

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2021



<p>10:00 Virtual Chats 2E 10:45 Virtual Chats 2W 11:15 Basketball 2W 1:30 Basketball 2E 2:30 Say "Thank You" The Importance of Gratitude 2W 3:30 Say "Thank You" The Importance of Gratitude 2E</p> <p><b>3</b></p>	<p>9:30 Fun &amp; Fitness 2E 10:00 Virtual Chats 2E 10:45 Virtual Chats 2W 10:30 Residents Council 11:30 Food Committee 2:00 Movie Trivia 2E 3:00 Bend &amp; Stretch 2W 6:00 Jenga 2E 7:00 Fun &amp; Fitness 2E</p> <p><b>4</b></p>	<p>9:45 Betty's Cupboard Sensory Stim 2W 10:00 What's In This? 2W 11:00 What's In This? 2E 2:00 Bingo 2W 3:00 What's In The News? 2E 6:00 Bingo 2W 7:00 Hang Man 2W</p> <p><b>5</b></p>	<p>9:30 1:1 Visits 10:00 Volleyball Exercises 2E 10:00 Virtual Chats 2E 10:45 Virtual Chats 2W 11:00 Favourite Hits 2W 2:00 Oktoberfest - Courtyard 3:00 Favourite Hits 2E</p> <p><b>6</b></p>	<p>9:45 Move &amp; Groove 2W 10:00 Virtual Chats 2E 10:45 Virtual Chats 2W 11:00 W/C Travel: Where did you Honeymoon to? 2W 2:00 Bingo 2E 3:00 Tea Party 2E</p> <p><b>7</b></p>	<p>Nat'l Senior's Day : Pajama Day 9:45 Fun &amp; Fitness 2E 10:45 Hooray 4 Hollywood 2W 11:00 Trivia &amp; Reminisce 2W 1:45 Hooray for Hollywood 2E 2:00 Movie Trivia &amp; Reminisce 2E 3:00 Bend &amp; Stretch Sing Along 2W</p>	<p>9:30 Gentle Stretches 2W 10:00 Virtual Chats 2E 10:45 Virtual Chats 2W 1:30 Roll The Dice 2W 2:30 Gentle Stretches 2E</p> <p><b>2</b></p>
<p>9:45 Church Service 10:00 Hymn Sing 2E 10:30 Our Daily Bread 2E 11:00 Hymn Sing 2W 11:30 Our Daily Bread 2W 2:00 Sing A Long 2W 3:00 Bowling 2E</p> <p><b>10</b></p>	<p>9:00 Chat and Chew 10:00 Virtual Chats 2E 10:00 Move &amp; Groove 2E 10:45 Virtual Chats 2W 11:00 Giving Thanks 2W 2:00 Giving Thanks 2E 3:00 Move &amp; Groove 2E</p> <p><b>11</b></p>	<p>9:15 Gentle Stretches/ Ball Toss 2E 10:00 Virtual Chats 2E 10:45 Virtual Chats 2W 1:30 Baking – Pumpkin Cookies 2W 2:00 Sensory Cart Travel 1:1 6:00 Jenga 2W 7:00 Fun &amp; Fitness 2W</p> <p><b>12</b></p>	<p>9:00 Good Morning Visits 10:00 Music Trivia 2E 11:00 Crafty Corner 2W 2:00 Music Trivia 2W 3:00 Crafty Corner 2W</p> <p><b>13</b></p>	<p>9:00 Morning Greetings 10:00 Fun &amp; Fitness 2W 10:00 Virtual Chats 2E 10:45 Virtual Chats 2W 11:00 Trivia Time 2E 2:00 Fun &amp; Fitness 2E 3:00 Trivia Time 2W</p> <p><b>14</b></p>	<p>9:00 Getting to Know You 10:00 Let's Go to Scotland 2E 11:00 Daily Chronicles 2W 2:00 Let's Go to Scotland 2W 2:45 Virtual Chats 2W 3:00 Daily Chronicles 2E 3:30 Virtual Chats 2E</p> <p><b>15</b></p>	<p>9:30 What's On The News? 10:00 Short Stories 2E 11:00 Wordscapes 2W 1:30 Short Stories 2W 2:45 Virtual Chats 2W 3:30 Wordscapes 2E 3:30 Virtual Chats 2E</p> <p><b>16</b></p>
