

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MOVEMBER FALLS PREVENTION MONTH	<b>1</b> 9:00 Calendars Go Up 10:15 Beauty Hour 11:00 Short Stories 1:30 Let's Sing 2:45 Video Calls 6:00 Bowling 7:00 Jenga	<b>2</b> 9:30 Fun & Games 10:15 All About November 11:00 Montessori 1:30 Bingo 2:45 Video Calls	<b>3</b> 9:30 Ambulation 10:15 Bible Study 11:00 Hymns 1:30 Trivia 2:15 Social Tea 2:45 Video Calls 6:00 Create A Story 7:00 Bingo	<b>4</b> 9:30 Ball Toss 10:00 Catholic Comm. 10:30 Who is Jane Goodall 11:00 Friendly Visits 1:30 Fall Quotes 2:00 Social Tea w/ Treats 2:45 Video Calls	<b>5</b> 10:00 Exercise Class 11:00 Bowling 2:00 Movember Crafts 2:45 Video Calls 3:30 Movie & Popcorn	<b>6</b> 9:30 Gentle Stretch 10:15 Christmas Cards for Soldiers 11:00 Music Time 1:30 Sensory Stim. 2:45 Video Calls
<b>7</b> 9:30 Fun & Games 10:00 Bible Study & Hymns 11:00 Daily Chronicles 1:30 Beauty Hour 2:45 Video Calls  <small>Daylight Saving Time Ends</small>	<b>8</b> 9:30 Ball Toss 10:15 Sing A Long 11:00 Montessori 1:30 Short Stories 2:15 Massage 1:1 2:45 Video Calls	<b>9</b> 10:00 Exercise Class 11:00 Parachute Group 2:00 1:1 History Project 2:45 Video Calls 3:30 Live Concerts - TV	<b>10</b> 9:30 Ambulation 10:15 Bible Study 11:00 Crafts 1:30 All About The Legion 2:45 Video Calls 6:00 Poppy Craft 7:00 Board Games	<b>11</b> 9:30 Gentle Stretch 11:00 Veterans Day Service 1:30 History of Flanders Fields & the Poppy 2:15 Social Time 2:45 Video Calls  <small>Remembrance Day (Canada)</small>	<b>12</b> WORLD KINDNESS DAY 10:00 Bus Trip 5W/3W 2:00 Video Calls 3:00 Ball Toss	<b>13</b> 10:00 Walk & Talk 11:00 Men's Club 2:00 Video Calls 2:45 Courtyard Visits 3:30 Cocktail Cart
<b>14</b> 10:00 Morning Mass 11:00 Noodle Soccer 2:00 Video Calls 2:45 Food Program 3:30 Armchair Travel: Swiss Alps	<b>15</b> 9:30 Let's Stretch 10:15 Let's Travel to Italy 11:00 Music from Italy 2:00 Video Calls 3:00 Fun Facts	<b>16</b> 9:30 Ambulation 10:15 Reminiscing 11:00 Cards & Games 2:00 Video Calls 3:00 Horoscopes	<b>17</b> MCHAPPY DAY 9:30 Ball Toss 10:00 Bible Study 2:00 Video Calls 2:00 Entertainment 3:00 Massage Time 6:00 Popcorn 7:00 Movie Night	<b>18</b> 9:30 Ball Toss 10:00 Catholic Comm 10:30 Concert in the Lounge 11:00 Daily Chronicles 2:00 Video Calls 3:00 Apple Cider Social	<b>19</b> 10:00 Exercise Class 11:00 Bowling 2:00 Video Calls 2:45 Art & Music 3:30 Movie & Popcorn	<b>20</b> 9:30 Physical 1:1 10:15 Would You Rather? 11:00 Let's Chat 2:00 Video Calls 3:00 Montessori
<b>21</b> 0:30 Let's Stretch 10:00 Bible Study & Hymns 11:00 Gingerbread Cookie Day 2:00 Video Calls 3:00 Beauty Hour	<b>22</b> 9:30 Let's Walk 10:15 Who is John F. Kennedy 11:00 Residents Choice 2:00 Video Calls 3:00 Hot Drink Social	<b>23</b> 10:00 Exercise Class 11:00 Bean Bag Toss 2:00 Video Calls 2:45 1:1 History Project 3:30 Live Concerts	<b>24</b> 10:30 Residents Council 11:30 Food Committee 2:00 Video Calls 3:00 Bible Reading 6:00 Sing A Long 7:00 Dancercise	<b>25</b> 9:30 Let's Stretch 10:00 Catholic Communion 10:15 Bingo 2:00 Video Calls 3:00 Montessori  <small>Thanksgiving Day</small>	<b>26</b> 9:30 Ambulation 10:15 1:15 Video Calls 2:00 Crafts & Social 3:00 Short Stories	<b>27</b> 10:00 Walk 7 Talk 11:00 Men's Club 1:15 Video Calls 2:00 Courtyard Visits 3:30 Cocktail Cart
<b>28</b> 10:00 Morning Mass 11:00 Bowling 1:15 Video Calls 2:00 Food Program 3:00 Armchair Travel: Banff  <small>Hanukkah Begins</small>	<b>29</b> 9:30 Ambulation 10:00 Beauty Hour 1:15 Video Calls 2:00 Game Day 3:00 Hanukkah Discussion 6:00 Name That Tune 7:00 Holiday Cards	<b>30</b> GIVING TUESDAY 9:30 Physical 1:1 10:00 Fun With Words 1:15 Video Calls 2:00 Let's Sing 3:00 Daily Chronicles	<h1>November 2021</h1> <h2>3 WEST</h2>			