

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2025



May Day

4
9:45- Seated Zumba
10:15- Sunday Prayers
11:00- Walk and Talk
1:45- Cinco De Mayo Star
2:30- May Social with 4west

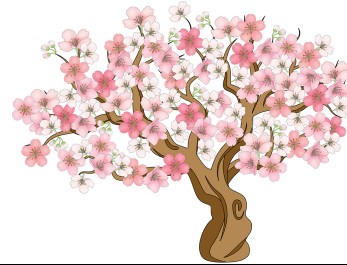


5
9:45- Seated Stretch
10:30- SDA service
11:00- Travelogue
2:30- MUSIC w BILL
5:45- Axe Throw Game
4E/4W

Cinco de Mayo

6
9:45- Noodle Soccer
10:15- Table Tennis
11:00- Spanish Spelling Bee.....
1:45- Jiffy Maraca
2:30- Let's Décor
3:30- Power of Hour

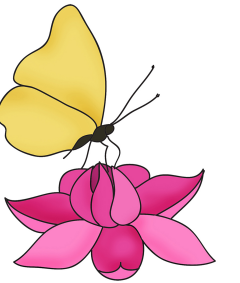
7
1:30 Residents Council meeting on 5th Floor



8
9:45- Noodle Stretch
10:15- Jumble words
11:00- Power of Hour
1:45- Coloring to Music
2:30- Balcony Visits
3:30- Residents Choice
5:45- Karaoke Night
4E/4W

9
8:30- Special Breakfast
10:30- Chatty us
11:00- Travel to Greenland
1:45- Nails Care
3:00- Movie Time
5:45- Bowling 4E/4W

10



11
HAPPY
Mother's Day

12
10:00 a.m. to 3:30 p.m. Casino Trip Georgian Downs
Nurses Week



National Skilled Nursing Care Week

13
9:45- Stretch Time
10:15- Memory Jar
11:00- Musical Us
1:45- Planting Flowers
5:45- Word Game
4E/4W

14
9:45- Noodle Soccer
10:15- Photo Booth
11:00- Words on table
2:00- YOUNG AT HEART
2E, 4E, 5W

15
12:45- Fitness Class
1:30- Name that Tune
2:30- Hang Man
4:15- 1-1 Visits
5:45- Movie Night 4E/4W with Snacks

16
9:45- Exercise
10:15- Personal Thank You Notes
11:00- Steps on Beats
1:45- Coloring to Music
2:30- Balcony visit
3:30- I love Lucy

17
9:45- Let's Stretch
10:15- Meditative Minutes
10:45- Ball Toss
1:45- Social with 4west and staff
2:30- Coffee Snacks Bar
5:45- Horse Derby 4E/4W

Armed Forces Day

18
9:45- Seated Zumba
10:15- Sunday Prayers
11:00- Walk and Talk
1:45- Arts and Crafts- Victoria Day
3:00- Let's Décor
5:45- Riddles and Trivia
4E/4W

19
9:45- Let's Stretch
10:30- SDA service
11:00- Power of Hour
1:45- Victoria Day Social
2:30- Triva Time
3:30- 1:1 Visits
5:45- Hymn & Sing
4E/4W

Victoria Day (Canada)

20
9:45- Seated Zumba
10:15- Victorian Slang Trivia
11:00- Documentary
1:45- Movie and Pop
Corn Time

21
2:00- MEGA BINGO IN AUDITORIUM



22
9:45- Watch and DO
10:15- Words search
11:00- Checking on the Plants
1:45- Residents Choice
2:30 Anglican Service in Chapel
5:45- Ball Toss 4E/4W

23
8:30- Special Breakfast
10:30- Chatty us
11:00- Travel to Greenland
1:45- Nails Care
3:00- Movie Time
5:45- Horse Derby 4E/4W

24
2:30 MALT SHOP SOCIAL AND MUSIC WITH DOUG



25

26
9:45- Musical Steps
10:30- SDA service
11:00- Power of Hour
1:30 Sing A Long with Judy and Robin
5:45- Tic Tac Toe 4E/4W

Memorial Day

27
9:45- Morning Stretch
10:15- Words on the boards
11:00- 1:1 visit
1:45- Coloring to Music
2:30- Juicy Social
3:30- Balcony Visit

28
9:45- Noodle Soccer
10:15- Words Scramble
11:00- Travel on Wheels
1:45- Arts and Crafts
2:30- Let's Decor
3:30- 1:1 visit
5:45- Karaoke Night 4E/4W

29
12:45- Fitness Class
1:30- Noodle Soccer
2:30- Word Game
4:15- 1-1 Visits (Ball Toss)
5:45- Movie Night 4E/4W with Snacks

30
9:45- Stretch Time
10:15- Ping Pong Challenge
11:00- Funny us
1:45- Coloring to Music
2:30- Balcony Visit
3:30- 1:1 Visits

31
9:45- Let's Stretch
10:15- Meditative Minutes
11:00- Ball Toss
1:45- Movie and Pop
Corns Time
5:45- Bingo 4E/4W