<p>9:30 Hymn Songs 10:00 Daily Mass 11:00 Hour of Power 1:15 Virtual Chats 4 West 1:30 Memory Magic 2:00 Virtual Chat 4 East 3:00 One to One Nail Spa and Hand Massages</p> <p><b>17</b></p>	<p>9:30 Fun &amp; Fitness 2E 10:45 Hooray 4 Hollywood 2W 11:00 Trivia &amp; Reminisce 2W 1:45 Hooray for Hollywood 2E 2:00 Movie Trivia &amp; Reminisce 2E 2:45 Virtual Chats 2W 3:00 Bend &amp; Stretch Sing Along 2W 3:30 Virtual Chats 2E 6:00 Stencil Making 2E 7:00 Pumpkin Carving 2E</p> <p><b>18</b></p>	<p>9:45 Sensory Stim. 2W 10:00 What's In This? 2W 11:00 What's In This? 2E 2:00 Bingo 2W 2:45 Virtual Chats 2W 3:00 What's In the News 2E 3:30 Virtual Chats 2E 6:00 Stencil Making 2W 7:00 Pumpkin Carving 2W</p> <p><b>19</b></p>	<p>9:30 1:1 Visits 10:00 Ball Exercises 2E 11:00 Name That Tune 2W 2:00 Name That Tune 2 E 2:45 Virtual Chats 2W 3:00 Ball Exercises 2W 3:30 Virtual Chats 2E</p> <p><b>20</b></p>	<p>9:45 Move &amp; Groove 2W 10:30 W/C Travel 2W 11:00 Short Stories 2W 2:00 Move &amp; Groove 2E 2:45 Virtual Chats 2W 3:00 Reminisce Tea Party 2E 3:30 Virtual Chats 2E</p> <p><b>21</b></p>	<p>9:30 1:1 Visits Horoscopes 10:00 Sing A Long 2E 11:00 Sing A Long 2W 1:30 Bus Trip " Fall Leaves" 2:45 Virtual Chats 2W 3:30 Virtual Chats 2E</p> <p><b>22</b></p>	<p>9:45 1:1 Visits 10:30 Men's Group 2W 11:30 Walk &amp; Talk 2E 2:00 W/C Travel 2E 2:45 Virtual Chats 2W 3:00 Tea Time 2W 3:30 Virtual Chats 2E</p> <p><b>23</b></p>
<p>9:45 Virtual Service 10:00 Our Daily Bread &amp; Hymn Sing 2E 11:00 Our Daily Bread 2W 2:00 Name That Tune 2E 2:45 Virtual Chats 2W 3:00 Bowling 2W 3:30 Virtual Chats 2E</p> <p><b>24</b></p>	<p>9:00 Chat &amp; Chew 10:00 Move &amp; Groove 2E 11:00 You Be The Judge 2W 2:00 You Be The Judge 2E 2:45 Virtual Chats 2W 3:00 Move &amp; Groove 2W 3:30 Virtual Chats 2E 6:00 Bingo 2E 7:00 Hangman 2E</p> <p><b>25</b></p>	<p>10:00 Gentle Stretches 2W 11:00 Gentle Stretches 2E 2:00 Pumpkin Carving 2:45 Virtual Chats 2W 3:00 Courtyard Visits 3:30 Virtual Visits 6:00 Horse Derby 2W 7:00 Mad Libs 2W</p> <p><b>26</b></p>	<p>9:00 Morning Visits 10:00 Music Trivia 2E 11:00 Crafty Corner 2W 2:00 Music Trivia 2W 2:45 Virtual Chats 3:00 Crafty Corner 2E 3:30 Virtual Chats</p> <p><b>27</b></p>	<p>9:00 Morning Greetings 10:00 Ball Toss 2W 11:00 Fun Facts 2E 2:00 Ball Toss 2E 2:45 Virtual Chats 2W 3:00 Fun Facts 2W 3:30 Virtual Chats 2E</p> <p><b>28</b></p>	<p>9:00 Getting to Know You 10:00 Travel Trivia 2E 11:00 Daily Chronicles 2W 1:45 Virtual Chats 2E 2:00 Virtual Chats 2W 2:30 Travel Trivia 2W 3:00 Daily Chronicles 2E 5:30– 7:30 Pumpkins after Dark</p> <p><b>29</b></p>	<p>9:00 Fun &amp; Fitness 2W 10:00 Halloween Songs 2E 11:00 Halloween Songs 2W 1:30 Halloween Movie 1:15 Virtual Chats 2E 2:00 Virtual Chats 2W 2:00 Halloween Trivia 2E 3:00 Halloween Trivia 2W</p> <p><b>30</b></p>
<p>10:00 Drive By Trick or Treating 10:00 Virtual Church Service 11:00 Halloween Art 2E 1:15 Virtual Chats 2E 2:00 Virtual Chats 2W 3:00 Halloween Art 2W</p> <p><b>31</b></p>	<h1>2<sup>nd</sup> FLOOR</h1>					

