

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<h1>July 2025</h1>		9:30 Fun & fitness 10:00 Canada Day Trivia 11:00 Canada Day Facts 1:30 Art & Crafts 2:30 Musical Us 3:30 Friendly Visits   Canada Day	10:00 Bingo 11:15 All about July 11:30 Walk and Talk  2:30 Music with Bill in the Courtyard	9:30 Let's Stretch 10:00 Riddle Me This  11:30 Bus Trip Lone Star	8:30 Special Breakfast 10:15 Trivia 11:00 Massage Time 11:30 Ambulation 1:30 Balcony Visits 2:15 Movie in the Lounge  Independence Day (U.S.)	9:30 Fun & Fitness 10:00 Coloring to Music 11:00 Gardening 1:30 Melon Painting 2:30 Sing Along with Robert in the Courtyard		
		9:30 Hymn Sing 10:00 Bingo 1:30 Card Games 2:30 Movie Matinee 3:30 Friendly Visits	10:30 SDA Church Service  2:00 Sing a long with Patricia in the auditorium	9:30 ROM 10:30 Judy and Robin sing a long 11:30 Walk and Talk  2:00 Yoga with Betty 3:00 Taste Test Coke a Cola day	9:30 Breathing Exercises 10:00 Fun with Words 10:45 Today's Weather 11:30 Ambulation 1:30 Balcony Visits 2:00 July Pondering Moments 3:00	9:30 Bible Study 10:00 Full Moon Day 10:45 Ball Toss 11:30 Walk and Talk  2:00 Young at Heart	9:30 Fun & Fitness 10:00 Word Game 11:00 1:1 Visits 1:30 Fishing Time 2:30 Courtyard Visits and Games 3:30 Fancy Nails	9:45 Family Feud 10:45 Patio Visits 11:30 Walk and Talk  2:30 Music with Doug in the courtyard
		10:00 Bible Study and Hymns 10:45 Spa Time 11:30 Ambulation 1:30 Balcony visits 2:00 Yahtzee 3:00 Music in the Lounge	9:00 Movie in the lounge  1:30 Balcony Visits 2:00 Coffee Time and Chats 2:15 Colouring with Music 3:00 Horoscopes	9:30 Move and Grove 10:00 Plinko 11:00 Walking & Wheeling 1:30 Cross Word Puzzles 2:30 Crazy Eights 3:30 Friendly Visits	10:00 Bingo 11:00 Name That Tune 11:30 Walk and Talk  2:30 Bell Choir Concert	10:00 Disneyland B-Day 10:45 Fancy Nails 11:30 Let's Stretch  2:30 Sing Along with Roseanne and Friends	8:30 Special Breakfast 10:15 Trivia 11:00 Who is Nelson Mandela? 1:30 2:00	9:30 Fun & Fitness 10:00 Trivia 11:00 Let's walk & Talk 1:30 Board Game 2:30 Ambulation 3:30 Friendly Visits
		9:30 Hymn Sing 10:00 Bingo 1:30 Card Games 2:30 Movie with Popcorn 3:30 Friendly Visits	10:30 SDA Church Service  1:30 I Spy on the Balcony 2:15 Drinks on the Balcony 3:00 Popsicle Treat's	9:30 Noodle Soccer 10:30 Let's Chat 11:00 News and Views 11:30 Ambulation  2:00 Yoga with Betty 3:00 Mango Day taste test	9:30 Ball Toss 10:00 First Lighthouse talk 11:00 Fancy Nails 11:30 Ambulation  2:00 Resident Council and Food Committee	9:30 Bible Study 10:00 Name that Tune 10:45 Ball Toss 11:30 Ambulation 2:30 Sing Along with Country Kenny	9:30 Fun & Fitness 10:00 Ball Game 11:00 Travelogue 1:30 Axe Throw 2:30 Rebus Puzzles 3:30 Fancy Nails	10:00 Christmas in July 1:30 Friendly Visits 2:00 Coffee in the Courtyard 3:00 Movie in the Lounge
		10:00 Bible Study and Hymns 10:45 Spa Time 11:30 Let's Stretch 1:30 Let's Chat 2:00 Yahtzee 3:00 Daily Chronicles	10:30 SDA Church Service  1:30 Car Talk on the Balcony 2:15 Chocolate Milk day 3:00 Tuck Cart 1 to 1	9:30 Fun & Fitness 10:00 Bowling 11:00 Name the Tune? 1:30 Noodle Soccer 2:30 Courtyard Visits 3:30 Daily Chronicles	10:00 Bingo  12:00 BBQ in the Courtyard 1:45 Hand Massage Time 2:15 Paul Anka facts and music 3:00 Horoscopes	9:30 Twist and Stretch 10:00 Baseball Talk 11:30 Ambulation  1:30 Balcony Visits 2:15 Drinks in the Courtyard 3:00 Friendly Visits	<h1>2 EAST</h1>	