

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <div>FOUR EAST</div> <div>JANUARY</div> </div>				<div> <div>           9:45 One To One With Calendars            10:30 Exercise To Music            1:30 Comedy Hour With Lucy            2:30 BLING INTO THE NEW YEAR WITH ANDREW AND LOUISE            5:45 Off to the Races         </div> <div>           1           <div>★ Happy ★ New Year</div> </div> </div>	<div> <div>           9:45: Chair Yoga            10:15- Monthly Gazette &amp; Daily Chronicle            11:00- Winter Trivia            1:45- Hot Chocolate Social            2:00- MONTHLY BIRTHDAY PARTY WITH JAY THE ONE-MAN BAND         </div> <div>2</div> </div>	<div> <div>           9:45: Spiritual Morning            10:15-Exercise time            11:00- Coloring with music            1:45- Word Games            3:00-1:1 Arm Exercises            5:45 Reminiscing         </div> <div>3</div> </div>
<div> <div>           9:45- Comedy Hour            10:30- Trivia questions            11:00- News and Views            1:45- Noodle Soccer            2:30- Wheelchair Travelling         </div> <div>4</div> </div>	<div> <div>           9:45- Exercise Time            10:30- SDA Church Service            11:00- TV Program            2:00- Bowling            3:30- 1:1 Walking Group         </div> <div>5</div> </div>	<div> <div>           9:45- Morning Stretch            10:15- BINGO            11:15- Happy Min            2:30-ELVIS IS IN THE BUILDING WITH BRUCE            5:45 Old Song Sing A Long         </div> <div>6</div> </div>	<div> <div>           9:45- Mediative Morning            10:15- Horse Derby            11:00- Musical Time            2:00 JUDY AND ROBIN SING A LONG         </div> <div>7</div> </div>	<div> <div>           9:45: Relaxing music            10:15-Bingo            11:00 Ambulation - Walking            1:45- Axe throw            2:30-Sensory Cart            5:45 Axe Throw         </div> <div>8</div> </div>	<div> <div>           9:45- Noodle Soccer            10:30- Words Search            11:00- Coloring to Music            1:45- Social Time            2:30- Snacks Time            3:15- 1:1 Walking         </div> <div>9</div> </div>	<div> <div>           9:45- Spiritual Morning            10:30- Morning Stretch            11:00- Pet Visit            2:30 POT AND DANCE DRUMMING AUDITORIUM         </div> <div>10</div> </div>
<div> <div>           9:45- Spiritual Morning            10:30- Morning Stretch            11:00- Walking Down            1:45- Piccolo Pranzo            2:30- Trivia            3:15- Taste Test         </div> <div>11</div> </div>	<div> <div>           9:45- Let's Move            10:30- SDA Church Service            11:00- TV Program            1:45- Arts and Crafts            2:30- Let's Decor            3:15- Chessy Nachos         </div> <div>12</div> </div>	<div> <div>           9:45- Morning Stretch            10:15- BINGO            11:15- Happy Min            1:45- 1:1 Sit and Stand            2:30- 1:1 Visit            3:15- Tea and Coffee Chats            5:45 Evening Bingo         </div> <div>13</div> </div>	<div> <div>           9:45- Exercise Time            10:30- Word Games            11:00- Wheelchair Travel            2:00- Sing along            3:30- Ambulation Walking Group         </div> <div>14</div> </div>	<div> <div>           9:45- Bowling            10:30- Walking Group            11:00- Words Search            1:45- Vanilla Milk Shake            2:30- Sing Along            5:45 Finish the Line         </div> <div>15</div> </div>	<div> <div>           BREAKFAST 2 EAST, 4EAST, 3 EAST            10:45- Words on Board            1:45- Nails care            2:30- Hand Massages         </div> <div>16</div> </div>	<div> <div>           9:45- Exercise time            10:30- Music program            11:00- Puzzles            2:00 Sing A Long On Four West            5:45 Hymn Sing A Long         </div> <div>17</div> </div>
<div> <div>           9:45- Spiritual Morning            10:30- Ball Pass            11:00-Sensory Cart            1:45- Animal Bingo            2:30- Active Games            3:30- Trivia And Questions         </div> <div>18</div> </div>	<div> <div>           9:45- Morning Stretch            10:30- SDA Church Service            11:00- TV Program            2:00 YOUNG AT HEART FOR Martin Luther King            3:30 Documentary Of Martin Luther King Jr. Day         </div> <div>19</div> </div>	<div> <div>           9:45- Morning Stretch            10:15- BINGO            11:15- Happy Min            1:45- 1:1 Sit and Stand            2:30- 1:1 Visit            3:15- Tea and Coffee Chats         </div> <div>20</div> </div>	<div> <div>           9:45- Noodle Soccer            10:15- Horse Derby            11:00- Fun and Laugh            1:45- Words Challenge            2:30- Walking Group            3:15- 1:1 Visits            5:45 Evening Bowling         </div> <div>21</div> </div>	<div> <div>           9:45- Basketball throw            10:30- Funny Videos            11:00- Art and craft            2:30 ANGLICAN SERVICE IN CHAPEL         </div> <div>22</div> </div>	<div> <div>           9:45- Stretch Time            10:15- Words on board            11:00- Documentary            1:45- Tea for Two            2:30- Chit Chat            3:15- Coloring to Music            5:45 Bingo or Cards on 5 West         </div> <div>23</div> </div>	<div> <div>           9:45- Wheelchair Through Austrillia            10:15- Parachute Exercises            11:00- Name That Tune            2:30 PRAISE OF WORSHIP CHINESE EVANGELICAL LUTHERAN CHURCH         </div> <div>24</div> </div>
<div> <div>           9:45- Spiritual Morning            10:30- Morning Stretch            11:00- Walking Down            1:45- Movie and Nachos social with 4West         </div> <div>25</div> </div>	<div> <div>           9:45- Exercise Time            10:30- SDA Church Service            11:00- TV Programs            2:00- Music With Kenny         </div> <div>26</div> </div>	<div> <div>           9:45- Morning Stretch            10:15- BINGO            11:15- Happy Min            1:45- 1:1 Sit and Stand            2:00 Wheelchair Travel Through Australia            2:30- 1:1 Visit            3:15- Tea and Coffee Chats         </div> <div>27</div> </div>	<div> <div>           9:45- Match time            10:00- Movie time            11:00- Ball Toss            2:30 MUSIC FROM THE HEART AUDITORIUM            5:45 Movie Night in the Auditorium         </div> <div>28</div> </div>	<div> <div>           9:45- Bowling            10:30- Walking Group            11:00- Words Search            1:45- Creamy Hot Chocolate            2:30- Serve with Ice-cream         </div> <div>29</div> </div>	<div> <div>           8:30 BREAKFAST In The Cafe            10:45- Words on Board            1:45- Nails care            2:30- Hand Massages            3:15- Residents Choice            5:45 Cards on 5 West         </div> <div>30</div> </div>	<div> <div>           9:45: Spiritual Morning            10:15-Exercise time            11:00- Coloring with music            1:45- Word Games            3:00-1:1 Arm Exercises         </div> <div>31</div> </div>