

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2025

1

Happy Canada Day
Everyone!



2

11:15 Fitness Class
1:45 Hymn and Sing
2:30 Music with Doug
4:00 1-1 Visit with
Calendars
5:45 Horse Derby
with 2E

3

Bus Trip 11:30 to
2:30
4:00 1-1 Visit
(Reading Stories)
5:45 Axe Throw
with 2E

4

10:30 Trivia With 2 East
11:15 Exercise Group
1:30 Bowling In The
Lounge
3:00 Word Games
4:00 One To One
5:45 Bingo With 2E

5

2:30 Music With Robert In
The Courtyard

6



10:30 SDA Church
Service
11:15 Exercise Group
2:00 Sing A Long with
Patricia

7

9:30 Move and Groove
10:30 Courtyard Visits
1:30 Baking Social
2:00 Wheelchair Travel
2:30 Taste Testing
3:00 Ambulation Biking

8

11:15 Fitness Class
1:45 Word Game
2:30 I Love Lucy
3:30 Courtyard Visit
4:15 1-1 Visit (Ball Toss)
5:45 Noodle Soccer with
2E

9

11:15 Fitness Class
1:45 Painting with 2E
2:30 Basketball Toss
3:30 Guess the Flag
4:15 1-1 Visits (Coloring)
5:45 Hymn and Sing with
2E

10

11

8:30 Breakfast In the Cafe`



12

10:00 Courtyard Stories
and Music
2:30 Music with Doug in
the Courtyard

13

11:00 Spiritual Stories
With Hymns
1:30 Wheelchair Travel
3:00 Courtyard Visits
4:00 One To One Visit
5:45 Horse Derby

14

1:30 Painters Cove
3:00 Name That Tune

15

2:00 Yoga With Betty



16

11:15 Fitness Class
1:45 Hang Man
2:30 Bell Choir
4:15 1-1 Visit (Trivia)
5:45 Bingo with 2E

17

11:15 Fitness Class
12:00 Unit BBQ
1:45 Trivia & Riddles
2:30 Music with
Roseann and Friends
4:15 1-1 Visit
5:45 Karaoke Night with
2E

18

10:30 Trivia And
Questions
11:00 Exercises
1:30 Plinko
3:00 Ambulation With
The Ball

19

2:00 Young At Heart On
Three West

20



10:30 SDA Church
Service
11:15 Exercises
1:30 Axe Throwing In
The Courtyard
3:00 Fancy Nails
4:00 One To One Visit

21

10:30 Noodle Soccer
11:15 One To One On
Patio
1:30 Sing A Long
3:00 Tuck Cart Travel

22

11:15 Fitness Class
1:30 Residents Council
and Food Committee
2:30 Painting
3:30 Patio Visit
4:15 1-1 Visit (Puzzles)
5:45 Axe Throw with 2E

23

11:15 Fitness Class
2:30 Country Kenny in
the Courtyard
3:30 I Love Lucy
4:15 1-1 Visit (Reading
Story)
5:45 Movie Night with 2E

24

25

8:30 Breakfast In The
Cafe`



26

10:45 Christmas In July
1:45 Courtyard Visits
With Music
3:00 Name That Lyric

27

10:30 Hymns And
Stories
1:45 Baking Smores
2:00 Travel Lodge
Through Campsites
3:00 One To One Visit
With The Ball

28

10:30 SDA Church
Service
11:15 Exercise
1:30 Trivia And
Questions
3:00 Fancy Nails

29

2:00 Yoga With Betty



30

11:15 Fitness Class
2:30 Caribbean Festival
in the Courtyard
3:30 Card Game with 2E
4:15 1-1 Visit (Listening
to Music)
5:45 Horse Derby with
2E

31

11:15 Fitness Class
1:45 Crazy Eight's
2:30 Guess the Flag
3:30
4:15 1-1 Visit (Word
Search)
5:45 Axe Throw with 2E

Two West

HAVE A GREAT SUMMER EVERYONE!

Full Time: Kari, Float: Kai