

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:30 JULY CALENDARS 1 10:15 CANADA DAY CRAFT 11:00 CANADIAN TRIVIA 1:45 ALL ABOUT ME 1:1 2:30 CANADA CELEBRATIONS WITH ROBERT CRUZ 5:45 BALCONY VISITS AND TRIVIA Canada Day	9:30 SEATED STRETCHING 2 10:15 PAINTING W MUSIC 11:00 CANADA DAY MEMORIES 1:45 N 2:30 WORLD CUP GAMES RED LIGHT / GREEN LIGHT 3:30 UNIT PLANTERS	9:30 FUN AND FITNESS 3 10:15 NAILS NAILS NAILS 11:00 1:1 AMBULATION 1:45 TRIVIA SOCIAL 2:30 NACHOS FRIDAY 3:30 FRIENDLY VISITS 5:45 FISHING FOR SALMON	9:30 NOODLE SOCCER 4 10:15 LET'S TRAVEL TO FIJI 11:00 AMBULATION 1:1 2:30 PRAISE OF WORSHIP WITH CHINESE EVANGELICAN LUTHRAN CHURCH
9:30 RING TOSS 5 10:15 PAPER FAN CRAFT 11:00 WOULD YOU RATHER 1:45 HORSE DERBY 2:30 SWEET TREAT TASTE TEST 3:30 ALL ABOUT ME 1:1 5:45 SUNDAY HYMN SING	9:30 VOLLEYBAL 6 10:30 SDA CHURCH SERVICE 11:00 1:1 VISITS 1:45 FLUFF AND FOLD 2:30 COLOURING W MUSIC 3:30 BALCONY CHATS	9:30 NOODLE FIT 7 10:15 WHAT AM I 11:00 AMBULATION 1:1 1:45 ANDREI REUI ON TV 2:00 YOGA WITH BETTY 3:00 BIBLE STORIES ON TV 3:30 PANCAKES TUESDAY	9:30 PARACHUTE 8 10:15 CATEGORY GAME 11:00 1:1 VISITS 1:45 TENNIS 2:30 ANIMAL BINGO 3:30 TRAVELOUGE : FLORIDA 5:45 OFF TO THE RACES	9:30 MORNING STRETCH 9 10:30 WORLD CUP GAMES BOWLING 1:45 THROWBACK FILMS 2:30 SING ALONG WITH HEATHER 3:00 TRAVELOUGUE: CROATIA	8:30 SPECIAL BREAKFAST 10 9:30 FUN AND FITNESS 10:15 WORD LINK 11:00 1:1 AMBULATION 1:30 OCTABAND 2:30 ICE CREAM SOCIAL 5:45 COURTYARD STROLLS AND GAMES	9:30 HORSE DERBY 11 10:15 HAIR AND BEAUTY 11:00 WALK IN THE PARK 1:45 1:1 CROSSWORDS 2:30 COURTYARD VISITS 3:30 AXE THROW IN THE GARDEN
9:30 BOWLING 12 10:15 HOUR POWER 11:00 HAND MASSAGES 1:45 SING-ALONG WITH SUZIE Q 2:30 BINGO 3:30 TREATS AND 1:1 ALL ABOUT ME	9:30 HOT POTATO GAME 13 10:30 SDA CHURCH SERVICE 11:00 FRIENDLY VISITS 1:45 50-90'S GROOVE 2:30 MONTHLY BIRTHDAY PARTY WITH BILL 3:00 LIFE AND COLOR	9:30 SING-ALONG WITH SUZIE Q 14 10:15 RIDDLES AND GIGGLES 1:45 WONDERS OF THE WORLD 11:00 AMBULATION 1:1 2:00 YOGA WITH BETTY 3:30 NOODLE SOCCER	9:30 VOLLEYBALL 15 10:15 FILL IN THE BLANK 11:00 BEAUTY TIME 12:00 UNIT BBQ 2:00 ANIMAL BINGO 3:00 PATIO VISITS 5:45 SINGING THE OLDIES	9:30 SEATED EXERCISE 16 10:30 WORLD CUP GAMES RING TOSS 11:00 WORSHIP