

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2026

## 2 East

																
		4	5	6	7	8	9	10	11	12	13					
9:30 Hymn Sing 10:00 Bingo 11:00 Let's Walk & Talk 1:30 Art & Crafts 2:30 Movie Matinee 3:30 Puzzles		9:30 Let's Stretch <b>10:30 SDA Church Service</b> 1:30 Things to Ponder 2:00 Board Games 3:00 Movie in the Lounge 3:30 Ball Toss 5:45 Karaoke Night	9:30 Move and Groove 10:00 New Years Goals 10:45 Finish the Lyric 11:30 Ambulation 1:30 Friendly Visits <b>2:30 Elvis is in the Building with Bruce T</b> 5:45 Card Game	9:30 ROM 10:00 History of Bank it Day 10:30 Fun with Words 11:30 Ambulation 1:30 Friendly Visits 2:30 Opposite Day 3:15 Ring Toss 5:45 Horse Derby	10:00 Bingo 11:30 Ambulation 1:30 Baking Club 2:00 Phantom vs Cats 2:45 Sing a Tune 3:15 Bible Reading 5:45 Noodle Soccer	10:00 Bingo 11:30 Ambulation 1:30 Baking Club 2:00 Phantom vs Cats 2:45 Sing a Tune 3:15 Bible Reading 5:45 Noodle Soccer	9:30 Fun & Fitness 10:00 Trivia 11:00 Beauty Hour 11:30 Walk and Talk <b>2:00 Monthly Birthday Jay the One Man Band</b> 3:30 Movie in the lounge 5:45 Horse Derby	9:30 Noodle Soccer 11:00 News and Views 11:30 Hand Massage <b>2:30 Pot and Dance</b> <b>Drumming in auditorium</b> 5:45 Bingo Night	10:00 Bible Study and Hymns 10:30 All About Snow Day 11:30 Ambulation 1:30 Coffee Chats in cafe 2:00 Games in the Lounge 3:00 Movie in the Lounge 5:45 Karaoke Night	9:30 Let's Move <b>10:30 SDA Church Service</b> 1:30 Hand Massage 2:00 Dozen Day 2:30 Card Games 3:15 Hot Tea taste test 5:45 Bowling	9:30 Fitness Class 10:00 Bowling 11:00 Wonders of Thailand 1:30 UNO 2:30 Ring Toss 3:30 Fun & Puzzles	9:30 Let's Stretch 10:00 Fun with Words 11:00 Ring Toss 11:30 Ambulation 1:45 Coffee Club 2:30 Residents Choice 3:15 Daily Chronicle 5:45 Card Game	9:30 ROM 10:00 Would you Rather... 10:45 11:30 Ambulation 1:30 Friendly Visits 5:45 Axe Throw Game	<b>8:30 Special Breakfast</b> 10:15 Trivia 11:00 Exercise Group 11:30 Ambulation 1:30 Fig Newton History 2:00 Spa Time 3:00 Movie in the lounge 5:45 Horse Derby	9:30 Cross Word Puzzles 10:30 Noodle Soccer 11:00 Ladies Group 1:30 Crafts Club 2:30 Let's Decorate 3:00 Word Search	
9:30 Hymn Sing 10:00 Bingo 11:00 Let's Walk & Talk 1:30 Art & Crafts 2:30 Movie Matinee 3:30 Puzzles		18	19	20	21	22	23	24	25	26	27					
9:30 Martin Luther King Jr. Day		9:30 Martin Luther King Jr. Day Discussion <b>10:30 SDA Church Service</b> 2:00 Young at Heart 3:00 Coloring to Music 5:45 Card Game	9:30 ROM 10:00 Rock and Roll Hall of Fame 10:45 Spa Time 11:30 Ambulation 1:30 Puzzles in the activity room 2:00 Coffee Chat Time 3:00 Horoscopes 1 to 1 5:45 Karaoke Night	<b>10:00 Sing A Long with Judy and Robin on 2 west</b> 1:45 Coffee Club 2:30 Afternoon at the Disco 3:15 Hand Massage 5:45 Noodle Soccer	10:00 Bingo 11:30 Ambulation 1:30 Friendly Visits <b>2:30 Anglican Service in the Chapel</b> 5:45 Horse Derby	9:30 Fun & Fitness 10:00 Word Game 11:00 Name the Tune? 1:30 Baking Social 2:30 Mini Bingo 3:30 Taste Test	10:00 Noodle Soccer 11:00 Concert in the Lounge 1:30 Walk and Talk <b>2:30 Chinese Evangelical Lutheran Church</b> 5:45 Bowling	10:00 Bible Study and Hymns 10:30 Fancy Nails 11:00 Let's Travel Through Australia 1:30 Who is Robbie Burns? 2:00 Yahtzee 3:00 Movie in the Lounge 5:45 Hymn and Sing (80s)	9:30 ROM <b>10:30 SDA Church Service</b> 1:30 Wayne Gretzky B-Day <b>2:30 Music with Kenny</b> 5:45 Crosswords and Puzzles	9:30 Fun & Fitness 10:00 Guess the Logo 11:00 Let's Walk & Talk 1:30 Stories & Memories 2:30 Snake & Ladder 3:00 Noodle Game 3:30 Movie in the Lounge	9:30 Move and Groove 10:00 Bible Study 10:45 Movie in the Lounge 11:30 Ambulation 1:45 Ball Toss <b>2:30 Music from the Heart</b> 5:45 Horse Derby	9:30 ROM 10:00 Baking Social 10:30 Taste Test 11:30 Ambulation 1:30 News and Views 2:00 Birds of Ontario 3:00 I Spy 5:45 Horse Derby	<b>8:30 Special Breakfast</b> 10:15 Trivia 11:00 Jenga 11:30 Ambulation 1:30 Friendly Visits 2:30 Crafts 3:00 Concert in the Lounge 5:45 Movie Night	9:30 Fun & Fitness 10:00 Ring Toss 10:45 Fancy Nails 1:30 Sing Along 2:30 Cafe Treats 3:30 Friendly Visits		