



THE SOUTHLAKE TIMES

BEAUTIFUL MEMORIES DOWN MEMORY LANE



On Wednesday, September 25, 2024, we held our very first Walk for Seniors event, an event we will all remember for the ages. You put us on the map. You made a great difference!

You rock!

This year, on **June 17, 2026**, you are going to ignite those inspiring memories and you will show the world that you are ready to be empowered again!!!

BRING IT ON!!! WE ARE READY!





THE SOUTHLAKE TIMES

WHAT'S NEW?

Family Town Hall Meetings

Our **Family Town Hall** meetings are designed to facilitate open communication, foster collaboration, and enhance the quality of life for our residents by creating a structured forum for families to engage in a meaningful dialogue with administration.

These meetings are held four times a year and serve as a bridge between families and leadership to address systemic issues, share updates, build relations and foster a supportive community.

Meeting Objectives:

- **Advocacy & Problem-Solving:** Meetings allow families to suggest improvements and proactive issue resolution.
- **Strengthening Partnerships:** By collaborating with staff, families help ensure the home remains person-centred, responsive, and collective focus on the residents and their well-being.
- **Education & Information Sharing:** Feature guest speakers or workshops.

2026 Meeting Schedule

June 24 September 23 December 16

Join Zoom Meeting at 5:30 p.m. to 7:00 p.m.

[https://us06web.zoom.us/j/89610657936?](https://us06web.zoom.us/j/89610657936?pwd=AGMsxsZCbe7Ib5iqHbSa02Ap7vJgjz.1)

[pwd=AGMsxsZCbe7Ib5iqHbSa02Ap7vJgjz.1](https://us06web.zoom.us/j/89610657936?pwd=AGMsxsZCbe7Ib5iqHbSa02Ap7vJgjz.1)

Meeting ID: 896 1065 7936 Passcode: 783226

Moderator: Siew Lee Brett, CQI/Quality Improvement Manager

HAIRDRESSER SALON

Effective March 1st, 2026, the Hairdresser/Beautician will be reducing her hours.

We apologize for any inconvenience this may cause and we are currently working on a solution to ensure continued service coverage.

If a scheduled day falls on a holiday, the make-up date will be posted accordingly. The monthly schedule will also be posted on the Hairdresser Salon door for your information.

Monthly Activity Calendar
is available on our website

www.southlakecarevillage.com

Welcome Our New Staff Members

Nursing Department

RPN Prachi

PSWs Fidelis & Jacinta

Food Services Department

Dietary Aides Sandra & Jessica

DELIVERING THE LATEST IN CARE AND COMMUNITY

THE SOCIAL CARE-GIVERS

*Words for
the soul:*

**This is more than a place to live—
it's a place to belong.**

**Thank you for trusting us with
someone you love**

Ramona Cernescu

&

Keisha Rosales

X 1406

Resources

<https://ontariocaregiver.ca/>

<https://www.hpcoco.ca/>

<https://ontariocaregiver.ca/managing-care/palliative/>

[https://www.arbormemorial.ca/en/taylor.](https://www.arbormemorial.ca/en/taylor)

<http://www.hospicevaughan.com>



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*News
From the
Recreation
Department*



On April 1st and 2nd the Easter Bunny is coming to visit all units
On April 3rd Good Friday there will be no Special Breakfast as it is Good Friday.

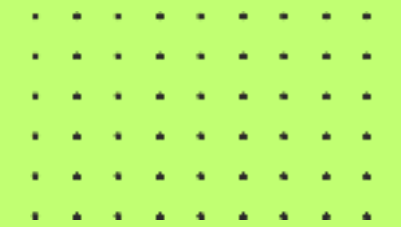
Please welcome a new volunteer Albert. He is learning all about the recreation department from our 3 West and the evening teams.

We have a new vendor coming in Friday April 10, 2026, **WHAT - A - TREAT** from 10:00 a.m. to 4:00p.m. **Scrubs By Patrice** coming in on Thursday April 30 from 6:30 a.m. to 4:00 p.m.

Volunteer Week April 19 to 25, 2026. During this week we will be thanking all our volunteers who make a difference each time they come in. From spiritual care, gardening, organizing our main floor, and helping with all our recreational programs.

The home will be having their first **Alzheimer walk on May 27, 2026, at 2:00 p.m.** in the courtyard. All donations will be given to the York Region Alzheimer Society on the behalf of the Southlake Residential Care Village. More information on this event to follow.





