

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MONTHLY FEATURES: SPIRIT ANIMAL: GREY WOLF ANIMAL: ROOSTER COLOUR: SAPPHIRE/ BLUE STONE: SAPPHIRE FLOWER: MORNING GLORY ZODIAC: VIRGO (SEPT 1-22) ZODIAC: LIBRA (SEPT 23-30)	9:30- FITNESS CLASS 1 10:15- BEAUTY TIME 1-1 10:30- SEPT CALENDARS 1-1 11:15- AMBULATION/R.O.M 1:15- WORD GAMES 1-1 2:00- AFTERNOON MATINEE 2:30- MUSIC w ROBERT 3:45- AMBULATION/ PHYSIO	9:30- FUN & FITNESS 2 10:00- NOODLE SOCCER 11:00- LET'S WALK & TALK 1:30- WORDS & PUZZLES 2:30- PAINTERS COVE 3:30- READING STORIES	9:30- FITNESS CLASS 3 10:15- SEPT DISPLAY CASE 10:45- SNOOZELYN ROOM 11:15- AMBULATION/R.O.M 1:15- LAUGH & GIGGLES 1-1 2:00- AFTERNOON MATINEE 2:00- BACK TO SCHOOL SPORTS DAYS 3:30- AMBULATION/ PHYSIO	9:30- JUMBLE BACK 2 SCHOOL 4 10:15- BIBLE STUDY 1-1 10:45- R.O.M EXERCISES 11:15- AMBULATION/R.O.M 1:30- HORSE DERBY 2:30- CONVENIENCE STORE 3:00- AROMA/ MASSAGE 1-1 3:30- AMBULATION/ PHYSIO	8:30- SPECIAL BREAKFAST 5 10:15- NOODLE SOCCER 11:00- SCHOOL STORIES 1-1 11:15- AMBULATION/R.O.M 1:15- TRAVEL CART 1-1 2:00- AFTERNOON MATINEE 2:00- BACK TO SCHOOL SPORTS DAYS 3:15- AMBULATION/ PHYSIO	9:30- BINGO 6 10:15- WORD GAMES 11:00- KARAOKE 1:30- CARD GAMES 2:30- BALCONY CHATS 3:30- COLOURING TO MUSIC
9:30- AXE THROWING 7 10:15- TRIVIA 11:00- ANDRE RIEU 1:30- COURTYARD GAMES 2:30- HORSE DERBY 3:30 - BOARD GAMES	9:30- FITNESS CLASS 8 10:30- CHURCH SERVICE 10:45- SNOOZELYN ROOM 11:15- AMBULATION/R.O.M 1:15- MAKING SLUSHIES 2:00- YOGA w BETTY 2:45- TASTE TEST SUSHIES 3:30- AMBULATION/ PHYSIO	9:30- CREATE A WORD GAME 9 10:15- MONTESSORI 1-1 10:45- TWIST & TURN 11:15- AMBULATION/R.O.M 1:15- AROMA/ MASSAGE 1-1 2:00- AFTERNOON MATINEE 2:30- UKULELE w ROBERT 3:45- AMBULATION/ PHYSIO	9:30- FITNESS CLASS 10 10:00- COMEDY SHOW 11:30- AMBULATION/R.O.M 1:30- MAKING APPLE SAUCE 2:00- APPLE TRIVIA SOCIAL 2:30- TASTE TEST APPLE SAUCE 3:30- AMBULATION/ PHYSIO	9:30- JUMBLE CAMPING 11 10:15- HYMN & STORIES 1-1 10:45- FUN & FITNESS 11:15- AMBULATION/R.O.M 1:15- CONVENIENCE STORE 2:00- AFTERNOON MOVIE 2:00 TERRY FOX WALK COURT 3:30- AMBULATION/ PHYSIO	9:30- FUN & FITNESS 12 10:00- BINGO 11:00- LET'S WALK & TALK 1:30- CARD GAMES 2:30- MUSICAL MELODIES 3:30- BEAUTY TIME 1-1	9:30- FITNESS CLASS 13 10:15- HOROSCOPES 1-1 10:45- SNOOZELYN ROOM 11:15- AMBULATION/R.O.M 1:15- MINI BINGO 2:00- YOUNG A HEART -ART 3:15- TRAVEL CART 1-1 3:45- AMBULATION/ PHYSIO
