

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>2 East</div> 	9:30 One To One With Calendars 1 9:30 Travelogue 10:30 Fun & Fitness 11:00 Let's Walk & Talk 2:30 Music with Robert  Labour Day	9:30 ROM 2 10:00 Fun with Words 10:30 All about September 11:30 Walk and Talk 2:00 Yoga with Betty 3:00 Hand Massage	9:30 Ring Toss 3 10:45 Fun with Words 11:30 Ambulation 2:00 Back to School Sports Day	10:00 Bingo 4 11:30 Walk and Talk 1:30 Balcony Visits 2:15 Reminiscing of School Days 3:00 Our Daily Bread 1 to 1	9:30 Fun & Fitness 5 10:00 Noodle Soccer 11:00 Let's Walk & Talk 1:30 Board Games 2:00 Back to School Sports Day	10:00 Fancy Nails 6 10:45 Ring Toss 11:30 Let's Walk 1:30 Balcony Visits 2:15 Chats with Coffee 3:00 Jokes 1 to 1
10:00 Bible Study and Hymns 7 10:45 Who is Buddy Holly? 11:30 Ambulation 1:45 Colouring to Music 2:15 Board Games 3:00 Celebrating Grandparents  Grandparents Day	9:30 Noodle Soccer 8 10:30 SDA church Service 1:30 Friendly Visits 2:15 What is Corn Moon? 2:30 Things to Ponder... 3:00 Ball Toss	9:30 Fun & Fitness 9 10:00 Bingo 11:00 Let's Walk & Talk 1:30 Balcony visits 2:30 Ukulele Band sing a long	10:00 Sing a long with Judy and Robin 10 1:30 Our Daily Bread 2:15 Fall Crafts 3:00 Let's Stretch	9:30 Bend and Stretch 11 10:30 Travelogue 2:00 Terry Fox walk in the courtyard 2:00 Canadian Music with Kent in the courtyard	8:30 Special Breakfast 12 10:15 Trivia 11:00 Hersey's B - Day 1:30 Yahtzee 2:15 Coffee and Chats 3:00 Movie in the Lounge	9:30 Fun & Fitness 13 10:00 Word Game 10:30 Ping Pong 11:00 Daily Chronicles 2:00 Young at Heart 3:30 Comedy Hour
9:30 Hymn Sing 14 10:00 Bingo 11:00 Ambulation 1:30 Balcony visits 2:30 Movie Matinee 3:30 Reading Stories	Residents Council Week 15 9:30 Move And Groove 10:30 SDA Church Service 1:30 Spa Time 2:15 Music and Coffee 3:00 Daily Chronicles	9:30 Let's Stretch 16 10:00 Ring Toss 11:00 Let's Sing 2:00 Yoga with Betty 3:00 Daily Chronicle	9:30 ROM 17 10:00 News and Views 10:45 Things to Ponder 11:30 Ambulation 2:30 Broadway Show with Patricia	Wal Mart Trip 10am till 1pm 18 2:00 Trivia and Coffee 3:00 Let's Move with Music	9:30 Fun & Fitness 19 10:00 Bowling 10:30 Plinko 1:30 Card Games (UNO) 2:00 Back to School Sports Day 3:30 Friendly Visits	9:45 Noodle Soccer 20 10:30 History of Oktoberfest 11:15 Ambulation 1:30 Balcony Visits 2:00 Yahtzee 3:00 Music in the Lounge 
10:00 Bible Study and Hymns 21 10:45 Beauty Hour 11:30 Ambulation 1:30 Balcony Visits with I Spy 2:15 Fall Crafts in the activity room	9:30 Travel Through Israel 22 10:30 SDA Church Service 2:30 Birthday Party with Bill 	9:30 Fun & Fitness 23 10:00 Crossword Puzzles 11:00 Art & Crafts 1:30 Courtyard Visits 2:00 Crazy Eights 3:00 Wonders of Netherlands 3:30 Friendly Visits	9:30 ROM 24 10:00 Fun with words 11:00 Concert in the Lounge 2:00 Back to School Sports Day	9:45 One Hit Wonders 25 10:30 Fall Social 11:30 Walk and Talk 1:30 Hand Massage 1 to 1 2:15 Yahtzee	8:30 Special Breakfast 26 10:15 Trivia 11:00 Games in the Lounge 1:30 Balcony Visits 2:15 Coffee and Chats 3:00 Movie in the Lounge	9:30 Fun & Fitness 27 10:00 Axe Throw 11:00 Walk & Talk 1:30 Ice-cream Social 2:30 Southlake Praise Church Service in the auditorium
9:30 Hymn Sing 28 10:00 Bingo 11:00 Ambulation 1:30 Balcony visits 2:30 Movie Matinee 3:30 Ladies Group	9:30 Noodle Soccer 29 10:30 SDA Church Service 1:30 Massage 1 to 1 2:00 Yoga with Betty 3:00 Daily Chronicles	9:30 Let's Stretch 30 10:00 Fun with Words 10:30 Spa Time 11:15 Ambulation 2:30 Music with Country Kenny	<div>September 2025</div> 			