

# 3 WEST

<p>9:30- HOUR OF POWER 7 9:30- BOARD GAME MONOPOLY 10:45- HYMNS &amp; STORIES 11:15- R.O.M EXERCISES</p> <p>1:30- MINI BINGO 2:15- HOT CHOC SOCIAL 3:00- LIFE HISTORY BOARD 3:45- AMBULATION</p>	<p>9:30- FITNESS CLASS 8 10:30- CHURCH SERVICE 10:45- SNOOZELYN 11:15- FLAG PAINT'N SCOTLAND</p> <p>1:30- WORD GAME SCOTLAND 2:30- BEAUTY TIME 3:00- PATIO VISITS 3:30- AMBULATION</p>	<p>9:30- CHAIN LINK GAME 2 10:15- COMEDY SHOW 10:45- TWIST &amp; TURN 11:15- JUNE DISPLAY CASE</p> <p>1:15- MAKING SLUSHIES 2:00- YOGA w BETTY 2:45- SLUSHIES TASTING 3:30- AMBULATION</p>	<p>9:30- FITNESS CLASS 3 10:15- MORNING MATINEE 10:45- SNOOZELYN 11:15- BIBLE STUDY</p> <p>1:15- TRAVEL CART 2:00- RESIDENT COUNCIL 2:30- FOOD COMMITTEE 3:30- AMBULATION</p>	<p>9:30- JUMBLE BARBECUE 4 10:00- COMEDY SHOW 10:30- WORLD CUP NOODLE FOOTBALL</p> <p>1:30- HORSE DERBY 2:30- CONVIENENCE STORE 3:00- AROMA &amp; MASSAGE 3:30- AMBULATION</p>	<p>LIFE IS A JOURNEY, NOY DESTINATION</p>	<p>9:30- FITNESS CLASS 6 10:15- I LOVE LUCY SHOW 10:45- SNOOZELYN 11:15- HOROSCOPES</p> <p>1:30- BOWLING 2:30- JOKES &amp; RIDDLES 3:00- PATIO VISITS 3:30- AMBULATION</p>
<p>9:30- HOUR OF POWER 7 9:30- BOARD GAME MONOPOLY 10:45- HYMNS &amp; STORIES 11:15- R.O.M EXERCISES</p> <p>1:30- MINI BINGO 2:15- HOT CHOC SOCIAL 3:00- LIFE HISTORY BOARD 3:45- AMBULATION</p>	<p>9:30- FITNESS CLASS 8 10:30- CHURCH SERVICE 10:45- SNOOZELYN 11:15- FLAG PAINT'N SCOTLAND</p> <p>1:30- WORD GAME SCOTLAND 2:30- BEAUTY TIME 3:00- PATIO VISITS 3:30- AMBULATION</p>	<p>9:30- Exercise time 10:15- Noodle Soccer 11:00- Hymns and Stories 1:30- BOWLING 2:30- JOKES &amp; RIDDLES 3:30- Ambulation</p>	<p>8:30- MEMORIAL SERVICE</p>	<p>2:30- WORLD CUP HORSE DERBY</p>	<p>8:30- SPECIAL BREAKFAST 10:15- NOODLE FOOTBALL 11:15- SUMMER STORIES</p> <p>1:30- WORD GAME 2:15- R.O.M EXERCISES 2:45- AROMA &amp; MASSAGE</p>	<p>TOUGH TIMES NEVER LAST BUT TOUGH PEOPLE DO</p>
<p>YOU CAN MEASURE SUCCESS BY LITTLE WINS</p>	<p>9:30- FITNESS CLASS 15 10:30- CHURCH SERVICE 11:15- MATCH &amp; PUZZLE</p> <p>1:30- MAKING PIZZA 2:00- PIZZA SOCIAL &amp; TRIVIA 2:30- TASTE TEST PIZZA 3:30- AMBULATION 6:00- AGING w ARTISTRY w KYLEE</p>	<p>9:30- FROM A - Z GAME 16 10:15- COMEDY SHOW 10:45- TWIST &amp; TURN 11:15- MONTESSORI</p> <p>1:15- MAKING MILKSHAKES 2:00- YOGA w BETTY 2:45- MILKSHAKE TASTING 3:30- AMBULATION</p>	