

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 11:00 Walk & Talk 1:30 1:1 Visits/February Calendar 3:00 Hand Massages 1:1 3:30 Virtual Chats 6:00 Hearty Exercise	2 11:00 News & Views 1:30 1:1 Horoscopes 2:30 Short Stories/Poems 3:30 Virtual Chats 6:00 What is Groundhog Day <small>Groundhog Day</small>	3 11:00 Walk & Talk 1:30 Name That Tune 2:00 Baking: Valentines Cookies 3:00 Taste Testing 3:30 Virtual Chats 6:00 Bowling League	4 11:00 Walk & Talk 1:30 Music in the Lounge 2:30 Word Games 3:30 Virtual Chats 6:00 Country Countdown Sing- A-Long	5 10:00 Virtual Chats 11:00 Badminton 1:1 1:30 Word Scrabble 2:30 Arts & Crafts – Valentines Day 3:00 Bingo 6:00 Wheelchair Soccer	6 9:30 Walk & Talk 10:00 Virtual Chats 10:30 Gentle Stretches 1:30 Fill In The Blanks 3:00 Residents Choice Movie
7 9:00 Walk to Dine 10:00 Virtual Chats 10:00 Daily Mass on TV 11:30 Hymn Sing 1:30 Pool Noodle Soccer 3:00 1:1 Visits	8 10:00 Virtual Chats 11:00 1:1 Visits/Horoscopes 1:30 Hand Massages 2:30 Trivia/Spelling Bee 3:00 Adult Colouring 6:00 Hollywood Bingo	9 10:00 Virtual Chats 11:00 Gentle Stretch 1:30 News & Views 2:30 Pictionary 3:15 Hymns & Stories 6:00 Who is St. Valentines?	10 10:00 Virtual Chats 11:00 1:1 Horoscopes 1:30 Paint by Number 2:30 Word Search 3:15 Fancy Nails 1:1 6:00 Valentine's Puzzle	11 10:00 Virtual Chats 11:00 Walk & Talk 1:30 Movie "I Love Lucy" 2:30 Bowling 3:15 Painting Group 6:00 Craft: Valentines	12 10:00 Virtual Chats 11:00 Walk & Talk 1:30 Daily Horoscope 2:30 Nail Spa 3:15 Movie Matinee 6:00 "Gritty Heart" Craft <small>Chinese New Year (Year of the Ox)</small>	13 9:30 Walk & Talk 10:00 Virtual Chats 10:40 Hand Massage 1:30 Word Scrabble 3:00 1:1 Horoscopes
14 9:30 Walk & Talk 10:00 Hour of Power TV 10:00 Virtual Chats 11:00 Bible Stories 1:1 1:30 Valentines Treats 3:00 1:1 Visits <small>Valentine's Day</small>	15 10:00 Virtual Chats 11:00 Walk & Talk 1:30 News & Views 2:30 Baking Program 3:15 Taste Testing Social 6:00 Healthy Heart Facts	16 10:00 Virtual Chats 11:00 1:1 Visits/ Hand Massages 1:30 Music in Lounge 2:30 Crossword Puzzle 3:15 Social Tea 6:00 Mardi Gras Party <small>Mardi Gras</small>	17 10:00 Virtual Chats 11:00 Meet & Greet 1:1 1:30 Cyber Seniors 2:30 Word Wrap 3:15 Sensory Cart 6:00 Bowling League	18 10:00 Virtual Chats 11:00 1:1 Visits/Horoscopes 1:30 Movie "Residents Choice" 3:15 Horse Derby 6:00 Seated Dance	19 11:00 1:1 Hand Massages 1:30 Sensory Cart 2:45 Virtual Chats 3:30 Travel Cart 6:00 Elvis Presley Concert in the Lounge	20 9:30 Gospel Songs 10:30 Rise & Shine Stretches 1:30 Headline News 2:00 Nail Spa 2:45 Virtual Chats 3:00 1:1 Visits
21 9:30 Gospel Songs 10:00 Daily Mass 11:00 Hour of Power 1:30 Movie Previews 2:45 Virtual Chats 3:30 1:1 Reminiscing	22 11:00 1:1 Walk & Talk 1:30 Gentle Stretch 2:00 Paint by Number 2:45 Virtual Chats 3:30 Word Games 6:00 Wheelchair Soccer	23 11:00 Walk & Talk 10:15 Gentle Stretch 1:30 Baking Cookies Lounge Sensory Taste 2:30 Taste Testing Social 2:45 Virtual Chats 6:00 Sing-A-Long	24 11:00 Sensory Cart 1:30 Name That Tune 2:45 Virtual Chats 3:30 Hand Massages 6:00 Seated Exercise	25 11:00 News & Views/ Horoscopes 1:30 1:1 Badminton 2:45 Virtual Chats 3:30 Hot Chocolate Social 6:00 Celebrity Bingo <small>Purim Begins</small>	26 11:00 Walk & Talk 1:30 Word Games 2:45 Virtual Chats 3:30 Horoscopes 6:00 Drive-In Movie & Popcorn	27 9:30 1:1 Visits/Horoscopes 10:00 1:1 Badminton 1:30 Sing A Long Remembrance 2:45 Virtual Chats
28 9:30 Walk & Talk 10:00 Hour of Power TV 10:00 Bible Stories 1:1 1:30 Pictionary 2:45 Virtual Chats 3:30 Badminton 1:1						