Hopping Into April Entertainment

The Easter Bunny Is Visiting April 1, and 2, 2026



Bus Trip To Upper Canada Mall April 9, 2026



Monthly Birthday Party With Kenny April 2, 2026



Move and Groove In The Auditorium April 16, 2026

Residents' Council Meeting April 15, 2026

Spring Fling With Shannon April 19, 2026

Music With Robert April 22, 2026

Country Drive Bus Trip For 3W, 4E, 4W, on April 29, 2026



Regular Scheduled Events

Judy and Robin

SDA Church

Yoga With Betty

Praise Of Worship Chinese Evangelical Lutheran Church

Anglican Church Service





THE SOUTHLAKE TIMES

From Your Residents' Council



50/50 Draw



TICKET SALES APRIL 2 - MAY 24, 2026

DRAW DATE MONDAY MAY 25, 2026

50% TO TICKET WINNER 50% TO RESIDENTS'
COUNCIL

TICKETS \$5 each / 3 for \$10.00 / 10 for \$20.00

****STARTING JUNE 1ST**

SENIOR WISH DRAW

FOR 7 MONDAYS ONLY UNTIL JULY 13TH

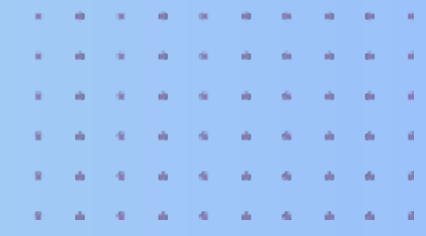
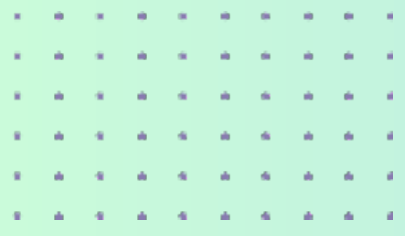
**** **1 RESIDENT'S NAME WILL BE DRAWN FROM ONE
UNIT (each Monday) AND GIVEN A SHARE OF THE
WINNINGS FROM THE 50/50 DRAW. TO DO
WHATEVER THEY ☆ WISH ☆ WITH IT.**

Draws Happening On

JUNE 1 2E 8 2W 15 3E 22 3W 29 4E JULY 6 4W 13 5W⁶



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**Happy
BIRTHDAY**

To All Our Residents Celebrating their Birthdays in April

William F

Nancy G

Hary Dezso

Kosta Hilepo

James D

Bashar Qasim Jasim

Maxine

Franz

Phillip B

Soon Ju

Malcolm

Frances

Paul

Elias

Tammy

Wolfgang

Lourdes

Nick

Thelma





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Continuous Quality Improvement



We are pleased to announce the slate of the CQI ad hoc Committee!!!

These committee members will lend their expertise for continuous quality improvement in an advisory capacity. This committee will meet to discuss and address concerns/issues and develop recommendations/action plans for improvement. The members are ambassadors of the Home and are tasked with promoting quality improvement change ideas, bridging and fostering good relationships, strengthening partnerships and improving communications between residents, family members, staff and the Home.

Southlake Village CQI ad hoc Committee

Nicole A.

Judy B.

David D.

Ingrid E.

Anna I.

Ingrid E.

Nancy L.

Terry M.

Mahyar P.

Troy S.

Helene S.

Janet T.

Andrea V.

Marny W.

Julie Z.

If you are interested in participating in this committee and making a difference, please call:

Siew Lee Brett, CQI/Quality Improvement Manager

Telephone: 905-895-7661 ext. 1107 or E-mail: siewlee.brett@exeassist.ca

The 2nd Walk for Seniors special unique T-shirt: **\$25.00**

Choose **NEON PINK** or **NEON BLUE HEATHER**



Southlake Village Logo on left chest

2004-2026 on one sleeve

22nd Anniversary on other sleeve

Residents loved our 1st Walk for Seniors t-shirts. The t-shirts are collector's items because they are one of a kind!!!

Limited supply Order yours today!

Sizes: XS S M L XL 2XL 3XL

Payment: Cash, debit card, credit card

For event information and t-shirt order:

Call 905-895-7661 ext. 1107 or

E-mail: siewlee.brett@exeassist.ca

ANNOUNCEMENTS & RESOURCES

CareRX Pharmacy provides and delivers all medicine to the Home. Families are reminded to kindly not to bring any medicine for residents.

In recognition of National Advance Care Planning Day next month, Cortellucci Hospice Vaughan (CHV) will host a free workshop on advance care planning on Thursday April 16th, 2026 at 12:00 PM.

Join us to learn about the importance of advance care planning, how to create a plan that incorporates your values and wishes, and how to communicate your wishes with the people most important to you. Participants can choose to join in-person at CHV or virtually via Zoom.

The workshop is open for all to attend!

Please register using the link below: <https://forms.cloud.microsoft/r/Ubd2kg5JGj> and feel free to invite your family and friends!

CANCELLED

Easter lunch scheduled for April 5th has been cancelled due to low attendance. Residents will celebrate Easter and will be provided with special Easter meals.

Lost and Found

Clothing carts will be placed in the Main Lobby on the last Friday of each month. Please check the carts to see if you could find any of your loved one's clothing.

McMaster OPTIMAL AGING PORTAL

Understanding grief: What older adults and families need to know
Just double click on the image below and link to resources