SONGS 1:45 WORD GAMES 2:30 VOLLEYBALL 3:30 POPSICLES IN THE COURTYARD	9:30 FUN AND FITNESS 17 10:15 NAILS NAILS NAILS 11:00 1:1 AMBULATION 1:45 GUESS IN 10 2:30 POPCORN and STILL ALICE MOVIE 3:30 SUNROOM CHATS 5:45 POPSICLES AND TRIVIA	9:30 BEACH BALL TOSS 18 10:15 CROCHET CLUB 11:00 PATIO VISIT 1:45 HORSE DERBY 2:30 BEAUTY TIME 3:30 WALKING GROUP
9:30 MOVE AND GROOVE 19 10:15 GUESS WHO 11:00 SUMMER HITS SINGALONG 1:45 ALL ABOUT ME 1:1 2:30 NOODLE SOCCER 3:30 AFTERNOON AT THE MOVIES SOCIAL 5:45 OLD SONG SING A LONG	9:30 BALL TOSS 20 10:30 SDA CHURCH SERVICE 11:00 1:1 VISITS 1:45 FLUFF AND FOLD 2:30 COLOURING W MUSIC 3:30 SUNROOM CHATS	9:30 NOODLE FIT 21 10:15 WHO AM I 11:00 AMBULATION 1:1 1:45 REBBA ON TV 2:00 4 STRING UKULELE BAND 3:30 MINI BINGO	9:30 OCTABAND 22 10:15 WORD GAME 11:00 1:1 VISITS 1:45 TRAVELOUGE: YE OLDE WILLIAMSBURG 2:00 YOGA WITH BETTY 3:30 SLUSHIES 5:45 SHORT STORIES	9:30 NOODLE SOCCER 23 10:15 SNOOZELEN ROOM 11:00 JOKES & PUNS 1:45 AXE THROW 2:30 MINI BINGO 3:30 COURTYARD VISIT	8:30 SPECIAL BREAKFAST 24 9:30 FUN AND FITNESS 10:15 WORDLE 11:00 1:1 AMBULATION 1:30 PARACHUTE 2:30 POPSICLES IN THE BALCONY 5:45 ANIMAL BINGO	9:30 HORSE DERBY 25 10:15 HAIR AND BEAUTY 11:00 WALK IN THE PARK 1:45 1:1 MATCHING 2:30 COURTYARD VISITS 3:30 GUESS WHO IN THE GARDEN
9:30 BINGO 26 10:15 HOUR POWER 11:00 HAND MASSAGES 1:45 THE BEATLES PLAYLIST 2:30 BOWLING 3:30 TREATS AND 1:1 ALL ABOUT ME	9:30 BIG BIG BALL 27 10:30 SDA CHURCH SERVICE 11:00 FRIENDLY VISITS 1:45 ABBA PLAYLIST 2:30 PIZZA SOCIAL 3:30 TASTE TEST AND TRIVIA	9:30 50-90'S GROOVE 28 10:15 WOULD YOU RATHER 11:00 AMBULATION 1:1 1:45 MR BEAN ON TV 2:00 YOGA WITH BETTY 3:30 NOODLE HOCKEY	9:30 NOODLE SOCCER 29 10:15 SNOOZELEN ROOM 11:00 CANADIAN CLASSICS SINGALONG 2:30 MUSIC WITH JACK 3:30 STORYTIME	9:30 SEATED YOGA 30 10:15 PAINTING W MUSIC 11:00 WORSHIP SONGS 1:45 WORD GAMES 2:30 BADMINTON 3:30 COURTYARD VISITS	9:30 FUN AND FITNESS 31 10:15 NAILS NAILS NAILS 11:00 1:1 AMBULATION 1:45 WORD GAMES 2:30 ICE CREAM SOCIAL 3:30 TABLE TALKS 5:45 BEAN BAG TOSS	3 EAST

** LIFE ENRICHMENT STAFF: FT-ARIANNE PT- ALEXIS FLOAT: SUSAN
 **CONVENIENCE STORE IN THE CAFE EVERY WEDNESDAY AND THURSDAY 1:00- 3:00 PM

*** CATHOLIC COMMUNION VISITS EVERY MONDAY OR FRIDAY