



 THE SOUTHLAKE TIMES

WHAT'S NEW?



World Hand Hygiene Day – May 5



In recognition of World Hand Hygiene Day, we are celebrating the important role that hand hygiene plays in keeping our residents, staff, and visitors safe. This year, we will be hosting an interactive Glo Germ activity, where participants can visually see how well their hand hygiene technique removes germs. It's a fun and eye-opening way to reinforce proper handwashing practices and highlight areas that are often missed.

We will also be inviting staff and visitors to take part in a Handprint Commitment Wall, where you can leave your mark as a symbol of your commitment to maintaining strong hand hygiene practices every day.

Hand hygiene is one of the simplest and most effective ways to prevent the spread of infection. We encourage everyone to participate and help us promote a culture of safety throughout our home.

Welcome Our New Staff Members

Monthly Activity Calendar
is available on our website
www.southlakecarevillage.com

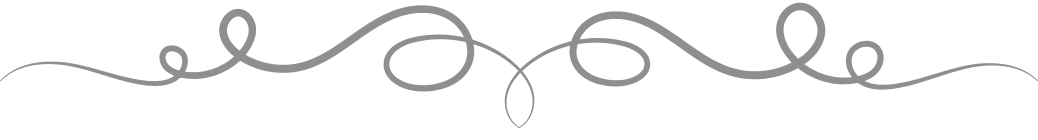
Cook - **Ashley**, Nutrition Services
EVS Aide - **Edith**, Environmental Services

THE SOCIAL CARE-CARRIERS



*Words for
the soul:*

**“Social Work is the art of listening
and the science of hope”.**



**“Empathy is about finding
echoes of another person in your
self” - Mohsin Hamid**



Ramona Cernescu

&

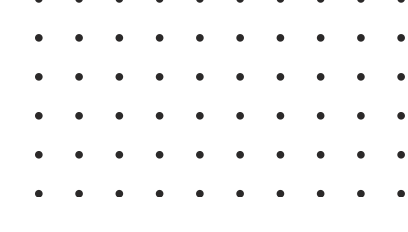
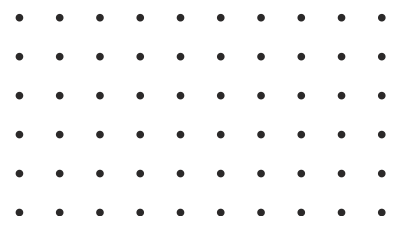
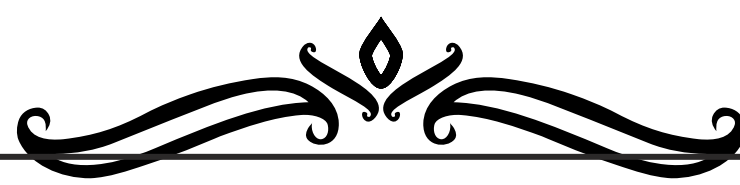
Keisha Rosales

X1406

WELCOME OUR NEW ADMISSIONS

**Christine S.
Robert L.
Marie M.
Marilyn M.
Ellie B.
Dale T.
Vera S.
David G.**

Our Home proudly practises an open-door policy -
because the best care starts with open
communication! (and yes, the door is literally open
too).



