

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 2025						
9:45- Morning stretch 10:15- Hand ball 11:00- Balcony time 1:45 - Bingo 2:45 - Bowling 3:30 - 1:1 visit 	9:45- Noodle Soccer 10:15- Words Search 11:00- Walking Group 1:45- Coloring to Music 2:45- Cards Game 3:30- 1:1 Visits	9:45- Musical 15min 10:15- Ping Pong Challenge 11:00- Plants Visits 2:00 YOGA WITH BETTY 2E 4E 5TH	9:45- Meditative Time 10:15- Alphabet Game 11:00- Balcony Visits 2:30 MUSIC WITH BILL	9:45 - Noodle soccer 10:15 - Basketball toss 11:00 - Hangman 1:45 - Go fish 2:30 HAWAIIAN SOCIAL WITH FILIPA 3:15 - Convenience store visit	8:30- SPECIAL BREAKFAST 4E 3E 2E 10:45- Gentle Stretch 11:00- Words on Board 1:45- Nails Care 2:30- Hand Massages	9:45 - Fitness class 10:15 - Word games 11:00 - Courtyard visit 1:45 - Bean bag toss 2:30 50 AND 60 HOUR WITH BEN IN THE COURTYARD 
9:45- Chruch on T.V. 10:15- Beach Ball Kick 11:00- I Love Lucy 1:45- Piccolo Pranzo 2:45- Trivia time 3:30- Taste Test	90:45- Morning Exercise 10:30 SDA CHURCH 1:45- Arts and Crafts 2:45- Let's Decor 3:30- Balcony Visit	9:45- Meditative Morning 10:15- Axe Game 11:00- Ball toss 1:45- Courtyard Visit G1 2:45- Courtyard Visit G2 3:30- Snacky Time	9:45 - Fitness class 10:15 - Bean bag toss 11:00 - Courtyard visit 1:45 - Bingo 2:45- Convenience store visit 3:30 - 1:1 visits with popsicles 	9:45- Let's Stretch and Move 10:15- Words and Coloring Time 1:45- Courtyard Visit G1 2:45- Courtyard Visit G2	8:30- SPECIAL BREAKFAST 4E 3E 2E 10:45- Gentle Stretch 11:00- Words on Board 1:45- Nails Care 2:30- Hand Massages	9:15 - 1:1 Visits Bus trip To Farmers Market Riverwalk Of Commons 10:00 to 12:30 5w 4e 4w 1:15 - Painting with Music 2:30 - Bingo 3:30 - Bean bag toss
9:45 - Fitness class 10:15 - Noodle soccer 11:00 - Word games 1:45 - Baking 2:45 - Laughs and giggles 3:30 - Balcony time 	10:30 SDA CHURCH 2:30 MONTHLY BIRTHDAY PARTY WITH DAVIS	9:45- Musical Steps 10:15- Ping Pong Challenge 11:00- 1:1 Visit 2:00- YOGA WITH BETTY 2E 4E 5TH	12:00 BBQ 4E 2:00 YOUNG AT HEART ART PARTY IN THE COURTYARD 2E 4E 3E	9:45 - Fitness Class 10:15 - Card games 11:00 - Word games 1:30 - Table tennis 2:30 Memorial Service 3:30 - 1:1 Visits 	9:45- Bowling Time 10:30- Seat and Chat 1:45- Courtyard Visit G1 2:45- Courtyard Visit G2 3:30- Slushi Time	9:45- Spiritual Time 10:15- Table Bal Roll 11:00- Balcony Visit 1:45- Ice- cream making 2:45- Trivia Time 3:30- Taste Test
9:45- Chruch on T.V. 10:15- Beach Ball Kick 11:00- I Love Lucy 1:45- Social Hour with 4west 2:45- Move and Pop-Corn	9:45- Stretch Time 10:15- Bowling 11:00- Words and us 1:45- Courtyard Visit G1 2:45- Courtyard Visit G2 3:30- Musical us	9:45- Noodle Soccer 10:15- Words Search 11:00- Walking Group 1:45- Coloring to Music 2:45- Cards Game 3:30- 1:1 Visits	9:45 - Morning Stretch 10:15 - Crazy 8's 11:00 - Patio and stories 1:45 - Convenience store 2:30 - Coloring to music 3:30 - Bowling	9:45- Let's Stretch and Move 10:15- Words and Coloring Time 2:30- SING A LONG WITH COUNTRY KENNY	8:30- SPECIAL BREAKFAST 4E 3E 2E 10:45- Gentle Stretch 11:00- Words on Board 1:45- Nails Care 2:30- Hand Massages	31 
Every Wednesday and Thursday starting August 6 Convenience store on the main Floor 4EAST						