

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July 2025 3 WEST		9:30- CHAIN LINK GAME 1 10:15- MONTESSORI GAME 10:45- JULY CALENDARS 1-1 11:15- AMBULATION/R.O.M 1:30- BOWLING 2:30- JOKES & RIDDLES 3:00- PATIO VISITS 3:30- AMBULATION/ PHYSIO	9:30- FITNESS CLASS 2 10:15- COMEDY HOUR 10:45- JULY DISPLAY CASE 11:15- AMBULATION/R.O.M 1:15- TRAVEL CART 1-1 2:00- AFTERNOON MATINEE 2:30- BIRTHDAY w BILL COURT 3:45- AMBULATION/ PHYSIO	9:30- JUMBLE CANADA DAY 3 10:15- BIBLE STUDY 10:30- R.O.M EXERCISES 1-1 11:30- BUS TRIP LUNCH AT LONESTAR 2:30- FUN & GAMES 3:00- AROMA / MASSAGE 1-1 3:30- AMBULATION/ PHYSIO	4 TODAY IS THE DAY TO START BUILDING YOUR TOMORROW !! CANADA DAY	9:30- FITNESS CLASS 5 10:15- HOROSCOPES 1-1 10:45- SNOOZELYN ROOM 11:15- AMBULATION/R.O.M 1:15- TUCK CART 1-1 2:00- ANDRE RIEU CONCERT 2:30- MUSIC w ROBERT 3:45- AMBULATION/ PHYSIO
9:30- HOUR OF POWER 6 9:45- PAINTER COVE SUMMER 10:45- HYMN & STORIES 1-1 11:15- AMBULATION/R.O.M 1:30- BOARD GAME MONOPOLY 2:00- AFTERNOON MATINEE 2:45- AXE THROW GAME 1-1 3:30- AMBULATION/ PHYSIO	9:30- FITNESS CLASS 7 10:30- CHURCH SERVICE 10:45- SNOOZELYN ROOM 11:30- AMBULATION/R.O.M 1:30- WORD GAMES CANADA 2:30- BEAUTY TIME 3:00- PATIO VISITS 3:45- AMBULATION/ PHYSIO	8 IF YOU SEE SOMEONE WITHOUT A SMILE, GIVE THEM ONE OF YOURS !!	9:30- FITNESS CLASS 9 10:15- BIBLE STUDY 10:45- PLINKO GAME 1-1 11:00- AMBULATION/CHATS 1:30- BAKING PANCAKES 2:00- CAKE SOCIAL & TRIVIA 2:30- TASTE TEST PANCAKES 3:30- AMBULATION/ PHYSIO	9:30- CREATE WORD GAME 10 10:15- HYMN & STORIES 10:45- FUN & FITNESS 1-1 11:15- AMBULATION/R.O.M 1:30- HORSE DERBY 2:30- LAUGH & GIGGLES 3:00- AROMA / MASSAGE 1-1 3:30- AMBULATION/ PHYSIO	11 8:30 SPECIAL BREAKFAST 10:15- NOODLE SOCCER 11:00 CANAADA STORIES 1-1 11:15- AMBULATION/R.O.M 1:30- MINI BINGO 2:00- MUSICAL MELODIES 2:30- TUCK CART 1-1 3:00- AMBULATION/ PHYSIO	12 11:15- FITNESS CLASS 1:45- NOODLE SOCCER 2:30- WORD GAME 3:30- I LOVE LUCY 4:15- HAND MASSAGES 1-1 5:45- HYMN AND SING
13 BE YOURSELF, EVERYONE ELSE IS ALREADY TAKEN	14 10:00- MORNING MATINEE 10:30- FRIENDLY VISITS 1-1 1:30- WORD GAMES CAMPING 2:30- BEAUTY TIME 3:00- PATIO VISITS 3:45- AMBULATION/ PHYSIO	15 9:30- FROM A - Z GAME 10:15- MONTESSORI GAME 10:45- TWIST & TURN 1-1 11:15- AMBULATION/R.O.M 1:15- MAKING SLUSHIES 1-1 2:00- YOGA w BETTY 3:00- TASTE TEST SLUSHIES 3:30- AMBULATION/ PHYSIO	16 