News From the Recreation Department

Southlake Residential Care Village

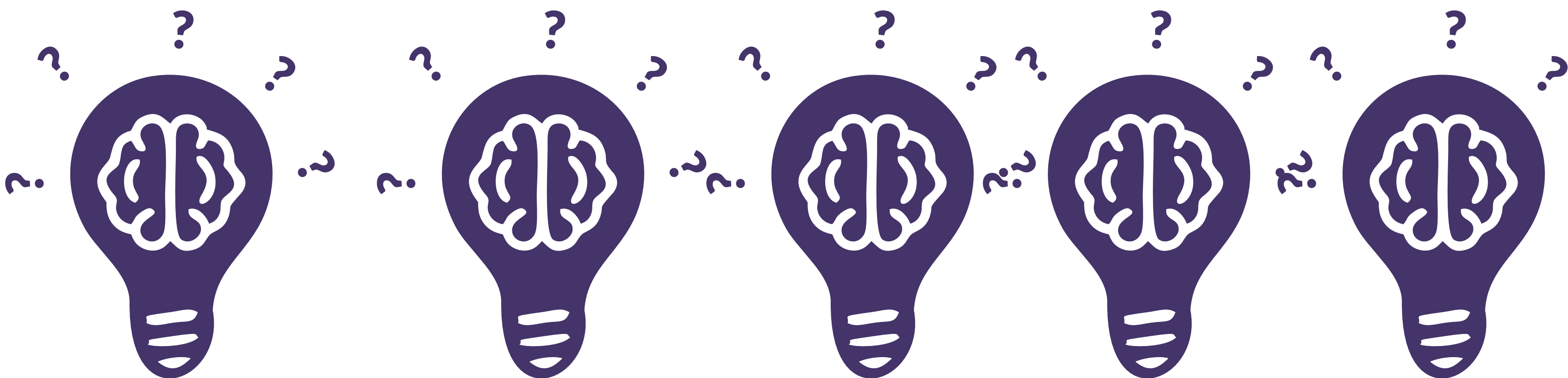
1st Alzheimer's Walk

in support of the Alzheimer's Society of York Region

Where: =The Courtyard

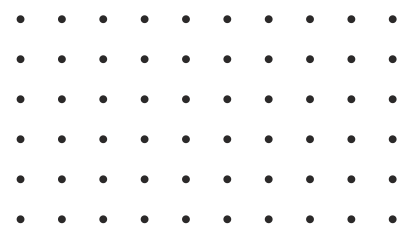
Time: 2:00 p.m.

Date: Wednesday May 27, 2026

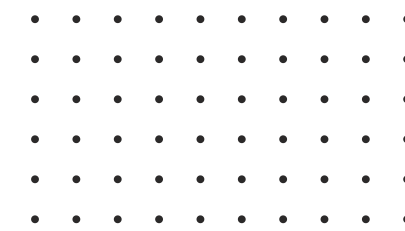


**If you would like to make a donation, please see reception for
donation form.**

All proceeds benefit the Alzheimer's Society of York Region

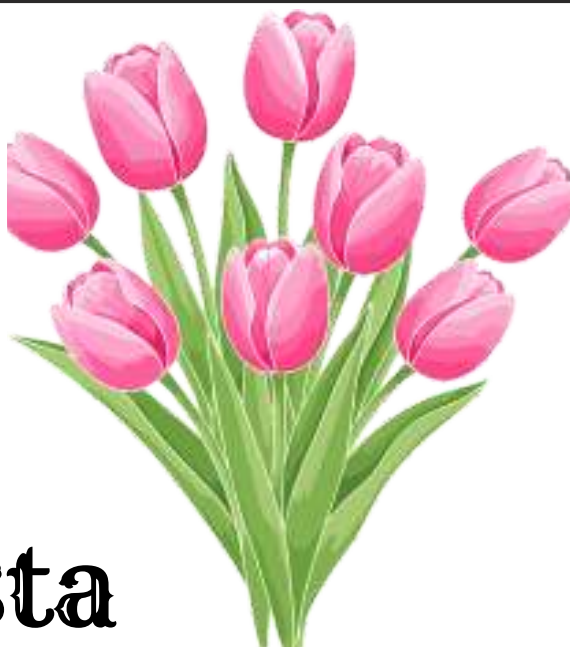


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May Days Are Almost Upon Us

Happy Mother's Day To All Moms



Kentucky Derby Horse Races
May 1, 2026

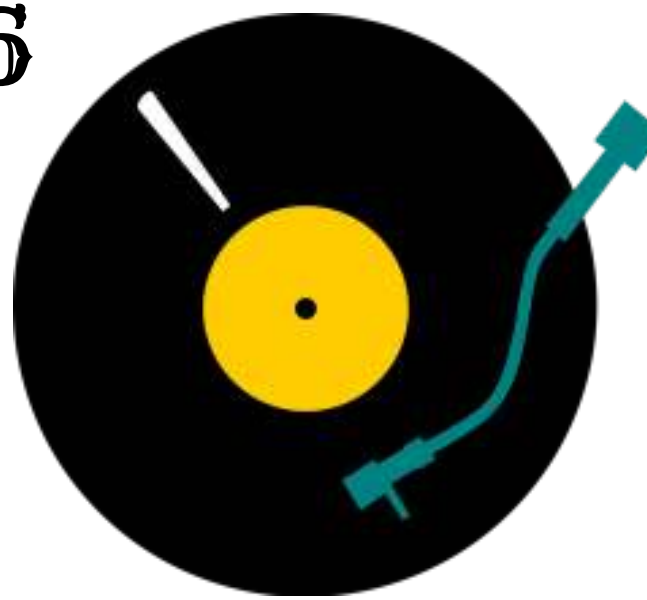
Latin Fiesta
with Louise and Andrew
May 4, 2026

