

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
3 WEST 	9:30- FITNESS CLASS 1 10:30- CHURCH SERVICE 10:45- DEC CALENDERS 11:15- AMBULATION/R.O.M 1:30- X-MAS TREE SOCIAL 2:00- MUSIC & TREATS 3:00- WINDOW ART CHRISTMAS 4:00- AMBULATION/ PHYSIO 9:30- FROM A - Z GAME 2 10:15- MONTESSORI 10:45- X-MAS DECOR HALLWAY 11:15- AMBULATION/R.O.M 1:15- X-MAS MILKSHAKE 2:00- YOGA w BETTY 2:45- TASTE TEST MILKSHAKE 3:30- AMBULATION/ PHYSIO 5:45- CHRISTMAS TRIVIA 9:30- FITNESS CLASS 3 10:15- DEC DISPLAY CASE 10:45- X-MAS DECOR ORN'MENT 11:15- AMBULATION/R.O.M 1:30- GIFT WRAP CRAFT 2:00- WINTER MOVIE 3:00- AROMA/ MASSAGE 3:30- AMBULATION/ PHYSIO 9:30- JUMBLE FOOD 4 10:15- BIBLE STUDY 10:45- X-MAS DECOR ORN'MENT 11:15- AMBULATION/R.O.M 1:30- HORSE DERBY 2:30- CONVIENANCE STORE 3:00- X-MAS DECOR GARLAND 3:30- AMBULATION/ PHYSIO 9:30- FUN & FITNESS 5 10:00- CHRISTMAS CRAFTS 11:00- LET'S WALK & TALK 1:30- NOODLE SOCCER 2:30- WORD GAME 3:30- CHRISTMAS COLORS 9:30- FITNESS CLASS 6 10:15- HOROSCOPES 10:45- WINTER STORIES 1:30-330 RESIDENT & FAMILY CHRISTMAS POTLUCK PARTY	9:30- HOUR OF POWER 7 9:30- CHRISTMAS-OPLOY 10:45- X-MAS CAROLS 11:15- AMBULATION/R.O.M 1:30- MINI BINGO 2:30- BEAUTY TIME 3:00- GINGERBREAD HOUSE 3:30- AMBULATION/ PHYSIO 9:30- FUN & FITNESS 8 10:30- CHURCH SERVICE 2:00- CHRISTMAS w KENNY 3:30- FRIENDLY VISITS  9:30- FUN & FITNESS 9 10:00- BALL TOSS 10:30- WORD GAME 11:00- LET'S WALK & TALK 1:30- TRIVIA 2:30- NAME THE TUNE? 3:30- MOVIE MATINEE 9:30- FITNESS CLASS 10 10:15- COMEDY SHOW 10:45- SNOOZLEYN ROOM 11:15- AMBULATION/R.O.M 1:30- CINNAMON APPLESAUCE X-MAS ORNAMENTS 2:30- CHRISTMAS MUSIC 3:30- AMBULATION/ PHYSIO 6:00- XMAS LIGHT BUS TOUR 9:30- JUMBLE WINTER 11 10:15- HYMN & STORIES 10:45- FUN & FITNESS 11:15- AMBULATION/R.O.M 1:30- HORSE DERBY 2:30- CONVIENANCE STORE 3:00- AROMA/ MASSAGE 3:30- AMBULATION/ PHYSIO 6:00- XMAS LIGHTS SOCIAL 8:30 SPECIAL BREAKFAST 12 10:15- NOODLE SOCCER 11:00- X-MAS STORIES 11:15- AMBULATION/R.O.M 1:15- TRAVEL HOT CHOC. 2:00- BELL CHOIR CONCERT 2:00- HOLIDAY MATINEE 3:30- AMBULATION/ PHYSIO  2:00- SOUTHLAKE PRAISE OF WORSHIP 	2:00- HOPE WORLDWIDE NEWMARKET CHRISTMAS CAROLING  9:30- FITNESS CLASS 15 10:00- PUZZLES 10:30- CHURCH SERVICE 11:15- AMBULATION/R.O.M 1:15- BEAUTY TIME 2:00- HOLIDAY MATINEE 2:30- MUSIC w BILL 3:45- AMBULATION/ PHYSIO 5:45- BINGO 9:30- CREATE A WORD GAME 6 10:15- MONTESSORI 10:45- TWIST & TURN 11:15- AMBULATION/R.O.M 1:15- X-MAS MILKSHAKE 2:00- YOGA w BETTY 2:45- TASTE TEST MILKSHAKE 3:30- AMBULATION/ PHYSIO 9:30- FITNESS CLASS 17 10:15- COMEDY SHOW 10:45- SNOOZLEYN ROOM 11:15- AMBULATION/R.O.M 1:15- MINI BINGO 2:00- HOLIDAY MATINEE 2:30- CHRISTMAS w ALICIA 3:45- AMBULATION/ PHYSIO 9:30- JUMBLE CHRISTMAS 18 10:15- BIBLE STUDY 10:45- R.O.M EXERCISES 11:15- AMBULATION/R.O.M 1:15- CONVIENANCE STORE 2:00- RESIDENTS COUNCIL 2:30- FOOD COMMITTEE. 