9:30- HOUR OF POWER 14 9:45- PAINTER'S COVE TREE 10:45- HYMN & STORIES 1-1 11:15- AMBULATION/R.O.M 1:30- BOARD GAME MONOPOLY 1:30- AFTERNOON MATINEE 2:45- AXE THROW GAME 1-1 3:30- AMBULATION/ PHYSIO	9:30- FITNESS CLASS 15 10:00- BEAUTY TIME 1-1 10:30- CHURCH SERVICE 11:15- AMBULATION/R.O.M 1:30- BAKING APPLE CRISP 2:30- FALL TRIVIA SOCIAL 2:30- TASTE TEST APPLE CRISP 3:30- AMBULATION/ PHYSIO	9:30- FUN & FITNESS 16 10:00- TRIVIA 11:00- BALCONY VISITS 1:30- BOARD GAMES 2:30- BEAN BAG TOSS 3:30- STORIES & MEMORIES	9:30- FITNESS CLASS 17 10:15- PUZZLES 1-1 10:45- SNOOZELYN ROOM 11:15- AMBULATION/R.O.M 1:15- CONVENIENCE STORE 2:00- AFTERNOON MATINEE 2:30- BROADWAY w PATRICIA 3:45- AMBULATION/ PHYSIO	9:30- JUMBLE AUTUMN 18 10:15- BIBLE STUDY 1-1 11:00- WALMART SHOPPING BUS TRIP AURORA 3:00- WORD GAMES ROSH HA 3:30- AMBULATION/ PHYSIO	8:30 SPECIAL BREAKFAST 19 10:15- NOODLE SOCCER 11:00- AUTUMN STORIES 1-1 11:15- AMBULATION/R.O.M 1:15- OKTOBERFEST TRIVIA 2:00- AFTERNOON MATINEE 2:00- BACK TO SCHOOL SPORTS DAYS 3:15- AMBULATION/ PHYSIO	9:30- BINGO 20 10:15- BALL TOSS 11:00- TRIVIA 1:30- WORD GAMES 2:30- BALCONY CHATS 3:30- PUZZLES
9:30- BEAN BAG TOSS 21 10:15- KARAOKE 11:00- CHARADES 1:30- COURTYARD VISITS 2:30- BOWLING 3:30 - LETS COLOUR IT!	9:30- FITNESS CLASS 22 10:00- BEAUTY TIME 1-1 10:30- CHURCH SERVICE 11:15- AMBULATION/R.O.M 1:15- CARD GAME 1-1 2:00- AFTERNOON MATINEE 2:30- BIRTHDAY w BILL 3:45- AMBULATION/ PHYSIO	9:30- FROM A - Z GAME 23 10:15- MONTESSORI 1-1 10:45- TWIST & TURN 11:15- AMBULATION/R.O.M 1:15- MAKING SLUSHIES 2:00- YOGA w BETTY 2:45- TASTE TEST SUSHIES 3:30- AMBULATION/ PHYSIO	9:30- FITNESS CLASS 24 10:15- COMEDY SHOW 10:45- SNOOZELYN ROOM 11:15- AMBULATION/R.O.M 1:15- JOKES & RIDDLES 1-1 2:00- AFTERNOON MATINEE 2:00- BACK TO SCHOOL SPORTS DAYS 3:30- AMBULATION/ PHYSIO	9:30- PRICE IS RIGHT GAME 25 10:15- HYMN & STORIES 1-1 10:45- FUN & FITNESS 11:15- AMBULATION/R.O.M 1:30- HORSE DERBY 2:30- CONVENIENCE STORE 3:00- AROMA/ MASSAGE 1-1 3:30- AMBULATION/ PHYSIO	9:30- FUN & FITNESS 26 10:00- AXE THROW 10:30- WORD GAME 1:30- COLORING TO MUSIC 2:30- THROW & STICK 3:00- BALL TOSS 3:30- READING STORIES 1-1	9:30- FITNESS CLASS 27 10:15- HOROSCOPES 1-1 10:45- SNOOZELYN ROOM 11:15- AMBULATION/R.O.M 1:15- MINI BINGO 2:00- MUSICAL MELODIES 2:30- SOUTHLAKE PRAISE CHURCH SERVICE 3:45- AMBULATION/ PHYSIO
9:30- HOUR OF POWER 28 9:45- PAINTER'S COVE LEAVES 10:30- HYMN & STORIES 1-1 12:00- SWISS CHALET LUNCH 2:00- BOARD GAME MONOPOLY 2:00- AFTERNOON MATINEE 3:15- AXE THROW GAME 1-1 3:45- AMBULATION/ PHYSIO	9:30- FITNESS CLASS 29 10:30- CHURCH SERVICE 10:45- SNOOZELYN ROOM 11:15- AMBULATION/R.O.M 1:30- MAKING CORN SALAD 2:00- CORN TRIVIA SOCIAL 2:30- TASTE TEST CORN SALAD 3:30- AMBULATION/ PHYSIO	30 	September 2025 3 WEST			