



## Visitor Policy

LAST UPDATED: June 2025

### APPENDICES:

- Appendix 1- Caregiver Designation: Parental/Guardian Approval
- Appendix 2- Visitor Guidelines (Ontario)
- Appendix 3- IPAC Visitor Education Package

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### REQUIRED DOCUMENTS:

- VISITOR SIGN IN FORM, OHS3-T11.01- Accessible on The Pulse.
- IPAC Visitor Education Package QR Code Poster - Accessible on The Pulse.

### POLICY

Homes will ensure visitors have access to residents that respects resident rights. Visit access will be subject to applicable legislation, imposed limitations due to any emergency situation, or other identified health and safety risks.

Homes will follow province-specific directives and implement risk mitigation strategies to ensure a safe and secure home which includes the management of visitors. Risk mitigation strategies are intended to address and balance the following:

- The protection and safety of residents, visitors, and staff;
- The well-being of residents when allowing visitations from families/friends to reduce any potential negative impacts related to social isolation; and
- Equitable access whereby all individuals seeking to visit a resident will be given, where possible, equitable visitation access, consistent with resident preference and with reasonable restrictions that safeguard residents.

**Note:** Any provincial or jurisdictional directives or resources, including Public Health directives, that exceed the requirements set out in this manual shall supersede the respective content of this manual.

## Visitor Policy

### BACKGROUND

The Visitor Policy is meant to protect the health and safety of residents, staff, and visitors, while supporting residents in receiving the support they need and maintaining their physical, mental, social and emotional wellbeing and their quality of life.

### PROCEDURES

#### ADMINISTRATOR / DESIGNATE

1. Follow any provincial and/or jurisdictional specific directives and guidelines related to managing visitations.
2. Ensure staff are aware of and follow any provincial and/or jurisdictional directives and guidelines as well as any policies on the management of visits, such as Supervised Visitation, Outbreak Management, etc. Refer to Extendicare's *Visitor Policy* available in the Occupational Health and Safety Manual on *The Pulse*.
3. Consider the following when providing visitor access:
  - a. Areas where visits can be held, including indoor and outdoor areas;
  - b. Assigning an escort for visitors, when indicated;
  - c. Directional signage to the entrance(s) and exits of the outdoor spaces, and indoor visit areas, as applicable;
  - d. Access to chairs, where required;
  - e. Access to shade (umbrellas) in the outdoor areas, as required; and
  - f. Any required cleaning/disinfecting.
4. Ensure visits are documented using the process and Resident Visitor Sign-In Form identified in the Occupational Health and Safety Manual. Refer to *The Pulse*.
5. Allow caregivers to visit residents in outbreak and non-break situations following any provincially mandated restrictions, such as limiting number of visitors allowed at a time, visiting room/area, etc. In outbreak situations, refer to policy, *Outbreak Management* in the Infection Prevention and Control Manual.
6. Allow unrestricted access for visits to a resident who is at end-of-life or for other extraneous circumstances, and as determined by provincial directives.
7. Ensure visitors adhere to infection, prevention, and control (IPAC) protocols, including required PPE and hand hygiene.
8. Follow province-specific directives on the provision and use of Personal Protective Equipment (PPE) for visitors.
9. Ensure processes are in place to screen (active and/or passive) visitors when provincially directed to do so.

## **Visitor Policy**

### **ONTARIO**

1. Establish and implement a home specific written visitor policy which includes:
  - a) the process for visitor access during non-outbreak and during an outbreak of a communicable disease or an outbreak of a disease of public health significance, an epidemic, or a pandemic.
2. Ensure that all visitors have access to the home's visitor policy.  
**Note:** The QR Code Access Poster may be displayed as an option to provide visitors virtual access to the IPAC Visitor Education Package.
3. Ensure a home specific process is in place for documenting and keeping a written record of:
  - a) the designation of a caregiver and
  - b) the approval from a parent or legal guardian to permit persons under 16 years of age to be designated as a caregiver if applicable. Refer to form, Caregiver Designation: Parental/Guardian Approval, Appendix 1.
4. Complies with all applicable laws including any applicable directives, orders, guidance, advice, or recommendations issued by the Chief Medical Officer of Health or Medical Officer of Health appointed under the Health Protection and Promotion Act.
5. Ensure that essential visitors continue to have access to the long-term care home during an outbreak of a communicable disease, an outbreak of a disease of public health significance, an epidemic or a pandemic subject to any applicable laws.
6. Ensure that a copy of the current version of the visitor policy is provided to the Residents Council and Family Council.

