

| Sunday                                                                                                                                                                                          | Monday                                                                                                                                                            | Tuesday                                                                                                                                                                                                  | Wednesday                                                                                                                                                                 | Thursday                                                                                                                                      | Friday                                                                                                                  | Saturday                                                                                                                                                                                                             |
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|                                                                                                                |                                                                                                                                                                   | <h1>August 2026</h1>                                                                                                                                                                                     |                                                                                                                                                                           |                                                                                                                                               |                                                                                                                         |  <div>9:30 1-1 Visits With The Calendar</div>  |
|                                                                                                                | 2<br>9:30 Resistive Bands<br>10:30 SDA Church<br>1:30 Civic Holiday Talk<br>2:00 Axe Throwing<br>3:00 Hand Massages 1 to 1<br>6:00 Aging with Artistry with Kylee | 3<br>9:30 Move with Noodles<br>10:15 Fun with Words<br>10:45 Fancy Nails<br>11:30 Ambulation<br>2:00 Yoga with Betty<br>2:45 Coffee Club<br>3:30 Colouring to Music<br>5:45 Snake & Ladder (courtyard)   | 4<br>9:30 Let's Stretch<br>10:00 Crafts and Chat<br>10:45 Courtyard Strolls<br>11:30 Ambulation<br>1:30 Horse Derby<br>2:00 American Bandstand<br>3:00 Relaxation Stories | 5<br>9:30 Bingo<br>10:30 News and Views<br>11:30 Walk and Talk<br>1:30 Convenience Store<br>2:15 Root Beer Floats<br>3:00 Movie in the Lounge | 7<br>                                | 8<br>9:30 Noodle Soccer<br>10:30 Elvis Is In The House<br>11:00 Fancy Nails<br>11:30 Ambultion<br>1:30 Courtyard Visits<br>2:30 Chinese Evangelical Lutheran Church                                                  |
| 9:30 Bible Study<br>10:00 Hymns and Coffee<br>10:30 Walks in the Courtyard<br>1:30 Bowling To Music<br>2:30 Word Puzzles<br>3:30 Arm Exercises Room to Room<br>5:45 Horse Derby                 | 9<br>9:30 ROM<br>10:30 SDA Church<br>1:30 Hot Chocolate and Trivia<br>2:30 Let`s Sing Again<br>3:00 Life and Color<br>5:45 Bean Bag Toss                          | 10<br>9:30 Bowling To Music<br>10:30 Coloring with Music<br>11:15 Walking Group<br>1:45 Courtyard Visit<br>3:00 Card Game                                                                                | 11<br>9:30 Bingo<br>10:30 Music in the Lounge<br>11:30 Ambulation<br>1:30 Guess the Clown<br>2:00 Happiness Happens<br>3:00 Movie in the Lounge                           | 12<br>9:30 Noodle Soccer<br>10:00 Daily Chronicle<br>10:30 Sing a Long<br>11:30 Ambulation<br>2:00- 4:00 Summer Carnival                      | 13<br><br>5:45 Axe Throw (courtyard) | 14<br>                                                                                                                            |
|                                                                                                              | 16<br>9:30 Move and Groove<br>10:30 SDA Church<br>12:00 Unit BBQ<br>2:00 Spa Time<br>3:00 Ball Toss Room/ Room<br>6:00Aging with Artistry with Kylee              | 17<br>9:30 Resistive Bands<br>10:00 Music Trivia<br>10:30 Ball Exercise's<br>11:30 Ambulation<br>2:00 Yoga with Betty<br>2:45 Coffee Club<br>3:30 Hand Massage 1 to 1<br>5:45 Snake & Ladder (courtyard) | 18<br>9:30 ROM<br>10:00 Sunflower Craft<br>10:45 Fun with Words<br>11:30 Ambulation<br>1:30 Balcony Visits<br>2:00 I Spy with my little eye<br>3:00 Kool Aid Taste Test   | 19<br>9:30 Bingo<br>10:30 Morning Comedy Hour<br>1:30 Convenience Store<br>2:00 Camping Stories<br>3:00 Bee Gee Concert in the lounge         | 20<br>                             | 21<br>9:30 Noodle Soccer<br>10:15 Let's Go To The Ex fun facts and remembering<br>11:00 Ambulation<br>1:30 Move And Groove<br>3:00 Daily Chronicles                                                                  |
| 9:30 Bible Study<br>10:00 Hymns and Coffee<br>10:30 Courtyard Visits<br>11:30 Ambulation<br>1:30 Ball Toss 1 to 1<br>2:00 Board Games<br>3:00 Music Sing a long<br>5:45 Karaoke Night w/ Nachos | 23<br>9:30 Exercise Group<br>10:30 SDA Church<br>1:30 BINGO<br>3:00 Ice Cream And Popsicle Treats<br>5:45 Bean Bag Toss                                           | 24<br>                                                                                                              | 25<br>                                                                               | 26<br>                                                   | 27<br>8:30 Special Breakfast<br><br>2:00 Monthly Birthday Party With Doug<br>5:45 Axe Throw (courtyard)                 | 28<br>                                                                                                                          |
|                                                                                                              | 30<br>10:30 SDA Church<br><br>5:45 Bowling                                                                                                                        | 31                                                                                                                                                                                                       | 2 East                                                                                                                                                                    |                                                                                                                                               |                                                                                                                         |                                                                                                                                                                                                                      |