 Bingo</div> <div>2:30 Fancy Nails</div> <div>3:00 Art and Crafts / Tissue transfer</div>                              | <div>CIVIC HOLIDAY</div> <div>3</div> <div>9:45 Morning Stretch</div> <div>10:30 SDA CHURCH</div> <div>1:45 Travel Talk / Europe</div> <div>2:30 Hang Man</div> <div>3:15 Current events/in music</div> <div>6:00 AGING WITH ARTRISTY WITH KYLEE</div> | <div>4</div> <div>9:30 Horse Derby</div> <div>10:30 You be the Judge</div> <div>11:15 Concert with Andre Rui</div> <div>2:00 Yoga with Betty</div> <div>3:00 Courtyard Visits With Discussion</div> <div>5:45 Snake &amp; Ladder (courtyard)</div> | <div>5</div> <div>9:45 Fun &amp; Fitness</div> <div>10:00 Coloring to Music</div> <div>10:45 Stories &amp; Memories</div> <div>11:00 Walk and Talk</div> <div>1:30 Convenience Store</div> <div>2:00 Brain Games/who am I?</div> <div>2:30 Current events/in Arts world</div> <div>3:15 Horse Derby</div> | <div>6</div> <div>9:45 Lets Get Moving</div> <div>10:30 Pictionary</div> <div>11:00 Daily Chronicle</div> <div>1:45 Card Games / Pyramid</div> <div>2:30 Afternoon At the Movies</div> <div>3:15 One on One Visit</div> | <div>7</div> <div>9:45 Let`s Get Moving</div> <div>10:30 Chair Yoga</div> <div>11:00 Current Events / Family Traditions</div> <div>1:45 Paint Therapy</div> <div>2:30 Reminiscing/ Grand children, hobbies</div> <div>3:15 Movie Friday/popcorn</div> | <div>8</div> <div>9:30 Noodle Soccer</div> <div>10:30 Trivia and Riddles</div> <div>11:15 Walking Group</div> <div>2:30 Chinese Evangelical Lutheran Church</div> <div>3:45 Fancy Nails</div>                                                               |
| <div>9</div> <div>9:30 Hymns and Stories</div> <div>10:30 Move and Groove</div> <div>11:15 Comedy Hour</div> <div>1:45 Bingo</div> <div>3:00 Card Game</div> <div>5:45 Horse Derby</div>                                                                | <div>10</div> <div>9:45 Morning Stretch</div> <div>10:30 SDA CHURCH</div> <div>1:45 Scrabble Game</div> <div>2:30 I Love Lucy</div> <div>3:15 Courtyard Visit</div> <div>5:45 Bean Bag Toss</div>                                                      | <div>11</div> <div>9:30 Morning Stretch</div> <div>10:30 Word Game (finish the song</div> <div>11:00 Sensory/scent boxes</div> <div>1:30 Guess the Pictures</div> <div>2:30 Fancy Nails</div> <div>3:15 Hand Massage</div>                         | <div>12</div> <div>9:45 Fun and Fitness</div> <div>10:30 Board Game</div> <div>11:00 Mealtime Trivia</div> <div>1:30 Convenience Store</div> <div>2:00 Paint by Number</div> <div>2:30 Fancy Nails</div> <div>3:15 Afternoon Cinema</div>                                                                 | <div>13</div> <div>9:45 Bean Bag Toss</div> <div>10:30 Word Games/Trivia 60's history</div> <div>11:00 Walk and talk</div> <div>1:45 1 to 1 Visits</div> <div>2:00 - 4:00 SUMMER CARNIVAL</div>                         | <div>14</div> <div>8:30 Cafe` Breakfast</div> <div>10:30 Basketball Throw</div> <div>11:15 Walking Group</div> <div>1:45 Courtyard visit</div> <div>3:00 Coloring with Music</div> <div>5:45 Axe Throw (courtyard)</div>                              | <div>15</div> <div>BUS TRIP FARMER MARKET</div> <div>10:00 TO 12:30</div> <div>2:00 Paint Therapy</div> <div>3:00 Current events/ in Travel</div>                                                                                                           |
