Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4East	9:30- Calanders up 10:30-SDA Church 11:00- Movie Time 2:30 Music with Robert	9:45- Morning Stretch 10:15- Bowling 11:00- TV Show (residents' choice) 2:00 Yoga with Betty	9:45- Noodle Soccer 10:15- Words search 11:00- 1:1 Visits 2:00 Back to School Sports Day	4	9:45- Exercise Time 10:15- Bowling Rolling 11:00- Musical Beats 2:00 Back to School Sports Day	9:45- Spiritual Morning 10:15- Ball Kicks 11:00- Words and us 1:45- Baking Cookies 2:30- Taste Test
9:45- Chruch on TV 10:30- Relaxing hour 11:00- 1:1 Visits 1:45- Movie in the Auditorium	10:30 SDA Church 11:00- Documentary 1:45- Arts and crafts 2:30- Let's Decor	9:45- Noodle Stretch 10:15- Words Games 11:00- Coloring to Music 2:30 Ukulele Band Sing a Long		2:00 Terry Fox Walk in Courtyard 2:00 Canadian Music with Kent in Courtyard	8:30 SPECIAL BREAKFAST 4E 3E 2E 10:30- Exercise Time 11:00- Musical Beats 1:45- Nails Care 2:30- Hand Massages	13
9:45- Church on TV 10:15 - Balcony visits & Storytime 11:00 - Basketball toss 1:45- Handball 2:15 - Uno 3:15 - Jenga	0.45 Marriag Chrotol	9:45- Movements Matters 10:15- Historical Insight 11:00- 1:1 Walking Group 2:00 Yoga with Betty	9:45- Noodle Stretch 10:15- Bowling 11:00- Correct or Hanged	Bus Trip Aurora Walmart 11:00 to 2:00	9:45- Daily Chronical 10:15- Group Ball Toss 11:00- Chicken Dance 2:00 Back to School Sports Day	9:45- Spiritual Morning 10:15- Ball Kicks 11:00- Musical Steps 2:00 YOUNG AT HEART Oktoberfest
9:30- Hour of Power 10:00- All about Oktoberfest 11:00- Balcony Visit 1:45- Piccolo Pranzo 2:15- Trivia 3:00- Taste Test	9:45 One to One with Ball 10:30 SDA Church 2:00 Judy and Robin 2:30 Monthly Birthday Party with Bill Rosh Hashanah Begins	9:45- Walking Group 10:15- Coloring Time 11:00- Guess Who I am 1:45- Courtyard Visit 2:30- Ice-Cream Floats	2:00 Back to School Sports Day	9:30- Musical Time 10:00- Italian Dessert 11:00- Reminiscing 1:45- Taste Testing 2:30- Funny Facts	8:30 SPECIAL BREAKFAST 4E 3E 2E 10:30- Stretch Time 11:00- Coloring to Music 1:45- Nails Care 2:30- Hand Massages	2:30 Southlake Praise Church Service in Auditorium
28	9:45- Musical Steps 10:30 SDA Church 11:00- Documentary 2:00 YOGA WITH BETTY 3:30- Nachos Social	9:45- Noodle Soccer 10:30- Words on Board 11:00- 1:1 visit 2:30 Country Kenny Sing A Long		V	Septe	ember