Residents' Council Meeting
May 6th, 2026

Victorian Mother's Day Tea May 7, 2026



Gina and Rami Sing a long
May 12, 2026



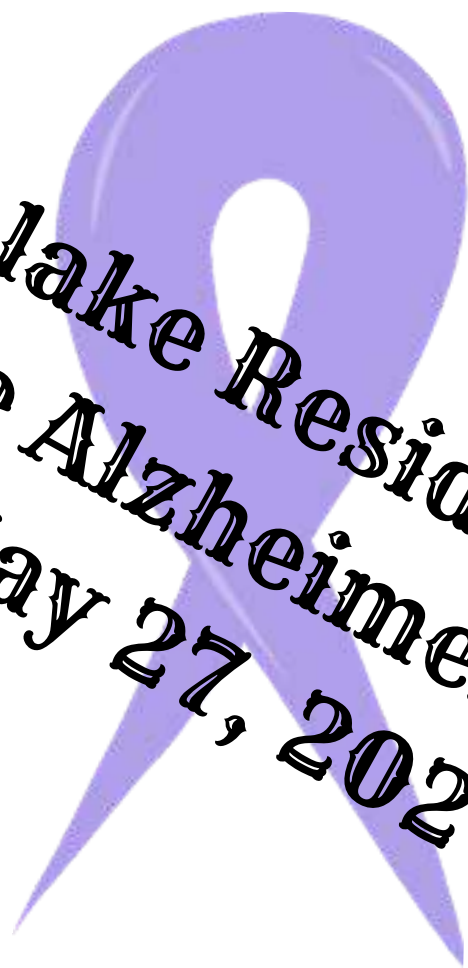
Monthly Birthday Party
With Bill May 16, 2026

Music With Jack
May 20, 2026



Meadowbrook Student Perform
MAY 26, 2026

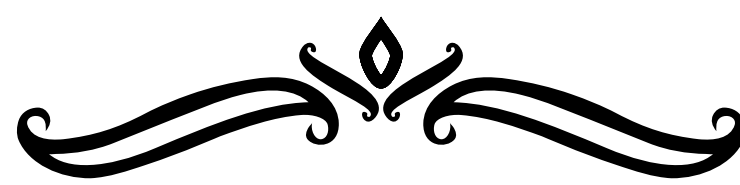
Southlake Residential Care Village Alzheimer's Walk
May 27, 2026



Gardening Days
May 21 and 22, 2026



Regular Scheduled Events
Judy and Robin
SDA Church
Yoga With Betty
Praise Of Worship Chinese
Evangelical Lutheran Church
Anglican Church Service



 THE SOUTHLAKE TIMES

From Your Residents' Council


50/50 Draw


TICKET SALES APRIL 2 - MAY 24, 2026

 DRAW DATE **MONDAY MAY 25, 2026**

50% TO TICKET WINNER 50% TO RESIDENTS' COUNCIL

TICKETS \$5 each / 3 for \$10.00 / 10 for \$20.00

****STARTING JUNE 1ST**
SENIOR WISH DRAW

 For seven (7) consecutive Mondays (from June 1st to July 13th)

** **One (1) Resident's name will be drawn from one unit each Monday.

The winner will be given a share from the proceeds of the 50/50 Draw.

They can use their winnings to do whatever they ☆wish☆ with it!!!

Draw Dates:

- **JUNE 1: 2E**
- **JUNE 8 2W**
- **JUNE 15 3E**
- **JUNE 22 3W**
- **JUNE 29 4E**
- **JULY 6 4W**
- **JULY 13 5W**

Wishing everyone all the very best of luck!!!!



