

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



April 2026

3 WEST

**BE THE SUNSHINE IN
SOMEONE ELSE'S RAINY DAY**



1
9:30- JUMBLE **EASTER** **2**
10:15- COMEDY SHOW
10:45- R.O.M EXERCISES
11:15- HYMN & STORIES

1:15- CONVIENENCE STORE
2:30- B-DAY PARTY w KENNY
2:30- LAUGH & GIGGLES
3:30- AMBULATION
5:45- BASKETBALL THROW

3
9:30- NOODLE SOCCER
10:15- MUSICAL MELODIES
10:45- SNOOZELYN
11:15- EASTER STORIES

1:30- MINI BINGO
2:30- HOT CHOC SOCIAL
3:00- AROMA & MASSAGE
3:30- AMBULATION

4
- LIVE - LAUGH -
- LOVE - LEARN -


5
DON'T JUDGE THE DAY BY THE HARVEST YOU REAP, BUT BY THE SEEDS YOU PLANT


6
9:30- FITNESS CLASS
10:00- PAINTER COVE **EASTER**
10:30- CHURCH SERVICE
11:15- EASTER PUZZLE

1:15- BEAUTY TIME
2:00- MUSIC w DAVE TOMS
3:15- EASTER EGG HUNT
3:45- AMBULATION

7
9:30- FROM A TO Z **GAME**
10:15- COMEDY SHOW
10:45- TWIST & TURN
11:15- MONTESSORI

1:15- MAKING SLUSHIES
2:00- YOGA w BETTY
2:45- TASTE TEST **SLUSHIES**
3:30- AMBULATION

8
9:30- FITNESS CLASS
10:15- MORNING MATINEE
10:45- SNOOZELYN
11:15- BIBLE STUDY
1:30- STUFF'N, MASH, GRAVY
2:00- EASTER TRIVIA SOCIAL
2:30- TASTE TEST **STUFF & MASH**
3:30- AMBULATION/ PHYSIO
5:45- CARD GAME

9
9:30- MORNING MATINEE
10:00- SHOPPING TRIP
UPPER CANADA MALL

2:30- CONVIENENCE STORE
3:00- WORD GAMES
3:30- AMBULATION
5:45- WORD GAME

10
TOUGH TIMES NEVER LAST BUT TOUGH PEOPLE DO


11
9:30- FITNESS CLASS
10:15- I LOVE LUCY SHOW
10:45- SNOOZELYN
11:15- HOROSCOPES


1:30- BOWLING
2:30- LAUGH & GIGGLES
3:00- AROMA & MASSAGE
3:30- AMBULATION

12
9:30- HOUR OF POWER
9:30- BOARD GAME **MONOPOLY**
10:45- HYMN & STORIES
12:00- DINER'S LUNCH CLUB

2:00- WORD GAME
2:45- SENSORY STIM
3:15- FUN & FITNESS
3:45- AMBULATION

13
9:30- FITNESS CLASS
10:30- CHURCH SERVICE
10:45- SNOOZELYN
11:15- PUZZLE & MATCH

1:30- HORSE DERBY
2:30- BEAUTY TIME
3:00- JOKES & RIDDLES
3:30- AMBULATION

14
WHAT IS SO DELICATE, SAYING ITS NAME, WILL BREAK IT?
SILENCE


15
9:30- FITNESS CLASS
10:15- MORNING MATINEE
10:45- SNOOZELYN
11:15- BIBLE STUDY
1:15- TRAVELLING TRIVIA
2:00- RESIDENT COUNCIL
2:30- FOOD COMMITTEE
3:30- AMBULATION
5:45- BEAN BAG TOSS


16
9:30- JUMBLE **VEGETABLES**
10:15- COMEDY SHOW
10:45- R.O.M EXERCISES
11:15- HYMN & STORIES
1:15- CONVIENENCE STORE
2:00- AFTERNOON MOVIE
2:30- MOVE & GROOVE -AUD
3:30- AMBULATION
5:45- BASKETBALL THROW

17
8:30 BREAKFAST IN CAFE
10:15- NOODLE SOCCER
10:45- MUSICAL MELODIES
11:15- APRIL STORIES

1:30- MINI BINGO
2:15- HOT CHOC SOCIAL
2:45- AROMA & MASSAGE
3:00- AMBULATION

18
2:30- PRAISE OF WORSHIP
CHINESE LUTHRAN CHURCH


19
2:30- SPRING FLING SOCIAL
w SHANNON



20
10:30- CHURCH SERVICE


21
9:30- CREATE WORD **GAME**
10:15- COMEDY SHOW
10:45- TWIST & TURN
11:15- MONTESSORI

1:15- MAKING MILKSHAKES
2:00- YOGA w BETTY
2:45- TASTE TEST **MILKSHAKES**
3:30- AMBULATION

22
9:30- FITNESS CLASS
10:15- MORNING MATINEE
10:45- SNOOZELYN
11:15- BIBLE STUDY
1:15- CONVIENENCE STORE
2:00- AFTERNOON MOVIE
2:30- MUSIC w ROBERT
3:45- AMBULATION
5:45- CARD GAME

23
9:30- PRICE IS RIGHT **GAME**
10:15- COMEDY SHOW
10:45- FUN & FITNESS
11:15- AROMA & MASSAGE
1:30- HORSE DERBY
2:00- AFTERNOON MOVIE
2:30- ANGLICAN SERVICE
3:30- AMBULATION
5:45- WORD GAME

24
NEVER GIVE UP ON THE THINGS THAT MAKE YOU SMILE


25
DON'T LET YESTERDAY AFFECT YOUR TODAY


26
WHAT IS EASY TO GET INTO BUT HARD TO GET OUT OF?
-LOVE


27
9:30- FITNESS CLASS
10:00- PAINTER COVE **EARTH**
10:30- CHURCH SERVICE
11:15- PUZZLE & MATCH

1:30- WORD GAME
2:30- BEAUTY TIME
3:00- R.O.M EXERCISES
3:30- AMBULATION

28
TODAY IS THE DAY TO START BUILDING YOUR TOMORROW


29
9:30- MORNING MATINEE
10:00- COUNTRY DRIVE
BUS TRIP

1:30- BAKING **COOKIES**
2:00- APRIL TRIVIA & SOCIAL
2:30- TASTE TEST **COOKIES**
3:00- AMBULATION
5:45- MOVIE NIGHT

30
9:30- FITNESS CLASS
10:00- MUSIC w JUDY & ROBIN
11:15- HYMN & STORIES
12:00 FISH & CHIP LUNCH
1:30- HORSE DERBY
2:30- CONVIENENCE STORE
3:00- AROMA & MASSAGE
3:30- AMBULATION
5:45- BASKETBALL THROW

3 WEST
FLOWER: DAISY **STONE: DIAMOND**
COLOUR: PINK & TEAL **ANIMAL: RAM**
SPIRIT ANIMAL: BUTTERFLY
ZODIAC: 1-19 ARIES **ZODIAC: 20-30 TAURUS**
