March 2026
TWO EAST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Exercise Group 10:15 Bible Study 10:45 Beauty Hour 1:45 Bingo 2:30 Movie 3:00 Ambulation	2 9:30 Calendar's Go Up 10:30 SDA Church 1:30 Coffee Club 2:00 Beauty Hour 2:00 Life and Colour 3:00 Fun Facts on March 5:45 Card Game Purim Begins	3 9:30 Resistive Bands and Ball Exercise 10:00 Fun with Words 10:45 Let's Sing 11:30 Ambulation 2:00 Yoga with Betty 2:45 Chats in the Cafe 5:45 Horse Derby	4 9:45 Bingo 11:15 Walk and Talk 2:00 Resident Council and Food Committee on 5th 3:00 Daily Chronicles 5:45 Bowling	5 9:30 ROM 10:00 Horse Derby 10:45 Trivia 11:30 Ambulation 1:30 Short Stories 2:00 Yahtzee 3:15 Our Daily Bread Readings 5:45 Basketball Throw	6 9:45- Noodle Soccer 10:30- Coloring with Music 11:15- Walking Group 1:45- Bingo 3:00- Card Game 	7 9:45 Noodle Soccer 10:45 News and Views 11:30 Walk to Dine 1:30 Daily Chronicles 2:30 St. Patrick Crafts 2:30 Praise of Worship with Chinese Lutheran Church 5:45 Bingo Night
8 10:00 Bible Study and Hymns 10:45 Beauty Hour 11:30 Ambulation 1:45 Coffee Club 2:15 Board Games 3:00 Afternoon at the Movies 5:45 Movie Night Daylight Saving Time Begins	9 9:30 Morning Stretch and Exercise 10:30 SDA Church 1:30 Horseshoe Throw 2:15 Guess the Tune 3:00 Bingo 5:45 Horse Derby	10 9:30- Basketball Throw 10:30- Trivia 11:15- Ambulation 1:45- Painting 3:00- Puzzle and Social 	11 9:45 Bingo 11:00 Wheelchair Travel Through Ireland 2:30 Irish Pub with Patricia 5:45 Basketball Throw	12 10:00am to 2:30 Bus Trip to Casino 5:45 Card Game	13 8:30 Special Breakfast 11:15 MOVE & GROOVE 1:45 SEATED TAI CHI 2:45 CROSSWORDS PUZZLE 3:30 WHO AM I 4:00 1-1 VISITS (2E) 5:45 WORD GAME	14
15 	16 9:30 Let's Move 10:30 SDA Church 1:30 Library Visits 2:30 Monthly Birthday Party with Bill 5:45 Jenga	17 9:30 ROM 10:00 Irish Trivia 10:45 Horseshoe Throw 11:30 Walk to Dine 2:00 Yoga with Betty 3:00 Beer and Irish Music 5:45 Horse Derby St. Patrick's Day	18 9:45 Bingo 11:00 Memory Boards 11:30 Ambulation 1:30 Reading Club 2:00 Yahtzee 3:00 Planet Earth 5:45 Bowling	19 10:00 Country Drive 2:00 Mega BINGO in Auditorium 5:45 Card Game	20 Spring Begins	21 9:30 Noodle Soccer 10:45 Planting Time 11:30 Walk to Dine 1:30 Colour to Music 2:00 Spring Trivia 3:00 Spring Bingo 5:45 Basketball Throw
22 10:00 Bible Study and Hymns 10:45 Ball Exercises 11:30 Walk and Talk 1:30 Coffee Club 2:00 Board Games 3:00 Fancy Nails 5:45 Bingo Night	23 9:30 Resistive Bands and Ball Toss 10:30 SDA Church 1:30 Coffee Club 2:30 Spring Crafts 3:15 Concert in the Lounge 5:45 Karaoke Night	24 2:30 Chinese Dancer performance 	25 9:45 Bingo 11:00 Fun with words 11:30 Walk to Dine 2:00 Memorial Service 3:30 Movie in the Lounge 5:45 Movie Night (Auditorium)	26 9:30 Let's Stretch 10:00 Bowling 10:30 Sensory Cart 12:00 Take Out Lunch Fish and Chips 2:30 Anglican Service 5:45 Basketball Throw	27 8:30 Special Breakfast 10:15 Trivia 11:00 Spring Crafts 11:30 Ambulation 2:00 Bell choir 3:00 Movie in Lounge 5:45 Word Game	28
29 Palm Sunday	30 9:30 ROM 10:30 SDA Church 1:30 Library Visits 2:15 Finish the Lyric 3:00 Ball Toss Exercises 5:45 Card Game	31 9:30 Let's Stretch 10:00 Coffee and Things to Pondering 10:30 Volleyball 11:00 Memory Boards 2:00 Yoga with Betty 2:45 Coffee Club 5:45 Horse Derby				

Full Time: Kari Float: Kayron Convenience Store: Wednesday, Thursday, from 1:00 to 3:00 Catholic Visits on Monday or Thursday in the morning