



THE SOUTHLAKE TIMES

"Grow old along with me! The best is yet to be,"

- Robert Browning





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WHAT'S NEW?

Canadian Dental Care Plan

In the case of lost dentures, families may consider applying to the Canadian Dental Care Plan (CDCP) for eligible replacement. Contact information: 1-833-537-4342

Lost Items

The Home advises all family members not to bring or leave items of value because the Home is not responsible for missing or lost personal items.

Request from Our Nursing Department

Medication Administration Times

7:00 a.m. to 9:00 a.m.

11:00 a.m. to 1:00 p.m.

4:00 p.m. to 6:00 p.m.

We kindly request that you please avoid calling the unit or in-person chats during medication administration times, to help prevent medication errors unless it is an emergency. We appreciate your understanding.

Welcome Our New Staff Members

Assistant Cook Gayathri

Dietary Aide Akua

Message From The Environmental Department

Notice Regarding Recliners

Please be advised that, effective immediately, Southlake Residential Care Village will no longer accept fabric-style recliners within the facility.

This decision has been made to support infection control standards, resident safety, and ease of cleaning and maintenance.

If you have any questions please contact Sal, EVS Manager ext. 1106 or David, IPAC Manager ext. 1409

**Monthly Activity Calendar
is available on our website**

www.southlakevillage.com



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Your support means the world to our residents

Our 2025 Christmas Star Tree Appeal for our residents was a huge success, thanks to the contribution of families, staff, and the community at large.

Your generosity made the holiday season extra special for our residents. You made a significant difference for them. We could see that it brought immense joy and comfort, and it really brightened their holiday celebrations. Your kindness is truly appreciated by one and all.



Even the Man from North Pole was impressed!

Your response to our appeal serves as a powerful "thank you" for our Life Enrichment staff's dedication in improving our residents' quality of life.

On behalf of Southlake Village, thank you from the bottom of our heart.

Upcoming Events

Wednesday, February 4 Residents' Council Meeting @ 2:00 p.m. 5 West Dining Room

Thursday, February 12 Mary Kay Cosmetics (Deb)

Friday, February 13 Sweet Treats (Katie)



Friday, February 6 to February 22, 2026. Athletes will be competing in the 2026 Winter Olympics to be hosted by the Italian cities of Milan and Cortina d'Ampezzo. Canada will be sending 207 athletes with 58 from Ontario! We will be taking in the sights, scenery and cheering for our athletes!!!!

Delivering the latest in care and community

THE SOCIAL CARE-RIERS

Ramona Cernescu

&

Keisha Rosales

X 1406

OUR NEW ADMISSIONS
THIS MONTH:

2W Wesley M

5W Robina M

5W Dan S

2W Tatiyana G

4E Paul B

*Words for
the soul:*

This is more than a place to live—
it's a place to belong.

Thank you for trusting us with
someone you love

Resources

<https://ontariocaregiver.ca/>

<https://www.hpcoco.ca/>

<https://ontariocaregiver.ca/managing-care/palliative/>

<https://www.arbormemorial.ca/en/taylor.html>

A Heart Warm Month Of Entertainment

Pot Dancers and Drums
February 5



Friendship Tea
February 11

Black History With Davis
February 12



The 4 String Ukulele Band
February 13



Monthly Birthday Party
With Kent
February 18



Giant Volleyball Game
February 19



Regular Scheduled Events

Judy and Robin
Young At Heart
SDA Church

Yoga With Betty

Praise Of Worship Chinese Evangelical
Lutheran Church
Anglican Church Service





**Happy Birthday To All Our Residents Celebrating their
Birthdays in February**



Doris S

Hoi H

Harry V

Hyacinth L-P

Caroline S

Anita S

Motlaghkhanom M

Phillip H

Sarafina I

Ludgarda D

Jean C

Kathryn K

Fred K

Irene B

Dorothy C

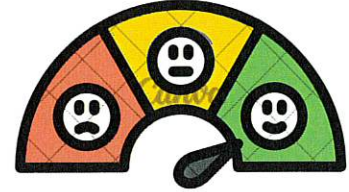
Marie M

Shirley T

Frank W



Continuous Quality Improvement



At the last CQI Committee meeting held on January 20, 2026, we reiterated the mandate and terms of reference of this committee and the commitment to continuously improving positive clinical outcomes and promoting our residents' quality of life.

Our role as the CQI Committee is to use our meetings as a forum to review all aspects of all operations of the Home with a keen focus on continuous quality improvement and to make recommendations on improvement change ideas.

The whole management leadership team are standing members of the CQI Committee with Ad hoc members, guests who may be invited to participate in our meetings. These guests include residents, Residents' Council, Family Council, Clinical Consultants, York Region Public Health, Southlake Regional Health Centre NLOT, family members and others.

The next CQI Committee quarterly meeting will be held on Tuesday, April 21, 2026 @ 2:00 to 3:00 p.m. If you are interested, please rsvp:

Siew Lee Brett, CQI/Quality Improvement Manager

Tel: 905-895-7661 ext. 1107 or E-mail: siewlee.brett@exeassist.ca

Save the Date - June 17, 2026

Join the residents at our 2nd Walk for Seniors event!

For more information: siewlee.brett@exeassist.ca on how you can help or support! Stay tuned.