

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
  November 2025						
10:00 Bible Study 10:45 Fancy Nails 11:30 Walk and Talk 1:30 Fall Back Day 2:00 Board Game 3:00 Massage 5:45 Card Game Daylight Saving Time Ends	9:30 News and Views 10:30 SDA Church 1:30 Let's talk Blue Jay's 2:00 Cafe For Drinks 3:00 Daily Chronicle	9:30 Fun & Fitness 10:00 Trivia 11:00 Puzzles 1:30 Word Game 2:30 November Crafts 3:30 Let's Decorate!	9:30 Gentle Stretching 10:00 Remembrance Day Crafts 10:45 Full Moon Day 11:30 Ambulation 2:30 Music with Bill 5:45 Karaoke Night	10:00 Bus Trip Wal Mart Trip 2:30 Beauty Hour 3:00 Concert in the Lounge 5:45 Horse Derby	8:30 Special Breakfast 10:15 Trivia 10:45 Christmas Cards for Soldiers 1:30 Friendly Visits 2:00 Beauty Hour 3:00 Movie in the Lounge	9:30 Calendar's Go Up 10:00 All About November 10:30 Fun with Words 11:30 Ambulation 1:30 Colouring to Music 2:00 Things to Ponder 3:00 Cultural Board 5:45 Horse Derby
9:30 Hymn Sing 10:00 Bingo 11:00 Musical Us 1:30 Board Game 2:30 Movie Matinee 3:30 Friendly Visits	9:30 Let's Move 10:30 SDA Church 2:30 Monthly Birthday Party with Jay the One Man Band	10:30 Remembrance Day Service in the Auditorium 2:00 Yoga with Betty <i>Remembrance Day</i>	10:00 Judy and Robin 2:00 Resident Council meeting on 5th floor 3:15 Horoscopes 1 to 1 5:45 Horse Derby	9:30 ROM 10:00 Bingo 12:00 Swiss Chalet Lunch 2:00 Christmas Cards for Soldiers Part 2 3:00 World Kindness Day	9:30 Fun & Fitness 10:00 Bowling 11:00 Let's Walk & Talk 1:30 Musical Melodies 2:30 Noodle Soccer 3:30 Friendly Visits	9:30 ROM 10:00 Ball Toss 10:45 Music Time 11:30 Ambulation 2:00 Young at Heart 3:00 Cider Drinks or Hot chocolate
10:00 Bible Study 10:45 Spa Day 11:30 Ambulation 1:30 Board Games 2:15 Coffee and Trivia 3:00 Daily Chronicles	9:30 News and Views 10:30 SDA Church 2:30 Old Time Memories with Rosita	9:30 Fun & Fitness 10:00 Trivia 11:00 Ball Toss 1:30 Card Games 2:30 Fancy Nails 3:30 Friendly Visits	9:30 ROM 10:00 Santa Clause Parade 10:45 Fun with Words 11:30 Ambulation 2:00 Giant Game of Volleyball	9:45 Noodle Soccer 11:00 News and Views 1:30 Convenience Shop 2:00 Drinks in the Cafe 3:00 Daily Chronicles 5:45 Axe Throw Game	8:30 Special Breakfast 10:15 Trivia 11:00 Reminiscing 11:30 Ambulation 1:30 Board Games 2:00 Coffee and Chats 3:00 Movie in the lounge	9:30 Fun & Fitness 10:00 Horse Derby 11:00 Reading Stories 1:30 Red Light Green Light 2:30 Millionaire 3:30 Friendly Visits
9:30 Hymn Sing 10:00 Bingo 11:00 Musical Us 1:30 Crazy Eight's 2:30 Movie Matinee 3:30 Friendly Visits	9:30 ROM 11:00 Bus Trip To Upper Canada Mall 3:00 Daily Chronicles	9:30 ROM 10:00 Crafts for Christmas 10:45 Finish the Sentence 11:30 Ambulation 2:00 Yoga with Betty	9:30 Things to Ponder 10:00 Who is Bing Cosby? 10:45 Gifts for Kids 11:30 Ambulation 2:00 Christmas Workshop 5:45 Basketball Throw	10:00 Bingo 11:30 ROM 1:30 Putting up Christmas Tree & Decorating 2:15 Christmas Music and Coffee 3:00 Jokes and Riddles	9:30 Fun & Fitness 10:00 Ring Toss 11:00 Axe Throw 1:30 Daily Chronicles 2:30 Mini Bingo 3:30 1:1 Visits	9:30 ROM 10:00 Beauty Hour 11:00 Friendly Visits 2:00 Christmas Party for 2 East on the Unit with Doug
10:00 Bible Study 10:45 Massage 1 to 1 11:30 Ambulation 1:30 Friendly Visits 2:00 Board Games 3:00 Movie in the lounge	 2 East 					