

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

5WEST

2026

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| 1 10:15 February Calendars with One to One Visits 10:15 Cedarview Community Church Online Service 11:00 Hymn Sings 1:30 Bingo 3:30 Horoscopes Tu B'Shevat Begins | 2 10:30 SDA Church Service 1:45 Word Search 2:30 Horse Derby 3:30 Spring or Snow? -Game | 3 10:00 Ambulation 11:00 Trivia 2:00 Yoga with Betty 3:30 Arts & Crafts -Olympic Flag | 4 10:00 Ambulation 11:00 Giant Crossword Puzzle 2:00 Residents' Council Meeting and Food Committee 3:30 Crazy Eights | 5 10:00 Ambulation 11:00 Ring Toss 1:30 Travel Through Spain 2:30 Pot & Drumming Dance - Auditorium 3:45 Fancy Nails | 6 8:30 FriYAY Breakfast - Cafe 10:00 Seated Cycling/Ambulation 11:00 Word Scramble - Valentines 1:30 One to One Visits 5:45 Bingo or Cards | 7 10:15 Opening Ceremony 2026 Winter Olympics in Milan=Cortina (Italy) 1:30 Canada at the Winter Olympics: Athletes, sports, and National Pride 2:30 Obie Games 3:30 Movie with Popcorns |
| 8 10:15 Cedar View Community Church Online Service 11:00 Hymn Sing 1:30 Black History Bingo 3:30 Fun & Puzzles | 9 10:30 SDA Church Service 1:30 Ball Toss 2:30 Guess the Logo 3:30 Crazy Eights | 10 10:00 Seated Cycling/Ambulation 11:00 Giant Crossword Puzzle 1:30 Baking Brownies 2:30 Trivia 3:30 Sensory Stim - Taste | 11 10:00 Fitness 11:00 Noodle Soccer 2:00 Friendship Tea 3:30 Highlight from the Olympics | 12 10:00 Fitness 11:00 Morning Movie Social 1:30 Fun & Games 2:30 Black History with Davis | 13 10:00 Ambulation 11:00 Word Game 2:00 The 4 String Ukulele Band 3:30 Noodle Relay 5:45 Bingo or Cards | 14 10:15 Seated Cycling/Ambulation 11:00 Bean Bag Toss 2:30 Valentine's Day with Robert Cruz - Auditorium 3:30 One to One Visits |
| 15 10:15 Catholic Communion Online Service 11:00 Hymn Sings 1:30 Bingo 3:30 Scripture Readings | 16 10:30 SDA Church Service 2:00 Young at Heart Painting Program 3:30 Horse Derby | 17 10:00 Fitness 11:00 The History of Ramadan I -تاريخ رمضان-Deen Preach 2:00 Yoga with Betty 3:00 Mardi Gras Mask Making 4:00 Chinese New Year Celebrations | 18 10:00 Fitness 11:00 Bowling 1:30 Music Melodies 2:30 Monthly Birthday With Kent 3:45 Fancy Nails | 19 10:00 Ambulation 11:00 Trivia 2:00 Giant Volleyball Game - Auditorium 3:30 Crazy Eights | 20 8:30 FriYAY Breakfast - Cafe 10:00 Seated Cycling/Ambulation 11:00 Horse Derby 1:30 One to One Visits 5:45 Bingo or Cards | 21 10:00 Ambulation 11:00 Noodle Soccer 1:30 Obie Games 2:45 Comedy Hour 3:30 Crazy Eights |
| 22 10:15 Redemption Church Newmarket Online Service 11:00 Hymn Sing 1:30 Black History Bingo 2:30 Movie with Popcorns | 23 10:30 SDA Church Service 1:30 Fun & Games 3:00 Java Music Club w 3W 4:00 Olympics Closing Ceremony | 24 10:00 Seated Cycling/Ambulation 11:00 Connect 4 1:30 Name that Tune and Hot Chocolate Social 3:30 Scripture readings 1-1 | 25 10:00 Ambulation 11:00 Word Game 1:30 Baking Social 2:30 Trivia 3:30 Taste Test | 26 10:00 Ambulation 11:00 Coloring w Music 1:30 Wonders in Thailand 2:30 Anglican Church Service | 27 10:00 Ambulation 11:00 Guessing Game 1:30 Horse Derby 2:30 Word Search 3:30 Crazy Eights 5:45 Bingo | 28 10:00 Seated Cycling/Ambulation 11:00 Beauty Hour 1:30 Arts & Crafts - St Patrick's Day 3:30 Crazy Eights |