9:30- FITNESS CLASS 10:15- COMEDY HOUR 10:45- SNOOZELYN ROOM 11:15- AMBULATION/R.O.M 12:00- SUMMER BBQ LUNCH 2:00- AFTERNOON MATINEE 2:30- BELL CHOIR CONCERT 3:45- AMBULATION/ PHYSIO	17 2:30- MUSIC w ROSEANNE	18 BE THE SUNSHINE IN SOMEONE'S RAINY DAY	19 9:30- FITNESS CLASS 10:15- HOROSCOPES 1-1 10:45- SNOOZELYN ROOM 11:15- AMBULATION/R.O.M 1:15- TUCK CART 1-1 2:00- YOUNG @ HEART ART 2:00- ANDRE RIEU CONCERT 3:30- AMBULATION/ PHYSIO
20 9:30- HOUR OF POWER 9:45- PAINTER COVE CAMPING 10:45- HYMN & STORIES 1-1 12:00- SWISS CHALET LUNCH 2:00- BOARD GAME MONOPOLY 2:00- AFTERNOON MATINEE 3:15- AXE THROW GAME 1-1 3:45- AMBULATION/ PHYSIO	21 9:30- FITNESS CLASS 10:30- CHURCH SERVICE 10:45- SNOOZELYN ROOM 11:30- AMBULATION/R.O.M 1:30- ICE CREAM TASTING 2:00- I.C SOCIAL & TRIVIA 2:30- TASTE TEST ICE CREAM 3:45- AMBULATION/ PHYSIO	22 THE WORLD IS CHANGED BY YOUR EXAMPLE, NOT BY YOUR OPINION !!	23 9:30- FITNESS CLASS 10:15- BIBLE STUDY 10:45- PLINKO GAME 1-1 11:15- AMBULATION/CHATS 1:15- BEAUTY TIME 1-1 2:00- RESIDENT COUNCIL 2:30- FOOD COMMITTEE 3:30- CHATS/AMBULATION	24 9:30- JUMBLE HOUSEHOLD 10:15- HYMN & STORIES 10:45- FUN & FITNESS 1-1 11:15- AMBULATION/R.O.M 1:15- TRAVEL CART 1-1 2:00- AFTERNOON MATINEE 2:30- MUSIC w KENNY 3:45- AMBULATION/ PHYSIO	25 8:30 SPECIAL BREAKFAST 10:15- NOODLE SOCCER 11:00- SUMMER STORIES 1-1 11:15- AMBULATION/R.O.M 1:30- MINI BINGO 2:00- MUSICAL MELODIES 2:30- TUCK CART 1-1 3:00- AMBULATION/ PHYSIO	26 11:15- FITNESS CLASS 1:45- WORD SCRAMBLE 2:30- TRAVEL TO SPAIN 3:30- READING STORIES 4:15- BALL TOSS 1-1 5:45- AXE THROW
27 WHEN IT RAINS, LOOK FOR RAINBOWS, WHEN IT'S DARK LOOK FOR STARS !!	28 10:30- CHURCH SERVICE	29 9:30- FITNESS CLASS 10:15- MONTESSORI GAME 10:45- TWIST & TURN 1-1 11:15- AMBULATION/R.O.M 1:15- MAKING SLUSHIES 1-1 2:00- YOGA w BETTY 3:00- TASTE TEST SLUSHIES 3:30- AMBULATION/ PHYSIO	30 9:30- FITNESS CLASS 10:15- COMEDY HOUR 10:45- SNOOZELYN ROOM 11:15- AMBULATION/R.O.M 1:15- TRAVEL'N TRIVIA 1-1 2:00- AFTERNOON MATINEE 2:30- CARIBBEAN FESTIVAL 3:45- CHATS/AMBULATION	31 9:30- JUMBLE VEGETABLES 10:15- BIBLE STUDY 10:45- R.O.M EXERCISES 1-1 11:15- AMBULATION/R.O.M 1:30- HORSE DERBY 2:30- LAUGH & GIGGLES 3:00- AROMA / MASSAGE 1-1 3:30- AMBULATION/ PHYSIO	JULY FEATURES: FLOWER: LARKSPUR STONE: RUBY & ONYX ANIMAL: CRAB & LION ZODIAC: 1-22 CANCER SPIRIT: DOVES COLOUR: RUBY RED ZODIAC: 23-31 LEO	