THE SOUTHLAKE TIMES

**Happy
BIRTHDAY**

To All Our Residents Celebrating their Birthdays in May

Kathy B
Catherine C
Moiria C
Rita D
Rosalina F
Roy H
Patricia H
Scott J
Diana K
Rosemary L
Harry Oliver L
Leslie L
Marilyn M
William Mc.
Robert Mc.
Steve P
Hubert R
Beatice S
Ozra Zohreh S
Chris S
Mary Y





Continuous Quality Improvement

Southlake Village submitted the 2026/2027 Quality Improvement Plan (QIP) to Health Ontario as required on April 1, 2026.

Resident Experience Overall Satisfaction: We aim to improve communication lines, conduct honest and transparent dialogue, ensure timely, efficient and meaningful communication with residents, family members, staff and community. We continue to build on lessons learned and use data and trend analysis and quality indicators to help us improve.

Access and Flow: We strive to improve the outcomes and experience of care of our residents and to provide our residents with the care they need, when and where they need it and increase the rate of potentially avoidable Emergency Department visit of our residents and reduce the number of transfers of our residents to the ED.

Rate of ED visits for modified list of ambulatory care-sensitive conditions* per 100 long-term care residents.
2025/2026 Performance **23.1** 2026/2027 Current Performance **19.9** 2026/2027 Target: **23.0%**

RESIDENT SAFETY

Percentage of LTC home residents who fell in the 30 days leading up to their assessment
2025/2026 Performance **13.4** 2026/27 Current Performance **11.2** 2026/2027 Target: **≤ 15.0%**

RESIDENT SAFETY

Percentage of LTC residents without psychosis who were given antipsychotic medication in the 7 days preceding their resident assessment
2025/2026 Performance **19.8** 2026/27 Current Performance **11.9** 2026/2027 Target: **17.3%**

RESIDENT SAFETY

Percentage of long-term care residents whose stage 2 to 4 pressure ulcer worsened
2026/2027 Current Performance **4.7** 2026/2027 Target: **≤ 2.0%**

Our goal is to continuously improve and attain or exceed the Health Quality Ontario benchmarks for all our quality indicators and have upper quartile provincial performance.

BUY A T-SHIRT AND BE A T-SHIRT SPONSOR!

The t-shirt will be a cherished memento of the event.

T-shirt: \$25.00 each

Please place your order at your earliest convenience. Orders need to be submitted to supplier by **Friday, May 8, 2026.**

Sizes: XS S M L XL 2XL 3XL

NEON PINK



NEON BLUE HEATHER



Southlake Village does not have a budget for events. On June 17, we bring people together to support our residents, walk with them, cheer them on and have fun! This is a residents event and they own it, they love it and it empowers them!

Walk Route: Start from **640 Grace Street** to **Roxborough Road**. Turn right on Roxborough to **Queen Street**. Turn right on Queen Street to **Prospect Street**. Turn right on Prospect to Grace Street. Turn right on **Grace Street** and walk **back to the Home**. The walk is approximately 2.0 km.

For event information and t-shirt order: Call 905-895-7661 ext. 1107 or E-mail: siewlee.brett@exeassist.ca

Any help to make this event a success will be greatly appreciated.

Thank you!!!!

ANNOUNCEMENTS & RESOURCES

COMING SOON TO A UNIT NEAR YOU.....

We are currently working with CareRX Pharmacy and IT department to run the cables necessary to install new scanners that will replace the current system for writing and sending physician's orders to the pharmacy. These new scanners will decrease any incidents of missed or inaccurate orders as the means of communication between our home and the pharmacy will be greatly improved. We are also ready to implement a new hand scanning system on the medication carts that will confirm medications to be administered at each medication pass decreasing the risk of errors as well.

PHYSIOTHERAPY SERVICES

Residents in long-term care homes often live with multiple chronic conditions, reduced mobility, cognitive impairment, and an elevated risk of falls. These complexities require a structured, evidence-informed approach to rehabilitation that prioritizes safety, function, and quality of life.

