

FEBRUARY

4 EAST

<div>9:45- Spiritual Morning</div> <div>10:30- Coloring to music</div> <div>11:00- 1:1 visits</div> <div>1:45-Noodle Soccer</div> <div>2:30- trivia</div> <div>3:30-Comedy hour</div> <div>5:45 Evening Hymn Sings</div> <div></div> <div>Tu B'Shevat Begins</div> <div>1</div>	<div>9:45- Morning Stretch</div> <div>10:30 SDA CHURCH SERVICE</div> <div>11:00- Wheelchair Travel</div> <div>1:45- All about Groundhogs</div> <div>2:30- Food and Idea</div> <div></div> <div>2</div>	<div>9:45- Exercise Time</div> <div>10:15- Words on Board</div> <div>11:00- 1:1 Walking Group</div> <div>2:00 WITH BETTY</div> <div>3:15- Coloring to Music</div> <div>3</div>	<div>9:45- Ball Toss</div> <div>10:30- Word Search</div> <div>11:00- Travel to France</div> <div>2:00 RESIDENTS COUNCIL AND FOOD COMMITTEE ON 5 WEST</div> <div>5:45 Evening Fishing</div> <div>4</div>	<div>9:45- Exercise time</div> <div>10:30- Volleyball</div> <div>11:00- Hour of power</div> <div>1:45- Puzzle</div> <div>2:30 POT AND DRUMMING DANCE</div> <div>5</div>	<div>OLYMPICS START TODAY UNTIL FEB 22, 2026</div> <div>9:45- Noodle Soccer</div> <div>10:15- Updates About Olympics 2026</div> <div>2:00- BINGO</div> <div>3:30- 1:1 Walking</div> <div>5:45 Evening Bingo/Cards with 5th Resident</div> <div>6</div>	<div>9:45- Church on TV</div> <div>10:30- BINGO</div> <div>11:00- Fun and Laugh</div> <div>7</div>
<div>9:45- Ball Toss</div> <div>10:15- Sunday Church</div> <div>11:00- Words on Board</div> <div>1:45- Piccolo Pranzo</div> <div>2:30- Trivia</div> <div>3:00- Taste Test</div> <div>8</div>	<div>9:45- Sponge Ball</div> <div>10:30 SDA CHURCH SERVICE</div> <div>11:00- Wheelchair Travel</div> <div>1:45- Bingo</div> <div>2:30- Food and Idea</div> <div>3:30- 1:1 Visits</div> <div>9</div>	<div>9:45- Horse Derby</div> <div>10:30- Group Stretch</div> <div>11:00- Wordy time</div> <div>1:45- Crafty Us</div> <div>2:30- Let's Decor</div> <div>3:30- 1:1 Walking group</div> <div>10</div>	<div>9:45- Exercise Time</div> <div>10:30- Sing along</div> <div>11:00- Word games</div> <div>2:00 FRIENDSHIP TEA</div> <div>3:30-1:1 visit</div> <div>5:45 Off to the races</div> <div></div> <div>11</div>	<div>9:45- Meditative Morning</div> <div>10:15- Bingo</div> <div>11:00- Mr. Bean Comedy</div> <div>2:30 BLACK HISTIORY WITH DAVIS</div> <div>12</div>	<div>8:30- SPECIAL BREAKFAST</div> <div>10:00- Rice Crispy Heart</div> <div>2:00 THE 4 STRING UKULELE BAND</div> <div>5:45 Evening <i>Bingo/Cards</i> with 5th Residents</div> <div>13</div>	<div>9:45- Spiritual Morning</div> <div>10:30- Axe throw</div> <div>11:00- Name That Tune</div> <div>2:30 VALENTINES DAY WITH ROBERT CRUZ</div> <div>3:30- Movie Time</div> <div>14</div>
<div>9:45- Chair Stretching</div> <div>10:30- Bingo</div> <div>11:00</div> <div>1:45- Bowling</div> <div>2:30- Magazine Time</div> <div>3:30- Hour Of Power</div> <div>5:45 Trivia and Reminiscing</div> <div>15</div>	<div>FAMILY DAY</div> <div>9:45- Morning Stretch</div> <div>10:30 SDA CHURCH</div> <div>11:00- TV time</div> <div>2:00 YOUNG AT HEART</div> <div></div> <div>16</div>	<div>9:45-Gentle Stretching</div> <div>10:30- Match It</div> <div>11:00- Ambulation</div> <div>2:00 MARDI GRAS PARTY</div> <div>2:00 YOGA WITH BETTY</div> <div>Ramadan Begins Mardi Gras</div> <div></div> <div>17</div>	<div>9:45- Noodle Soccer</div> <div>10:15- Cards Game</div> <div>11:00- Table Tennis</div> <div>2:30 MONTHLY BIRTHDAY PARTY WITH KENT</div> <div>18</div>	<div>9:45- Trivia</div> <div>10:15- Comedy Hour</div> <div>11:00- Reading</div> <div>2:00 GIANT VOLLEYBALL GAME IN THE AUDITORIUM</div> <div>5:45 Evening Bingo</div> <div></div> <div>19</div>	<div>9:45- Exercise Time</div> <div>10:15- Alphabetically Around</div> <div>11:00- Coloring to Music</div> <div>1:45- Nails Care</div> <div>2:30- Tea and Snacks Social</div> <div>3:00- Chit Chat Time</div> <div>20</div>	<div>9:45- Church on TV</div> <div>10:30- BINGO</div> <div>11:00- Fun and Laugh</div> <div>1:45- Movie Time and Popcorn</div> <div>21</div>
<div>9:45- Ball Toss</div> <div>10:15- Sunday Church</div> <div>11:00- Words on Board</div> <div>1:45- Ball Kick with 4W</div> <div>22</div>	<div>9:45- Morning Stretch</div> <div>10:30 SDA CHURCH SERVICE</div> <div>11:00- Wheelchair Travel</div> <div>1:45- 1:1 Walking Group</div> <div>2:30- Hot Chocolate Social</div> <div>3:30- Fun and Laugh</div> <div>23</div>	<div>9:45- Morning Stretch</div> <div>10:15- BINGO</div> <div>11:00- I Love Lucy</div> <div>1:45- Paint It</div> <div>3:30- TV Time</div> <div>5:45 Bean Bag and Ball Toss</div> <div>24</div>	<div>9:45- Spiritual</div> <div>10:30- Basketball</div> <div>11:00- Word games</div> <div>1:45- Fishing</div> <div>2:30- Comedy hour</div> <div>3:30- 1:1 Visits</div> <div></div> <div>25</div>	<div>9:45- Ball Toss</div> <div>10:15- Begins With...</div> <div>11:00- Chit Chat Time</div> <div>2:30 ANGLICAN CHURCH SERVICE</div> <div>5:45 Evening Bingo</div> <div>26</div>	<div>8:30- SPECIAL BREAKFAST</div> <div>10:15- Group Ball Toss</div> <div>11:00- February Dot-to-Dot</div> <div>1:45- Nails Care</div> <div>2:30- Hand Massages</div> <div>27</div>	<div>9:45- Sponge Ball</div> <div>10:30- Art and Craft</div> <div>11:00- Ambulation</div> <div>1:45- Noodle soccer</div> <div>2:30- Sorting</div> <div>3:30- Movie time</div> <div></div> <div>28</div>