| <div>16</div> <div>9:30 Hymns and Stories</div> <div>10:30 Morning Stretch</div> <div>11:15 Travel Talk</div> <div>1:45 Movie &amp; Popcorn</div> <div>2:45 Bingo</div> <div>3:15 Current event / in spots</div>                                        | <div>17</div> <div>9:45 Daily Chronicle</div> <div>10:30 SDA CHURCH</div> <div>1:45 Ambulation with Balls</div> <div>2:30 Bowling</div> <div>3:00 Life And Color</div> <div>3:15 You be the Judge</div> <div>6:00 AGING WITH ARTRISTY WITH KYLEE</div> | <div>18</div> <div>9:30 Noodle Soccer</div> <div>10:30 Trivia and Riddles</div> <div>11:15 Country Talk</div> <div>2:00 Yoga with Betty</div> <div>3:00 Coloring and Puzzles</div> <div>5:45 Snake &amp; Ladder (courtyard)</div>                  | <div>19</div> <div>9:45 Let`s Bake Cookies</div> <div>10:30 Taste the Cookies</div> <div>11:00 Arts &amp; Crafts</div> <div>12:00 BBQ Lunch</div> <div>2:00 Trivia 70's Pop Culture</div> <div>2:30 Sensory Pouches Making</div> <div>3:15 Hand Massage/Fancy Nails</div>                                 | <div>20</div> <div>9:30 Morning Stretch</div> <div>10:30 Comedy Hour</div> <div>1:30 Convenience Store</div> <div>2:00 Guess the Pictures</div> <div>3:00 Horse Debry</div>                                             | <div>21</div> <div>9:30 Let`s Get Moving</div> <div>10:30 Ball Toss</div> <div>11:00 Art and Crafts</div> <div>1:45 Bowling to Music</div> <div>2:30 Courtyard Visits</div> <div>3:00 Card Game /Crazy Eights</div>                                   | <div>22</div> <div>9:30 Morning Stretch</div> <div>10:30 Coloring with Music</div> <div>11:15 Sing Along</div> <div>1:45 Painting and Social</div> <div>3:00 Fancy Nails/Hand Massages</div>                                                                |
| <div>23</div> <div>9:30 Hymns and Stories</div> <div>10:30 Be the Judge</div> <div>11:15 Patio visit</div> <div>1:45 Pizza and Social</div> <div>2:00 Suzie Q Sing A Long</div> <div>3:00 Courtyard Visit</div> <div>5:45 Karaoke Night w/ Nachos</div> | <div>24</div> <div>9:45 Sing Along</div> <div>10:30 SDA CHURCH</div> <div>1:45 Room Visit Social</div> <div>2:00 JUDY AND ROBIN</div> <div>3:00 Go Fishing</div> <div>3:15 Afternoon Cinema/ Grumpy Old Men</div> <div>5:45 Bean Bag Toss</div>        | <div>25</div> <div>9:45 Fun and Fitness</div> <div>10:30 Scrabble Game</div> <div>11:00 Game Time ( yahtzee)</div> <div>1:45 1-1 Visit (Ball Toss)</div> <div>2:30 Fancy Nails</div> <div>3:15 Puzzle Time</div>                                   | <div>26</div> <div>9:30 Trivia/50's music</div> <div>10:00 Arts &amp; Crafts -Tissue transfer</div> <div>10:30 Reminiscing/ family Traditions</div> <div>1:30 Convenience Store</div> <div>2:00 Social Hour</div> <div>2:30 Room Visits social</div> <div>3:15 Card Game/ Free Call Solitaire</div>       | <div>27</div> <div>9:30 Morning Stretch</div> <div>10:30 Word Game</div> <div>11:00 Paint by Number</div> <div>1:45 Guess the Pictures</div> <div>2:30 Fancy Nails</div> <div>3:15 One to One Patio</div>               | <div>28</div> <div>8:30 CAFE BREAKFAST</div> <div>10:30 Coloring and Puzzles</div> <div>11:15 Ambulation with ball</div> <div>2:00 Monthly Birthday Party With Doug</div> <div>3:00 Card Game</div> <div>5:45 Axe Throw (courtyard)</div>             | <div>29</div> <div>9:45 Baking Social - Cupcakes</div> <div>10:30 Taste Testing</div> <div>11:00 Word Game - Hangman</div> <div>1:45 Noodle Soccer</div> <div>2:30 Hand massage</div> <div>3:00 Reminiscing /Hobbies</div> <div>3:15 Courtyard Visits</div> |
| <div>30</div> <div>9:45 Hymns And Stories</div> <div>10:45 Courtyard Visit</div> <div>1:45 Bingo</div> <div>2:30 Sing A Long with the</div> <div>3:00 Word Search</div>                                                                                 | <div>31</div> <div>9:45 Pictionary</div> <div>10:30 SDA CHURCH</div> <div>1:45 Travel Talk /Belgium</div> <div>2:30 Hang Man</div> <div>3:15 Current events /movies</div> <div>3:30 1-1 Visit (Ball Toss)</div> <div>5:45 Bowling</div>                | <div>AUGUST</div>                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                             |