

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div></div><div><h1>January 2026</h1><h2>2 East</h2></div><div></div></div>						
9:30 Hymn Sing 4 10:00 Bingo 11:00 Let's Walk & Talk 1:30 Art & Crafts 2:30 Movie Matinee 3:30 Puzzles 	9:30 Let's Stretch 5 10:30 SDA Church Service 1:30 Things to Ponder 2:00 Board Games 3:00 Movie in the Lounge 3:30 Ball Toss 5:45 Karaoke Night	9:30 Move and Groove 6 10:00 New Years Goals 10:45 Finish the Lyric 11:30 Ambulation 1:30 Friendly Visits 2:30 Elvis is in the Building with Bruce T 5:45 Card Game	9:30 ROM 7 10:00 History of Bank it Day 10:30 Fun with Words 11:30 Ambulation 1:45 Coffee Club 2:30 Opposite Day 3:15 Ring Toss 5:45 Horse Derby	9:30 Calendar's Go Up 1 10:15 Fun Facts/ January 10:30 Fun and Fitness 11:30 Ambulation 1:30 Ball Toss 2:30 Bling into the New Year with Andrew and Louise 	9:30 ROM 2 10:00 Trivia 11:00 Beauty Hour 11:30 Walk and Talk 2:00 Monthly Birthday Jay the One Man Band 3:30 Movie in the lounge 5:45 Horse Derby	9:30 Fun & Fitness 3 10:00 Table Toss 11:00 Discussion Group 1:30 Card Games 2:30 Music Melodies 3:30 
10:00 Bible Study and Hymns 11 10:30 All About Snow Day 11:30 Ambulation 1:30 Coffee Chats in cafe 2:00 Games in the Lounge 3:00 Movie in the Lounge 5:45 Karaoke Night	9:30 Let's Move 12 10:30 SDA Church Service 1:30 Hand Massage 2:00 Dozen Day 2:30 Card Games 3:15 Hot Tea taste test 5:45 Bowling	9:30 Fitness Class 13 10:00 Bowling 11:00 Wonders of Thailand 1:30 UNO 2:30 Ring Toss 3:30 Fun & Puzzles 	9:30 Let's Stretch 14 10:00 Fun with Words 11:00 Ring Toss 11:30 Ambulation 1:45 Coffee Club 2:30 Residents Choice 3:15 Daily Chronicle 5:45 Card Game	9:30 ROM 15 10:00 Would you Rather... 10:45 11:30 Ambulation 1:30 Friendly Visits 5:45 Axe Throw Game	8:30 Special Breakfast 16 10:15 Trivia 11:00 Exercise Group 11:30 Ambulation 1:30 Fig Newton History 2:00 Spa Time 3:00 Movie in the lounge 5:45 Horse Derby	9:30 Cross Word Puzzles 17 10:30 Noodle Soccer 11:00 Ladies Group 1:30 Crafts Club 2:30 Let's Decorate 3:00 Word Search 
9:30 Hymn Sing 18 10:00 Bingo 11:00 Let's Walk & Talk 1:30 Art & Crafts 2:30 Movie Matinee 3:30 Puzzles 	9:30 Martin Luther King Discussion 19 10:30 SDA Church Service 2:00 Young at Heart 3:00 Coloring to Music 5:45 Card Game Martin Luther King Jr. Day	9:30 ROM 20 10:00 Rock and Roll Hall of Fame 10:45 Spa Time 11:30 Ambulation 1:30 Puzzles in the activity room 2:00 Coffee Chat Time 3:00 Horoscopes 1 to 1 5:45 Karaoke Night	10:00 Sing A Long with Judy and Robin on 2 west 21 1:45 Coffee Club 2:30 Afternoon at the Disco 3:15 Hand Massage 5:45 Noodle Soccer	10:00 Bingo 22 11:30 Ambulation 1:30 Friendly Visits 2:30 Anglican Service in the Chapel 5:45 Horse Derby	9:30 Fun & Fitness 23 10:00 Word Game 11:00 Name the Tune? 1:30 Baking Social 2:30 Mini Bingo 3:30 Taste Test 	10:00 Noodle Soccer 24 11:00 Concert in the Lounge 1:30 Walk and Talk 2:30 Chinese Evangelical Lutheran Church 5:45 Bowling
10:00 Bible Study and Hymns 25 10:30 Fancy Nails 11:00 Let's Travel Through Australia 1:30 Who is Robbie Burns? 2:00 Yahtzee 3:00 Movie in the Lounge 5:45 Hymn and Sing (80s)	9:30 ROM 26 10:30 SDA Church Service 1:30 Wayne Gretzky B-Day 2:30 Music with Kenny 5:45 Crosswords and Puzzles	9:30 Fun & Fitness 27 10:00 Guess the Logo 11:00 Let's Walk & Talk 1:30 Stories & Memories 2:30 Snake & Ladder 3:00 Noodle Game 3:30 Movie in the Lounge 	9:30 Move and Groove 28 10:00 Bible Study 10:45 Movie in the Lounge 11:30 Ambulation 1:45 Ball Toss 2:30 Music from the Heart 5:45 Horse Derby	9:30 ROM 29 10:00 Baking Social 10:30 Taste Test 11:30 Ambulation 1:30 News and Views 2:00 Birds of Ontario 3:00 I Spy 5:45 Bingo Night	8:30 Special Breakfast 30 10:15 Trivia 11:00 Jenga 11:30 Ambulation 1:30 Friendly Visits 2:30 Crafts 3:00 Concert in the Lounge 5:45 Movie Night	9:30 Fun & Fitness 31 10:00 Ring Toss 10:45 Fancy Nails 1:30 Sing Along 2:30 Cafe Treats 3:30 Friendly Visits 