

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2026

## 2 WEST

9:45 Bible Stories 10:30 Travel Adventure 11:00 Fishbowl Game 1:45 Word Game/ Puzzles 2:30 Movie Time 3:00 Hanging Calendars  Tu B'Shevat Begins	1 9:45 Morning Exercise <b>10:30 SDA CHURCH</b> 11:15 Daily Chronicles 1:45 All about Groundhog Day 2:30 Groundhog Day Puzzles 3: 30 Walking Ambulation 5:45 Card Game	2 9:45- Noodle Soccer 10:30- Country Talk 11:15- Comedy Hour 1:45- Bingo 3:00- Card Game 5:45- Bowling	3 9:45 Morning Exercise 10:15 Stories 11:00 Name Five <b>2:00 RESIDENTS COUNCIL AND FOOD COMMITTEE ON 5 WEST</b> 5:45 Horse Derby	4 9:45 Morning Exercise 10:15 Olympics Arts and Crafts 11:00 Grocery Game 1:30 Spa <b>2:30 POT AND DRUMMING DANCE</b> 5:45 Noodle Soccer	5 9:45 Morning Exercise 10:15 Olympics Arts and Crafts 11:00 Grocery Game 1:30 Spa <b>2:30 POT AND DRUMMING DANCE</b> 5:45 Noodle Soccer	6 <b>8:30- SPECIAL BREAKFAST</b> 10:00 Morning Exercise 10:30 Trivia 11:15 Bean Bag Toss 1:45 Paper Planes Making 2:30 Olympics Opening 3:00 Hand Massages	7 9:45- Lift the Parachute 10:15- Valentine Art and Craft 11:15- Sing Along  5:45 Bingo Night
9:30- Hymns and Stories 10:30- Morning Stretch 11:15- Ambulation with Ball 1:45- Movie and Popcorn 3:30- Coloring with Music 5:45 Horse Derby	8 9:45 Morning Workout <b>10:30 SDA CHURCH</b> 11:15 Ribbon Dancing with Music 1:45 Water bottle Bowling <b>2:00 YOUNG AT HEART</b> 3:00 Walking Club 5:45 Axe Throw	9 9:45 Hallway Pool Noodle Hockey 10:30 Sliding Game Puzzle Board 11:15 Olympics Puzzle work <b>2:00 YOGA WITH BETTY</b> 3:00 Olympics Trivia Challenge 3:30 Walking Club	10 9:45 Morning Workout 10:00 Bowling with 2 east 11:00 Seated Rowing Game <b>2:00 FRIENDSHIP TEA</b> 3:30 Chair Soccer Ball 5:45 Card Game	11 9:45 Morning Workout 10:00 Bowling with 2 east 11:00 Seated Rowing Game <b>2:00 FRIENDSHIP TEA</b> 3:30 Chair Soccer Ball 5:45 Card Game	12 9:45 Morning Exercise 10:15 Valentines Day Card Making 1:45 Penny Pitch Game <b>2:30 BLACK HISTORY WITH DAVIS</b> 3:30 Memory Match Olympic Edition 5:45 Movie Night	13 9:30- Horse Derby 10:30- Coloring with Music 11:15- Reading Group 2:00 The 4 String Ukulele Band 5:45 Word Game	14 9:30- Daily Chronicle 10:30- Fruit Matching Game 11:15- Who am I 1:45 Have a Heart Game 2:30- Valentines Day with Robert Cruz  Valentine's Day
9:45 Bible Stories 10:30 Travel Adventure 11:00 Fish Bowl Game 11: 15 Ambulation 1:45 Word Game/ Puzzles 2:30 Comedy Andy Griffith Show 3:00	15 Family Day 9:45 Morning Exercise <b>10:30 SDA CHURCH</b> 2:00 Exploring Scents together 3:00 Parachute Games 5:45 Card Game  Presidents' Day (U.S.)	16 9:30- Parachute Lift 10:30- Be a Judge 11:15- Concert with Andre Rui <b>2:00 MARDI GRAS PARTY</b> 5:45 Ring Toss	17 9:45 Chinese New Year Crafts 10:15 Chinese New Year Word Game 11:00 Picture a Word 1:45 Trivial Pursuit <b>2:30 MONTHLY BIRTHDAY PARTY WITH KENT</b> 3:30 Walking Club 5:45 Card Game	18 9:45 Chinese New Year Crafts 10:15 Chinese New Year Word Game 11:00 Picture a Word 1:45 Trivial Pursuit <b>2:30 MONTHLY BIRTHDAY PARTY WITH KENT</b> 3:30 Walking Club 5:45 Card Game	19 9:45 Morning Exercise 10:15 Pool Noodle Javelin 11:00 Cross word Puzzles <b>2:00 GIANT VOLLEYBALL GAME IN THE AUDITORIUM</b> 5:45 Horse Derby	20 <b>8:30- SPECIAL BREAKFAST</b> 10:00 Morning Exercise 10:30 Volleyball 1:45 Paper Planes Making 2:30 Hand Massage	21 9:45- Bowling 10:15- Word Puzzles 11:00- Name that Tune 1:45 Java Music Club 3:00- Fancy Nails 5:45 Trivia & Riddles
9:30- Hymns and Stories 10:30- Basketball Throw 11:15- Cards 1:45- Painting 3:00- Walk and Talk 3:30	22 9:45 Morning Exercise <b>10:30 SDA CHURCH</b> 11:15 Daily Chronicles Reading 1:45 Crossword Puzzles 2:30 Pool Noodle Game 3:00 Closing Ceremonies 3:30 Walking Club 5:45 Horse Derby	23 9:45 Morning Exercise 10:15 Arts And Crafts 11:00 Trivia Reading 1:45 Ring Toss Game <b>2:00 YOGA WITH BETTY</b> 3:30	24 9:45 Morning Exercise 10:15 Bingo 11:00 Sing- A- long w/ AI 1:45 Snack Social 2:30 Board Games 3:00 Comedy Show 3:30 Walking Club 5:45 Horse Derby	25 9:45 Daily Chronicles Reading 10:45 Color To Music 11:00 Trivia Game 1:45 One to O <b>2:30 ANGLICAN CHURCH SERVICE</b> 5:45 Bowling	26 9:30- Morning Stretch 10:30 Country Talk 11:15- Ambulation 1:45- Bingo 3:00- Card Games 5:45 Horse Derby	27 9:45 Morning Exercise 10:15 Daily Chronicles Reading 11:00 Crossword Puzzles 1:45 Baking Apple Tart 2:30 Comedy Show 3:30 One to One	28 9:45 Morning Exercise 10:15 Daily Chronicles Reading 11:00 Crossword Puzzles 1:45 Baking Apple Tart 2:30 Comedy Show 3:30 One to One

Life Enrichment Staff Full Time : Yvonne, Part Time: Yanjita, Float: Kai Convenience Store Opens Every Wednesday and Thursday From 1:00 pm to 3:00 pm

Catholic Communion: Once A Week