

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:00 One To One Calendars</p> <p>"The Important Thing I Not What They Think Of Me But What I Think Of Them."</p> <p>May Day</p>	<p>2</p> <p>9:00 One To One Reading Material</p> <p>9:30 Monday News</p> <p>10:30 News Of The Week</p> <p>1:30 Colour To The Music</p> <p>3:00 Timely Trivia</p> <p>3:30 One To One Chats</p>	<p>3</p> <p>9:30 Seated Tai Chi</p> <p>10:00 Getting To Know You</p> <p>10:30 Recipe n` Reminiscing</p> <p>1:30 Baking Demo: Drop Cookies</p> <p>3:00 Tasting</p>	<p>4</p> <p>9:00 easy Going Exercises</p> <p>10:30 Bingo</p> <p>1:30 What`s In The Bag?</p> <p>3:00 Name That Singer/Band</p> <p>3:30 One To One Chats</p>	<p>5</p> <p>9:30 La Bamba Fitness</p> <p>10:00 All About Me Cinco De Mayo</p> <p>10:30 Coloring To Music</p> <p>1:30 Pass The Sombrero</p> <p>3:00 One to One Visits</p> <p>Cinco de Mayo</p>	<p>6</p> <p>'One Does Not Always Do The Best There Is. One Does The Best One Can.'</p>	<p>7</p> <p>9:00 Ball Toss</p> <p>10:30 Crosswords</p> <p>1:30 Crafts: Flowers In Your Pocket</p> <p>3:00 One To One Chronicles</p>
<p>8</p> <p>9:45 Virtual Worship Service</p> <p>10:00 Hymns</p> <p>10:30 Table Bowling With Music</p> <p>1:30 I Remember Reminiscence</p> <p>3:00 Spa/ Massages</p> <p>Mother's Day</p>	<p>9</p> <p>9:00 Moving Into The Week</p> <p>9:30 True or False?</p> <p>10:30 Bird Bookmark</p> <p>1:30 Hangman Challenge</p> <p>3:00 One To One Trivia</p>	<p>10</p> <p>9:30 Seated Yoga</p> <p>10:00 Rebuses With Rebecca</p> <p>1:30 Come Bake Muffins With Me</p> <p>2:00 Sensory Stimulation</p> <p>3:00 One To One Visits</p> <p>6:00 Popcorn Treats</p> <p>7:00 Drive In Movie</p>	<p>11</p> <p>"When We Recall The Past, We Usually Find That It Is The Simplest Things- Not The Great Occasions – That In Retrospect Give Off The Greatest Glow Of Happiness."</p>	<p>12</p> <p>9:30 Move To The Music</p> <p>10:00 Spiritual Readings</p> <p>10:30 Coloring To Classical Music</p> <p>1:30 Virtual Visits To The Aquarium</p> <p>3:00 One To One Hand Massages</p>	<p>13</p> <p>9:30 Tai Chi</p> <p>10:00 TGIF Trivia</p> <p>10:30 Arts And Crafts – Collages</p> <p>1:30 "Hot Potato"</p> <p>3:00 One To One Visits</p>	<p>14</p> <p>"You Can Tell More About A Person By What He Says About Others Than You Can By What Others Say About Him"</p> <p>Audrey Hepburn</p>
<p>15</p> <p>"I Attribute My Success To This – I Never Gave Or Took Any Excuse. "</p> <p>Florence Nightingale</p>	<p>16</p> <p>9:30 Bean Bag Toss</p> <p>10:00 News Of The Week</p> <p>10:30 Back To The Music 950`s</p> <p>1:30 Getting To Know You</p> <p>3:00 One To One Chats</p>	<p>17</p> <p>9:30 Move To The Music</p> <p>10:00 Just For Fun – Horoscopes</p> <p>10:30 Bingo!</p> <p>1:30 Springtime Punch Recipe</p> <p>2:00 Tasting And Talking</p>	<p>18</p> <p>9:00 Easy Going Exercises</p> <p>10:00 Wildlife Facts And Puzzles</p> <p>10:30 Funny Baby Animals Video</p> <p>1:30 What`s In The Bag?</p> <p>3:00 One To One Hand Massages</p>	<p>19</p> <p>9:30 Seated Yoga</p> <p>10:00 Bible Stories</p> <p>10:30 Ring Toss</p> <p>1:30 Crafts – Cardboard Tulips</p> <p>3:00 One To One Visits</p>	<p>20</p> <p>"I Just Put My Feet In The Air And Move Them Around."</p> <p>Fred Astaire</p>	<p>21</p> <p>9:00 Chair Kickball</p> <p>10:00 Current Events</p> <p>10:30 Jumbles</p> <p>1:30 Saturday Matinee – TBA</p> <p>3:00 One To One Chronicles</p> <p>Armed Forces Day</p>
<p>22</p> <p>9:45 Virtual Worship Service</p> <p>10:00 Hymns</p> <p>10:30 Dancercise</p> <p>1:30 Short Stories In The Sunroom</p> <p>3:00 One To One SPA</p>	<p>23</p> <p>9:00 Monday Morning Moves</p> <p>9:30 Queen Victoria Quiz</p> <p>10:30 Queen Victoria Tea Party</p> <p>1:30 Crafts – Fireworks On Paper</p> <p>3:00 One To One Trivia</p> <p>Victoria Day (Canada)</p>	<p>24</p> <p>9:30 Gentle Stretches</p> <p>10:00 Current Events</p> <p>1:30 Drop Cookies</p> <p>2:00 Sensory And Memory Social</p> <p>3:00 One To One Visits</p> <p>6:00 Yahtzee</p> <p>7:00 Let`s Stretch</p>	<p>25</p> <p>10:30 Residents Council Meeting</p> <p>11:00 Food Committee Meeting</p> <p>"Love Is The Most Important Thing In The World, But Baseball I Pretty Good, Too."</p> <p>Yogi Berra</p>	<p>26</p> <p>9:30 Fun and Fitness</p> <p>10:00 Spiritual Readings</p> <p>10:30 Coloring To Classical Music</p> <p>1:30 Virtual Visits To The Aquarium – Jellyfish</p>	<p>27</p> <p>9:30 Tai Chi</p> <p>10:00 TGIF Trivia</p> <p>10:30 Arts And Crafts – Scrapbooking</p> <p>1:30 "Snakes And Ladders"</p> <p>3:00 One To One Chronicles</p>	<p>28</p> <p>"The Stars Don`t Look Bigger, But They Do Look Brighter."</p> <p>Sally Ride.</p>
<p>29</p> <p>"We Celebrate The Past To Awaken The Future."</p> <p>John F Kennedy</p>	<p>30</p> <p>10:00 To 3:30</p> <p>Gardening In The Courtyard</p> <p>Memorial Day</p>	<p>31</p> <p>9:30 Seated Yoga</p> <p>10:00 News Of The Week</p> <p>10:30 Virtual Travels – London</p> <p>1:30 Art Appreciation – Portraits</p> <p>3:00 One To One Chronicles</p>	<h1>May 2022</h1> <h2>Two West</h2> <p>Rebecca and Kristine</p>			