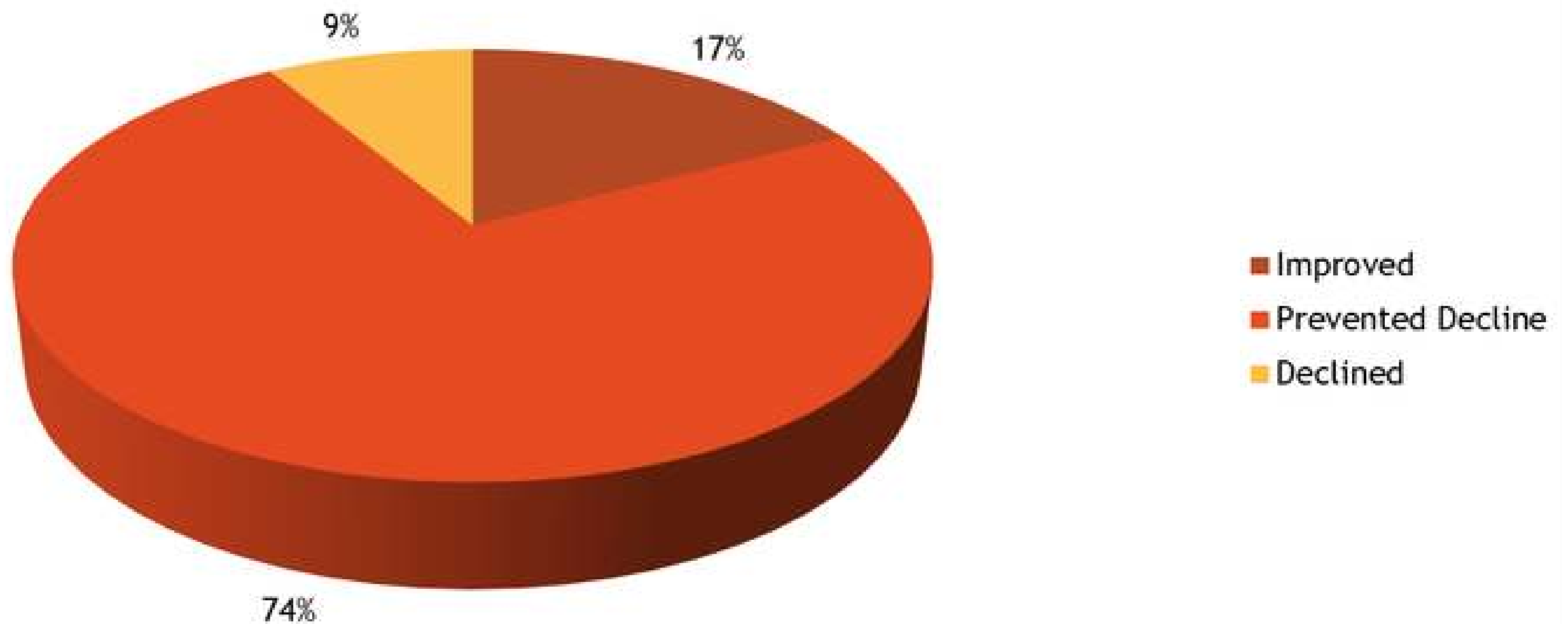
Our rehabilitation team—comprised of physiotherapists, physiotherapist assistants, and other skilled professionals—has extensive experience working within long-term care environments. We focus on maintaining and optimizing residents' functional abilities, preventing decline, and supporting safe mobility within each individual's capabilities.

Interventions are individualized based on comprehensive assessment and aligned with each resident's goals, care plan, and overall health status. Programs emphasize measurable outcomes such as mobility, balance, strength, pain management, and fall prevention.

continued next page.....

Percentage of Residents Who Improved, Prevented Decline in Their Strength, Balance & Mobility in 2026

% of Residents who Improved, Prevented Decline & Declined in their Strength, Balance & Mobility



We work collaboratively with nursing staff, physicians, families, and the broader care team to ensure a coordinated, interdisciplinary approach. Our goal is to enhance residents' independence, support safe participation in daily activities, and contribute to a holistic, person-centred model of care.

Physiotherapy Team

905-895-7661 extension 1402

Nurses Week, aligned with National Nursing Week and the legacy of Florence Nightingale recognizes the vital role nurses play in patient care, advocacy, and support.

At Southlake Residential Care Village, we refer to this celebration as Caregiver's Week, as we recognize that exceptional care is the result of a dedicated team. We celebrate not only our nurses but all staff, and have something planned each weekday (May 11-15) to show our gratitude for their ongoing commitment and hard work.