3:30- AMBULATION/ PHYSIO 9:30- FUN & FITNESS 19 10:00- BOWLING 11:00- LET'S WALK & TALK 1:30- COLORING TO MUSIC 2:30- PUZZLES 3:30- FANCY NAILS 9:30- FITNESS CLASS 20 10:15- HOROSCOPES 10:45- PAINTER COVE STOCK'N 11:15- AMBULATION/R.O.M 1:30- MASH STUFF'N GRAVY 2:00- CHRISTMAS SOCIAL 2:15- TASTE TEST MASH STUFF'N 3:30- AMBULATION/ PHYSIO	9:30- HOUR OF POWER 21 9:30- CHRISTMAS-OPLOY 10:45- X-MAS CAROLS 11:15- AMBULATION/R.O.M 1:15- BEAUTY TIME 2:00- YOUNG A HEART ART 3:30- STOCKING HUNT 4:00- AMBULATION/ PHYSIO 9:30- FITNESS CLASS 22 10:30- CHURCH SERVICE 10:45- X-MAS STORIES 11:15- AMBULATION/R.O.M 1:30- X-MAS CAROLING 1:30- AFTERNOON MOVIE 3:00- TRAVEL HOT CHOC. 3:30- AMBULATION/ PHYSIO 9:30- FUN & FITNESS 23 10:00- WORLD TRADITIONS 11:00- LET'S WALK & TALK 1:30- MAKING CHRISTMAS ORNAMENTS 2:30- CHRISTMAS TUNES 3:30- READING STORIES 9:30- FITNESS CLASS 24 10:15- COMEDY SHOW 10:45- SNOOZLEYN ROOM 11:15- AMBULATION/R.O.M 1:30 BAKING PUMPKIN TART 2:00- CHRISTMAS TRIVIA 2:30- TASTE TEST TARTS 3:30- AMBULATION/ PHYSIO AM- CHRISTMAS GIFT GIVING 25 1:30- BINGO 2:30- HOLIDAY 3:30- BALL TOSS Merry Christmas BE THE SUNSHINE IN 26 SOMEONE'S RAINY DAY!  KINDNESS IS LIKE SNOW, 27 IT BEAUTIFIES EVERYTHING IT COVERS. 	A JOURNEY OF 1000 MILES 28 STARTS WITH ONE STEP!!  9:30- FUN & FITNESS 29 10:30- CHURCH SERVICE 1:30- BEACH BALL KICK 2:30- FUN & GAMES 3:30- MOVIE MATINEE 5:45- GUESS THE SONG 9:30- PRICE IS RIGHT GAME 30 10:15- MONTESSORI 10:45- TWIST & TURN 11:15- AMBULATION/R.O.M 1:30- BOWLING 2:30- LAUGH & GIGGLES 3:00- BEAUTY TIME 3:30- AMBULATION/ PHYSIO 9:30- FITNESS CLASS 31 10:15- COMEDY SHOW 10:45- SNOOZLEYN ROOM 11:15- AMBULATION/R.O.M 1:30- MINI BINGO 2:30- R.O.M EXERCISES 3:00- AROMA/ MASSAGE 3:30- AMBULATION/ PHYSIO <td colspan="2"> December 2025 FLOWER: HOLLY SPIRIT: THE DEER ANIMAL: THE ARCTIC FOX COLOUR: GREEN & RED STONE: TURQUOISE ZODIAC: SAGITTARIUS- DEC 1-21 ZODIAC: CAPRICORN- DEC 22-31  </td>	December 2025 FLOWER: HOLLY SPIRIT: THE DEER ANIMAL: THE ARCTIC FOX COLOUR: GREEN & RED STONE: TURQUOISE ZODIAC: SAGITTARIUS- DEC 1-21 ZODIAC: CAPRICORN- DEC 22-31 	
LIFE ENRICHMENT 3 WEST: STEVE FLOAT: ALEXIS		DEC 2- HANUKKAH	DEC 21- WINTER	DEC 25- CHRISTMAS	DEC 26- BOXING DAY	DEC 31- NEW YEAR'S EVE	BELL CHOIR FRI'S 2:30PM