

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>HAPPY LOVE MONTH!</p>	1	2	3	4	5	6
	11:00 1:1 Seated Exercises 11:30 Walking Program 1:15 Virtual Chats 2:00 Sweet Heart Craft 3:00 Name that Bird	11:00 Noodle Soccer 1:15 Virtual Chats 2:30 Groundhog Day Arts & Crafts 3:15 Groundhog Day Trivia /Word Search <small>Groundhog Day</small>	11:00 Stretch & Strength 11:30 Walking Program 1:15 Virtual Chats 2:30 Music Therapy 3:15 Inspirational Stories	10:30 Hot Potato 11:00 Walking Program 1:15 Virtual Chats 2:30 Tea Time 3:00 Hymns & Stories	11:00 You Be The Judge 1:15 Bowling 2:00 Virtual Chats 3:15 Laughs & Giggles	9:30 Walk & Talk 10:30 Gentle Stretches 1:30 Fill In the Blanks 2:00 Virtual Chats 3:00 One to One Visits
7	8	9	10	11	12	13
9:30 Fun & Fitness 10:30 Bible Study 1:30 Afternoon At The Movies 2:00 Virtual Calls 3:00 One to One Visits	9:30 Let's Stretch 10:00 SuperBowl Chat 11:00 Sensory Stimulation 1:30 Short Stories 2:00 Virtual Calls 3:00 One to One Visits	11:00 Hot Potato 1:15 Let's Sing Again 2:00 Virtual Chats 3:15 Adult Colouring	9:30 Walking Program 10:15 Library Day 11:00 Bean Bag Toss 1:30 February Facts 2:00 Virtual Calls 3:00 One to Ones	9:30 Walk & Chat 10:15 Valentine Trivia 11:00 Let's Chat 1:30 Love Poems 2:00 Video Calls 3:00 One to Ones	9:30 Let's Stretch 10:30 All About Chinese New Year 1:30 Valentines Craft 2:00 Video Calls 3:00 One to Ones <small>Chinese New Year (Year of the Ox)</small>	10:00 Fancy Nails Valentine's Edition 11:00 Name that Celebrity 11:30 Walking Program 2:00 Virtual Chats 3:30 Music Therapy
14	15	16	17	18	19	20
10:00 Horoscopes 11:00 1:1 Physical 11:30 Walking Program 1:30 Valentine's Day Cart 2:00 Virtual Chats 3:30 Hymns/Daily Bread <small>Valentine's Day</small>	9:30 Fun & Games 10:15 All About History of Valentines Day 1:30 Beauty Time 2:00 Video Calls 3:00 One to Ones <small>Presidents' Day</small>	9:30 ROM 10:15 Winter Fest 11:00 Jokes & Riddles 1:30 Short Stories 2:00 Virtual Calls 3:00 One to Ones <small>Mardi Gras</small>	9:30 Physical 1:1 10:15 Lent Discussion 11:00 Reminiscing 1:30 Hand Massage 2:00 Video Calls 3:00 One to Ones	9:30 Walking Program 10:15 Music Trivia 11:00 Who is Cupid? 1:30 One to One Visits 2:00 Video Calls 3:00 One to Ones	9:30 Fun & Fitness 10:15 Word Games 11:00 Horoscopes 1:15 Video Calls 2:00 Name That Tune 3:00 One to One Visits	9:30 Physical 1:1 10:30 Coffee & Chat 11:00 Daily Chronicles 1:15 Video Calls 3:00 Beauty Hour
21	22	23	24	25	26	27
9:30 Let's Stretch 10:15 Bible Study 1:15 Video Chats 3:00 Music Time	9:30 Physical 1:1 10:15 Let's Celebrate Washington 1:15 Video Calls 3:00 Horoscopes	9:30 Walk & Talk 10:15 Gentle Stretching 1:15 Video Calls 3:00 Massage Time	9:30 ROM 10:15 Mexico Day Talk 1:15 Video Calls 3:00 Daily Chronicles	9:30 Walking Program 10:15 Crafts 1:15 Video Calls 3:00 What is Purim? <small>Purim Begins</small>	9:30 Physical 1:1 10:15 Bingo 11:00 Music Time 1:15 Video Calls 3:00 Taste Test	9:30 Stretch & Strength 10:45 What's in the Bag? 11:30 Music therapy 1:15 Video Calls 2:00 Colour the Season 3:00 Bean Bag Toss
28	<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;">  </div> <div style="text-align: center;"> <h1 style="font-family: cursive;">February 2021</h1> <h2 style="margin-top: 20px;">2 EAST CALENDAR</h2> </div> <div style="text-align: center;">  </div> </div>					