

November 2023

4 WEST

			<p>9:00 1 to 1 Visits/November Calendars 10:00 Gentle Stretch/Ball Toss 11:00 Sing-Along 1:30 Baking / Taste / Trivia 2:30 Bday Party w/Robert 3:30 Hand Massages</p>	<p>9:30 Let's Move 10:00 Bible Reflections 10:30 Catholic Communion Watercolors (ACT) 11:30 Roll & Stroll to Lunch 2:00 Board Games 3:00 Fancy Nails 1-1</p>	<p>8:30- TGIF Breakfast 9:30 Comedy Classics 10:00 What's Your Sign? 10:45 Animals Are Funny 11:00 Anagrams 11:30 Walk to Lunch 1:00 Traveling Tuck Cart 2:00 Mega Bingo!</p>	<p>9:00 Bean Bag Toss 10:00 Hour of Power T.V. 10:30 Bible Stories 1:30 Piccolo Pronzo -Sensory Smell/ Trivia 3:30 Music Appreciation</p>
<p>9:00 Music -T.V. 10:00 Hour of Power T.V. 10:30 Bible Stories 1:30 Bingo 3:30 Basketball Toss</p>	<p>9:30 America's Got Talent - the Champions 1:30 Johnny Cash in Concert</p>	<p>10:00 Parachutes w/ 4E 11:00 Anglican Service 3W Icons: Joni Mitchell 11:30 Walk & Roll to Lunch 2:30 - Jay One Man Band (AUD) 3:30- Friendly Visits 1-1</p>	<p>9:30 Easy Does It: Stretches 10:00 Planet Earth 10:45 Word Scrambles 1:30 Bean Bag Toss :30 2:30 Colouring to Music 3:00 Pretty Nails 1:1:</p>	<p>9:30 Disco Chair Dancing 10:00 Bible Reflections 10:30 Catholic Communion -Painters Cove: Poppies 11:30 Wheels & Walk to Lunch 1:30 Everything But ... 2:00 Afternoon Movie</p>	<p>9:30 Badminton Toss 10:00 W/C Travel 11:00 You Be The Judge 1:30 Reminiscing/Trivia for Remembrance Day 3:30 Ball Toss</p>	<p>9:30 Let's Stretch! 10:30 Thank You Cards 11:00 Remembrance Day 1:30 Bean Bag Toss 2:00 Saturday Spa 3:00 Traveling Tuck Cart 3:30 1:1 Emotional Remembrance Day (Canada) Veteran's Day (USA)</p>
<p>9:30 Hour of Power: Joel Osteen 10:30 Hymn Sing 11:00 Andre Rieu 1:45 Music w/ Doug on 2E 2:30 Sunday Matinee Spiritual 1:1s</p>	<p>9:30 Monday Moves: 50's 10:00 What's Your Sign? 10:30 Baking: Mini Cookies 11:00 Sensory Cart: Taste 1:30 Horse Derby - By Request: Music 3:00 Fancy Nails</p>	<p>9:30 Fit Circuit 10:00 Strange But True 10:30 Paper Crafts 11:30 Walk & Dine 1:30 Let's Make A Deal! 3:00- Friendly Visits 1-1</p>	<p>9:15 Gentle Stretch/Ball Toss 10:00 Crossword Puzzle 1:30- Violinist (AUD) 3:30 Musical -Andre Rieu</p>	<p>9:30 Sit & Be Fit 10:00 Butternut Squash Soup 10:30 Catholic Communion - Bible Reflections 1:30 You Be the Judge! 2:00- Tasting & Discussion 3:00- Sensory Stim 1-1 International Day of Tolerance0-</p>	<p>8:30- TGIF Breakfast 10:00 Just Move 10:45 Hangman 11:30 Stroll & Roll to Lunch 1:00 Traveling Tuck Cart 2:00 Mega Bingo! 2:00 - Critters of the Month World Peace Day</p>	<p>9:00 Gentle Stretch 10:15 Gabrielle playing the piano -Front Lobby 1:30 Price is Right 3:00 Euchre 3:15 Short Stories</p>
<p>9:00 Badminton 1:1 10:00 Cedarview Church 11:00 Hymn Sing 1:30 Bingo 3:30 Ball Toss</p>	<p>9:30 Sit & Be Fit 10:00 Word Game 10:45 Reminiscing Stories 1:30 Painters Cove- Acrylics 2:30 Short Stories 3:00 AGT: Animal Acts 3:30 Intellectual 1:1</p>	<p>9:30 Just Move to Music 10:00 Planet Earth 10:45 Anagrams 11:30 Stroll & Roll to Lunch 1:30 Jenga Jams! 3:00 Hand Massages 1:1s</p>	<p>9:30 Beach Ball Stretch 10:00 What's In the Bag? 10:45 Deal or No Deal! 1:30- Euchre Tour. Rd 1 (5W) 230- Music with Eileen the Hat Lady (AUD)</p>	<p>10:00 Bus Trip 3W 2W 4W 10:30 Catholic Communion - Watercolours 11:30 Wheels & Walk Lunch 1:30- Euchre Tour. Rd 2 (5W) Crafts: Cards</p>	<p>9:00 Noodle Soccer 10:00 Sing Along 1:30 Pictionary Euchre Championship 3:30 Name the Tune</p>	<p>9:30 Mind & Body Relax 10:00 What's Your Sign? 10:30 Holiday Bazaar 11:30 Wheel & Dine 1:30 Ring Toss 2:00 Saturday Spa 3:00 Traveling Tuck Cart 3:30 1:1 Emotional</p>
<p>9:30 Hour of Power: Joel Osteen 10:30 Hymn Sing 11:00 Andre Rieu 1:30 Fun & Games Hot Potato - Sunday Matinee 3:30 Spiritual 1:1s</p>	<p>10:00- GEORGIAN DOWNS CASINO BUS TRIP Resident's Choice: Movie</p>	<p>9:30 Yo Noodles 10:00 Planet Earth 10:45 Anagrams 11:30 Walk & Wheel to Lunch 1:30 Crafts: Cinnamon Stick Ornaments 3:00 One to One with Rebecca</p>	<p>9:15 Move to Music 10:00 Hand Massages 1:30 Fill in the Blanks 3:30 Movie -Resident's Choice</p>	<p>9:30 Country Chair Walking 10:00 Hymn Sing-a-Long Bible Reflections 10:45 Catholic Communion 1:30 Be Like Bean 1:30 Residents Council (2E) 2:00 FoodCommittee(2E) 3:00 Hand Massages</p>		