

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

FEBRUARY

4 EAST

9:45- Spiritual Morning 10:30- Coloring to music 11:00- 1:1 visits 1:45-Noodle Soccer 2:30- trivia 3:30-Comedy hour 5:45 Evening Hymn Sings Tu B'Shevat Begins	1 9:45- Morning Stretch 10:30 SDA CHURCH SERVICE 2 9:45- Exercise Time 10:15- Words on Board 11:00- 1:1 Walking Group 2:30- Food and Idea -APPY GROUNDHOG DAY	3 9:45- Exercise Time 10:15- Words on Board 11:00- 1:1 Walking Group 2:00 WITH BETTY 3:15- Coloring to Music	4 9:45- Ball Toss 10:30- Word Search 11:00- Travel to France 2:00 RESIDENTS COUNCIL AND FOOD COMMITTEE ON 5 WEST 5:45 Evening Fishing	5 9:45- Exercise time 10:30- Volleyball 11:00- Hour of power 1:45- Puzzle 2:30 POT AND DRUMMING DANCE	6 OLYMPICS START TODAY UNTIL FEB 22, 2026 9:45- Noodle Soccer 10:15- Updates About Olympics 2026 2:00- BINGO 3:30- 1:1 Walking 5:45 Evening Bingo/Cards with 5th Resident	7 9:45- Church on TV 10:30- BINGO 11:00- Fun and Laugh
9:45- Ball Toss 10:15- Sunday Church 11:00- Words on Board 1:45- Piccolo Pranzo 2:30- Trivia 3:00- Taste Test	8 9:45- Sponge Ball 10:30 SDA CHURCH SERVICE 9 9:45- Horse Derby 10:30- Group Stretch 11:00- Wordy time 1:45- Crafty Us 2:30- Let's Decor 3:30- 1:1 Walking group	10 9:45- Exercise Time 10:30- Sing along 11:00- Word games 2:00 FRIENDSHIP TEA 3:30-1:1 visit 5:45 Off to the races	11 9:45- Meditative Morning 10:15- Bingo 11:00- Mr. Bean Comedy 2:30 BLACK HISTIORY WITH DAVIS	12 8:30- SPECIAL BREAKFAST 10:00- Rice Crispy Heart 2:00 THE 4 STRING UKULELE BAND 5:45 Evening Bingo/Cards with 5th Residents	13 9:45- Spiritual Morning 10:30- Axe throw 11:00- Name That Tune 2:30 VALENTINES DAY WITH ROBERT CRUZ 3:30- Movie Time	14 9:45- Spiritual Morning 10:30- Axe throw 11:00- Name That Tune 2:30 VALENTINES DAY WITH ROBERT CRUZ 3:30- Movie Time
9:45- Chair Stretching 10:30- Bingo 11:00 1:45- Bowling 2:30- Magazine Time 3:30- Hour Of Power 5:45 Trivia and Reminiscing	15 FAMILY DAY 16 9:45- Morning Stretch 10:30 SDA CHURCH SERVICE 11:00- TV time 2:00 YOUNG AT HEART ★★★HAPPY★★★ PRESIDENTS' DAY	17 9:45-Gentle Stretching 10:30- Match It 11:00- Ambulation 2:00 MARDI GRAS PARTY 2:00 YOGA WITH BETTY Ramadan Begins Mardi Gras	18 9:45- Noodle Soccer 10:15- Cards Game 11:00- Table Tennis 2:30 MONTHLY BIRTHDAY PARTY WITH KENT	19 9:45- Trivia 10:15- Comedy Hour 11:00- Reading 2:00 GIANT VOLLEYBALL GAME IN THE AUDITORIUM 5:45 Evening Bingo	20 9:45- Exercise Time 10:15- Alphabetically Around 11:00- Coloring to Music 1:45- Nails Care 2:30- Tea and Snacks Social 3:00- Chit Chat Time	21 9:45- Church on TV 10:30- BINGO 11:00- Fun and Laugh 1:45- Movie Time and Popcorn
9:45- Ball Toss 10:15- Sunday Church 11:00- Words on Board 1:45- Ball Kick with 4W	22 9:45- Morning Stretch 10:30 SDA CHURCH SERVICE 11:00- Wheelchair Travel 1:45- 1:1 Walking Group 2:30- Hot Chocolate Social 3:30- Fun and Laugh	23 9:45- Morning Stretch 10:15- BINGO 11:00- I Love Lucy 1:45- Paint It 3:30- TV Time 5:45 Bean Bag and Ball Toss	24 9:45- Spiritual 10:30- Basketball 11:00- Word games 1:45- Fishing 2:30- Comedy hour 3:30- 1:1 Visits	25 9:45- Ball Toss 10:15- Begins With... 11:00- Chit Chat Time 2:30 ANGLICAN CHURCH SERVICE 5:45 Evening Bingo	26 8:30- SPECIAL BREAKFAST 10:15- Group Ball Toss 11:00- February Dot-to-Dot 1:45- Nails Care 2:30- Hand Massages	27 9:45- Sponge Ball 10:30- Art and Craft 11:00- Ambulation 1:45- Noodle soccer 2:30- Sorting 3:30- Movie time