## Visitor Policy

### PROCEDURES

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**STAFF**

1. Provide visitors and residents the IPAC Visitor Education Package, as required. Refer to *IPAC Visitor Education package, Appendix 3.*

### ONTARIO

1. Provide visitors the Visitor Guidelines, as required. Refer to *Visitor Guidelines (Ontario), Appendix 2.*



- Homes will need to accommodate for visitors who are unable to put on or remove PPE without assistance from another person.
- Homes have the discretion to end a visit or prohibit a visitor (including caregivers) from visiting in response to repeated and flagrant non-compliance with Extendicare's policies and/or provincial guidelines and where a visitor's behaviour may impact the home's ability to ensure a safe and secure home.



### ESSENTIAL VISITOR

In Ontario, Essential Visitor means:

- a caregiver,
- a support worker who visits a home to provide support to the critical operations of the home or to provide essential services to residents,
- a person visiting a very ill resident for compassionate reasons including, but not limited to, hospice services or end-of-life care, or
- a government inspector with a statutory right to enter a long-term care home to carry out their duties.

### CAREGIVER

In Ontario, Caregiver means an individual who,

- is a family member or friend of a resident or a person of importance to a resident,
- is able to comply with all applicable laws including any applicable directives, orders, guidance, advice or recommendations issued by the Chief Medical Officer of Health or a medical officer of health appointed under the Health Protection and Promotion Act,

## Visitor Policy

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- c. provides one or more forms of support or assistance to meet the needs of the resident, including providing direct physical support such as activities of daily living or providing social, spiritual, or emotional support, whether on a paid or unpaid basis,
- d. is designated by the resident or the resident's substitute decision-maker with authority to give that designation, if any, and
- e. in the case of an individual under 16 years of age, has approval from a parent or legal guardian to be designated as a caregiver.

### **GENERAL VISITOR**

A general visitor is a person who is not an essential visitor and is visiting to provide non-essential services related to either the operations of the home or a particular resident or group of residents. General visitors include those persons visiting for social reasons as well as visitors providing non-essential services such as personal care services, entertainment, or individuals touring the home. Homes should prioritize the mental and emotional well-being of residents and strive to be as accommodating as possible when scheduling visits with general visitors.

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Accessible Canada Act, SC 2019, c 10  
<https://laws-lois.justice.gc.ca/eng/acts/A-0.6/>

Accessibility for Ontarians with Disabilities Act  
<https://www.ontario.ca/laws/statute/0Sa11>

Ontario Ministry of Long Term Care  
<http://www.health.gov.on.ca/en/>

Ontario Fixing Long-Term Care Act, 2021  
<https://www.ontario.ca/laws/statute/21f39>

Ontario Regulation 246/22 made under the Fixing Long-Term Care Act, 2021  
<https://www.ontario.ca/laws/regulation/r22246>

Alberta Health Services  
<http://www.albertahealthservices.ca/>

Alberta Continuing Care Accommodation and Health Service Standards  
<https://www.alberta.ca/continuing-care-accommodation-and-health-service-standards.aspx>

The Accessibility for Manitobans Act, C.C.S.M. c. A1.7  
<https://web2.gov.mb.ca/laws/statutes/ccsm/a001-7e.php>

Manitoba Health, Seniors and Active Living  
<http://www.gov.mb.ca/health/>

Manitoba Health Services Insurance Act, RSM 1987, c. H35  
<https://web2.gov.mb.ca/laws/statutes/ccsm/h035e.php>

Manitoba Personal Care Homes Standards Regulation, 2005  
[https://web2.gov.mb.ca/laws/regs/current/\\_pdf-regs.php?reg=30/2005](https://web2.gov.mb.ca/laws/regs/current/_pdf-regs.php?reg=30/2005)

*Extendicare's Intranet is the official source of current approved policies, procedures, best practices, and directives.*