<p>9:15- R.O.M EXERCISES 17 10:00- WALK FOR SENIORS 10:00- MUSICAL MELODIES</p> <p>2:00 ICE CREAM TRUCK 1:30- AFTERNOON MATINEE 2:30- FUN &amp; GAMES 3:30- AMBULATION</p>	<p>9:30- JUMBLE FATHERS DAY 18 10:15- COMEDY SHOW 10:45- R.O.M EXERCISES 12:00- SUMMER BBQ LUNCH</p> <p>1:15- CONVIENENCE STORE 2:00- AFTERNOON MATINEE 2:30- WORLD CUP BOWLING 3:45- AMBULATION</p>	<p>9:30- Exercise time 19 10:15- Volleyball 11:00- Hymns and Stories 1:30- Bingo 2:30- Trivia 3:30- Ambulation</p>	<p>9:30- FITNESS CLASS 20 10:15- ABBA CONCERT 10:45- SNOOZELYN 11:15- HOROSCOPES</p> <p>1:15- MINI BINGO 2:00- MUSICAL MELODIES 2:30- PRAISE OF WORSHIP CHINESE EVANGELICAL LUTHERAN CHURCH 3:30- AMBULATION</p>
<p>9:30- HOUR OF POWER 21 9:30- BOARD GAME MONOPOLY 10:45- HYMNS &amp; STORIES 12:00- SWISS CHALET LUNCH</p> <p>2:00- WORD GAME FATHER DAY 2:45- FUN &amp; FITNESS 3:15- LIFE HISTORY BOARD 3:45- AMBULATION</p>	<p>9:30- FITNESS CLASS 22 10:30- CHURCH SERVICE 10:45- SNOOZELYN 11:15- FLAG PAINT'N SCOTLAND</p> <p>1:30- BOWLING 2:30- BEAUTY TIME 3:00- PATIO VISITS 3:30- AMBULATION</p>	<p>DON'T LET YOUR YESTERDAY AFFECT YOUR TODAY</p>	<p>9:30- FITNESS CLASS 24 10:15- MORNING MATINEE 10:45- SNOOZELYN 11:15- BIBLE STUDY</p> <p>1:15- 20 QUESTIONS 2:00- AFTERNOON MATINEE 2:30- MONTHLY BIRTHDAY PARTY w JACK 3:45- AMBULATION</p>	<p>9:30- JUMBLE CAMPING 25 10:00- COMEDY SHOW 10:30- WORLD CUP BINGO</p> <p>1:30- HORSE DERBY 2:30- ANGLICAN SERVICE 2:30- CONVIENENCE STORE 3:45- AMBULATION</p>	<p>8:30- SPECIAL BREAKFAST 26 10:15- NOODLE FOOTBALL 10:45- MUSICAL MELODIES 11:15- FATHER DAY STORIES</p> <p>1:30- MINI BINGO 2:15- HOT CHOC SOCIAL 2:45- AROMA &amp; MASSAGE 3:00- AMBULATION</p>	<p>LOVE IS WHAT MAKES THE RIDE WORTH WILD</p>
<p>BE THE SUNSHINE IN SOMEONE ELSE'S RAINY DAY</p>	<p>9:30- FITNESS CLASS 29 10:30- CHURCH SERVICE 11:15- MATCH &amp; PUZZLE</p> <p>1:30- WORD GAME BARBECUE 2:30- BEAUTY TIME 3:00- PATIO VISITS 3:30- AMBULATION 6:00- AGING w ARTISTRY w KYLEE</p>	<p>9:30- PRICE IS RIGHT 30 10:15- COMEDY SHOW 10:45- TWIST &amp; TURN 11:15- MONTESSORI</p> <p>1:30- BAKING COOKIES 2:00- YOGA w BETTY 2:45- COOKIE TASTING 3:30- AMBULATION</p>	<p><b>JUNE 2026</b> <b>3W</b></p> <p>ANIMAL: FOX COLOUR: LIGHT PURPLE SPIRIT: DRAGONFLY FLOWER: ROSE &amp; HONEYSUCKLE</p> <p>STONE: PEARL &amp; MOONSTONE ZODIAC: JUNE 1-20 GEMINI ZODIAC: JUNE 21-30 CANCER</p>			