Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3-EAST HELLO September 2025	10:00 CALENDARS 1:1 11:15 CULTURAL BOARD 2:30 MUSIC WITH	9:30 NOODLE FIT 2 10:15 NAME THAT TUNE 11:00 SNOOZELEN ROOM 1:45 ANIMAL BINGO 2:30 FLUFF AND FOLD 3:30 HAND MASSAGES	9:30 ZUMBA CLASS 3 10:15 KARAOKE 11:00 TRIVIA 1:1 2:00 BACK TO SCHOOL SPORTS DAY 3:30 BEAUTY HOUR	MUSICAL AND MOVIES IN THE LOUNGE	9:30 CHAIR YOGA 5 10:15 KARAOKE 11:00 AMBULATION 1:1 2:00 BACK TO SCHOOL SPORTS DAY 3:30 ICE CREAM SOCIAL	9:30 HORSE DERBY 10:15 TRIVIA 1:1 11:00 COLOURING WITH MUSIC 1:45 CUPCAKES AND SLUSH 2:30 TASTE TEST AND TRIVIA GRANDPARENTS DAY 3:30 AROMATHERAPY
9:30 BOWLING 7 10:15 HOUR POWER 11:00 SNOOZELEN ROOM 1:45 MOVIE SOCIAL IN THE AUDITORIUM 3:30 PUZZLES 1:1 5:45 AXE THROW Grandparents Day	IZ.UU TUGA WITH BETT	9:30 NOODLE FIT 9 10:15 WHO AM I 11:00 SNOOZELEN ROOM 2:30 UKULELE BAND SING ALONG 3:30 1:1 VISITS	MUSICAL AND MOVIES IN THE LOUNGE	9:30 MORNING 11 GRATITUDE 10:15 OLDIES BUT GOODIES 11:00 BINGO 2:00 TERRY FOX WALK 2:00 CANADIAN MUSIC WITH KENT	8:30 SPECIAL BREAKFAST 10:15 OCTABAND 11:00 GIANT JENGA!! 1:45 FANCY NAILS 2:30 SHORT STORIES 3:30 I LOVE LUCY SHOW	9:30 BALL TOSS 13 10:15 WORD GAMES 11:00 KARAOKE 2:00 YOUNG AT HEART 3:30 SNOOZLYN
9:30 ZUMBA 14 10:15 BALCONY CHATS 11:00 CRAZY EIGHTS 1:45 HORSE DERBY 2:30 COLOURING TO MUSIC 3:30 1-1 VISITS	9:30 BIG BIG BALL 10:30 SDA CHURCH SERVICE 11:15 TRIVIA SOCIAL 2:00 SING-ALONG WITH JUDY AND ROBIN 3:30 WHEEL OF FORTUNE	9:30 NOODLE FIT 16 10:15 WHERE AM I 11:00 SNOOZELEN ROOM 1:45 MEGA BINGO 2:30 NETFLIX AND POPCORNS 3:30 HELPING HANDS	9:30 ZUMBA CLASS 17 10:15 SING-ALONG 11:00 CRAZY EIGHTS 2:30 BROADWAY SHOW WITH PATRICIA 3:30 1:1 VISITS	11:00- 2:00 BUS TRIP AT AURORA WALMART	9:30 SEATED STRETCH 19 10:15 SING-ALONG 11:00 AMBULATION 1:1 2:00 BACK TO SCHOOL SPORTS DAY 3:30 I SCREAM FOR ICE CREAM	9:30 HORSE DERBY 10:15 MONTESSORI 11:00 PAINTING WITH MUSIC 1:45 PANCAKES 2:30 TASTE TEST 3:30 SENSORY SCAPES Oktoberfest Begins
9:30 BOWLING 21 10:15 HOUR POWER 11:00 SNOOZELEN ROOM 1:45 WORD GAMES AUTUMN 2:30 COURTYARD VISITS 3:30 JENGA 1:1 5:45 HORSE DERBY	9:30 BALL EXERCISE 10:30 SDA CHURCH SERVICE 11:15 AUTUMN DECORATIONS 2:30 MONTHLY BIRTHDAY PARTY WITH BILL Autumn Begins	9:30 NOODLE FIT 23 10:15 WHAT AM I 11:00 SNOOZELEN ROOM 2:00 YOGA WITH BETTY 3:30 FLUFF AND FOLD	24 2:00 BACK TO SCHOOL SPORTS DAY	9:30 MORNING SING AND DANCE 10:15 ARTS AND CRAFTS 11:00 SENSORY POUCHES 1:45 PARACHUTE 2:30 ABC, EASY AS 1-2-3 3:30 1:1 VISITS	8:30 SPECIAL BREAKFAST; 10:15 FUN AND GAMES 11:00 CHARADES 1:45 FANCY NAILS 2:30 BIBLE STUDIES 3:30 PRIME TIME	27 2:00 SOUTHLAKE PRAISE CHURCH SERVICE IN THE AUDITORIUM
MUSICAL AND MOVIES IN THE LOUNGE	9:30 BALL RELAY 29 10:30 SDA CHURCH SERVICE 11:15 BINGO 2:00 YOGA WITH BETTY 3:30 COURTYARD GAMES F: FT - ARIANNE PT - VA	9:30 NOODLE FIT 10:15 FINISH THE PHRASE 11:00 SNOOZELEN ROOM 2:30 COUNTRY KENNY SING-ALONG 3:30 PRICE IS RIGHT		CONVENIENCE	STORE EVERY WEDNESDAYY AND T	THURSDAY 1 P.M. TO 3 P.M. (CAFE)

LIFE ENRICHMENT STAFF : FT - ARIANNE PT - VALERIA EVENING - KAI