

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NOVEMBER FALLS PREVENTION MONTH 10:00 Exoza Travel -Indra 10:15 November Calendars 1:1 1:30 Preservation Preparations: Getting Ready for Canning Season 3:30 Massages 1:1	2 10:15 Group Exercise 1:30 Fun Facts about the Month of November 3:30 Stefanya playing the piano 3:30 Video Calls	3 10:15 Parachute Club 1:30 Java Club 3:30 Horoscopes 1:1 3:30 Video Calls	4 10:00 Daily TV Mass 10:00 Catholic Communion 11:00 One to Ones 1:30 Horse Derby 3:30 Trivia 1:1 3:30 Video Calls	5 10:30 Beauty Hour 1:30 Bean Bag Toss 3:00 Walking Program 3:30 Video Calls	6 10:15 W/C Soccer 1:30 Star of the Month – Burt Lancaster 3:30 Shuffleboard Board with one to ones 3:30 Video Calls	
7 10:00 Cedarview Community Church-Virtually 11:00 Ball toss 1:30 What Am I? 3:30 Funny Church and Synagogue Signs 1:1 <small>Daylight Saving Time Ends</small>	8 10:15 Anagrams 11:00 One to One Visits 1:30 Bowling 3:30 Chicken Soup for the Soul 3:30 Video Calls	9 10:15 Basketball Toss 11:00 Riddles 1:30 Step by Step Painting/Colouring 3:30 Virtual Calls	10 10:15 Pictionary 11:00 One to One Visits 1:30 Making Poppies 3:30 History of the poppy 3:30 Video Calls	11 10:00 Catholic Mass Today Daily TV Mass 10:00 Catholic Communion 11:00 Veterans Day Service 1:30 Patriotic Puzzles 3:30 Canada Remembers Times Veterans' Week Special Edition 3:30 Video Calls <small>Veterans Day Remembrance Day (Canada)</small>	12 WORLD KINDNESS DAY 10:00 Bus Trip 1:30 Do You Hear What I Hear? 3:30 Adult Colouring 1:1 3:30 Video Calls	13 10:00 Video Calls 10:30 Fun w/ Words 1:30 Hot Chocolate Social & Discussion Group 3:00 Hot Chocolate 1:1
14 10:00 Video Calls 10:30 Cedar View Community Church Online 1:30 Name That Tune 3:00 Hand Massages	15 10:00 Video Calls 10:30 Fishing 1:1 1:30 Making Snowflakes 3:30 Play Jenga	16 10:00 Video Calls 10:15 Group Exercise 1:30 Beauty Hour 3:30 Trivia 1:1	17 McHappy Day 10:00 Video Calls 10:15 Ronald McDonald House charities 2:00 Entertainment 3:30 One to One visits	18 10:00 Video Calls 10:00 Catholic Mass Today Daily TV Mass 10:00 Catholic Communion 1:30 Bean Bag Toss 3:30 Hot Chocolate 1:1	19 10:00 Video Calls 10:30 Frisbee 1:1 1:30 Baking Snickerdoodle Cookies 2:00 Chicken Soup Stories 3:00 Sensory Stim - Taste	20 10:00 Video Calls 10:15 W/C Soccer 1:30 Current Events 3:30 Just for Laughts
21 10:00 Video Calls 10:00 Cedarview Community Church-Virtually 11:00 Piano/Orchestra hymns -Greg Howlett 1:30 Mini Bingo 3:30 One to One Visit	22 10:00 Video Calls 10:15 Where In The World? 11:00 Ball Toss 1:1 1:30 Apple Cider Social 3:30 Laughter is the Best Medicine	23 10:00 Video Calls 10:30 Noodle Soccer 1:30 Mini Bingo 3:00 Walking Program	24 10:00 Video Calls 10:15 Name That Book 1:30 SINGALONGS 4 SENIORS - Beth Williams Music 3:30 Walking Program	25 10:00 Video Calls 10:00 Catholic Mass Today Daily TV Mass 10:00 Catholic Communion 1:30 Short Stories 3:30 Badminton 1:1 <small>Thanksgiving Day</small>	26 10:00 Trivia 1:30 Baking Popovers 2:00 Movie -"Resident's Choice" 3:30 Taste Testing 3:30 Video Calls	27 10:00 Badminton 1:1 11:00 Who Am I? 1:30 Arts & Crafts Christmas 3:00 Trivia 1:1 3:30 Virtual Calls
28 10:00 Bible Study 10:30 Hymn Sings 1:30 Afternoon at the Movies 2:00 Decorating for Christmas 3:30 Virtual Visits <small>Hanukkah Begins</small>	29 10:15 You Be the Judge 11:00 One to One Visits 1:30 Horse Derby 3:30 Follow Your Nose 3:30 Video Calls	30 10:15 Group Exercise 1:30 What is Giving Tuesday? 3:30 Trivia 1:1 3:00 Video Calls	<h1>November 2021</h1> <h2>5 WEST</h2>			