

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		10:00am Calendar Walkthrough 1:1's 10:45am Group/ 1 to 1 Exercise Program 1:30pm Live Concert in Lounge: Michael Buble 2:30pm Craft Cart: Homemade Snow 3:30pm Virtual Visits	1 9:45 Hand Expressions 10:15 News and Views Covid Update 11:00 Walk to Dine 1:3 Armchair Travel: Israel 3:30 Virtual Visits	2 9:45am 1:1 Physical 10:15am Random Trivia 1:30pm Christmas Short Stories 2:30pm Social Tea 3:30pm Virtual Visits	3 10:00am Group/ 1:1 Exercise Program 10:45am Group/ 1:1 Games 1:30pm Live Concert in Lounge: Mariah Carey 2:30pm Craft Cart: Christmas Cards 3:30pm Virtual Visits	4 9:45am 1:1 Physical 10:15am Music in the Lounge: Festivals, Spiritual 1:30pm December Birthday Recognition 2:30pm Refreshments/ Rem. 3:30pm Virtual Visits	
	6 9:45 Praise and Worship 10:00 Joel Olsteen "Message of the Day" 10:30 Bible Scriptures/ Reads 1:30 Christmas Coloring and Trivia 3:30 Virtual Visits	7 9:45 Price is Right with Steve Harvey 11:00 Sensory Stim 1:30 Afternoon at the Movies (Resident's Choice) 2:30 Piano by Bill Lounge 3:30 Virtual Visits	8 10:00 Group/ 1: 1 Exercise Program 10:45 Group/ 1:1 Games 1:30 Live Concert in Lounge: Nat King Cole 2:00 Virtual Visits 3:30 Craft Cart: Paper Plate Christmas Tree	9 9:45 Church Service in the Lounge 10:15 Hymn Singing 11:00 Walk to Dine 1:30 Word Games / Trivia Social 2:30 1:1 Physical Exercise 3:30 Virtual Visits	10 9:45 Christmas Trivia 10:15 Bible - to - go / Room to Room Visits 11:00 Winter Reflection 2:00 Virtual Visits 3:00 What's Hanukkah? <small>Hanukkah Begins</small>	11 9:45 Let's Talk Winter! 10:5 Fun and Fitness 1:30 Name that Tune 2:00 Virtual Visits 3:00 1:1 Horoscopes	12 10:00 Group/ 1:1 Exercise Program 10:45 Men's Club 1:30 Live Concert in Lounge: Trans-Siberian Orchestra 2:00 Virtual Visits 3:00pm Food Program: Hot Chocolate
	13 10:00 Group/ 1:1 Exercise Program 10:45 Group/ 1:1 Games 1:30 Live Concert in Lounge: Bing Crosby 2:00 Virtual Visits 3:00 Food Program: Gingerbread Men	14 9:45 Love and Laughter Quotes 10:00 Greek Mythology Discussion 1:30 Music Time: Wendy Sing - A - Long 2:00 Virtual Visits 3:00 1:1 Visits	15 9:45 Music Chimes Exercise 10:00 Motivational Speaker Steve Harvey 1:30 Armchair Travel: Australia 2:00 Virtual Visits 3:00 1:1 Visits	16 9:45 Move a Groove Exercise 10:00 Christmas Songs in the Lounge 1:30pm - 2:00pm Current Events / News and Views / Covid Update 2:00 Virtual Visits	17 9:45am Stories of Christmas 10:00am Christmas Coloring 1:30pm - 2:00pm Spiritual Music / Bible Reads 2:00pm Virtual Visits	18 10:00 Group/ 1:1 Exercise Program 10:45 Group/ 1:1 Games 1:30 Live Concert in Lounge: Eartha Kitt 2:00 Virtual Visits 3:30 Craft Cart: Popsicle Stick Rudolph	19 9:45 1:1 Physical 10:15 Gentle Stretches 1:30 - 2:00pm Family Feud / Poem Social Discussion Tea 2:00 Virtual Visits
	20 9:45 Praise and Worship 10:00 Joel Olsteen "Message of the Day" 10:30 Bible Scriptures / Reads 1:30 Christmas Coloring and Spa Music 2:00 Virtual Visits	21 9:45 Music Chimes / Exercise Circles 10:00 Winter Begins 10:30 Trip to the Garden on unit 1:30 Classical Music in the Lounge 2:00 Virtual Visits 3:00 1:1 Chats <small>Winter Begins</small>	22 10:00 Virtual Visits 10:45 Group/ 1 to 1 Exercise Program 1:30 Live Concert in Lounge: Dean Martin 2:30 Craft Cart: Clay Sculptures	23 9:45 Price is Right 10:00 Chicken Soup for the Soul Reads 10:15 Sensory Cart - Scents Spices 1:30 Gentle Exercises 2:00 Virtual Visits 3:00 1:1 Horoscopes	24 9:45 Our Daily Bread Reads 11:00 Bible to Go! 1:30 Christmas Movie Lounge 2:00 Virtual Visits 3:00 1:1 Visits in the Rooms	25 10:00 Virtual Visits 10:45 Live Concert in Lounge: Frank Sinatra 1:30 Gift Exchange 2:30 Christmas Movie Marathon 3:00 Food Program: Cheesecake <small>Christmas</small>	26 10:00 Virtual Visits 10:45 Group/ 1:1 Exercise Program 1:30 Live Concert in Lounge: Elvis Presley 2:30 Craft Cart: Paper Stocking 3:30 Food Program: Grinch Punch <small>Boxing Day (Canada) Kwanzaa Begins</small>
	27 10:00 Virtual Visits 10:45 Group/ 1 to 1 Exercise Program 1:30 Live Concert in Lounge: Brenda Lee 2:30 Craft Cart: Sock Snowmen 3:30 Food Program: Chocolate Christmas Trees	28 9:45 Noodle Soccer 10:00 Virtual Visits 11:00 Resident Council Food Comm. Chat 1:30 Inspirational Chats 2:00 Travelling to Bethlehem 2:30 Social Discussion	29 9:45 Who, What, When 10:00 Virtual Visits 10:40 Bing Crosby 11:00 Trivia Pursuit 1:30 DoDo Pet videos 2:00 Pet Discussion 3:00 Room Visits	30 9:45 The Amen Corner 10:00 Virtual Visits 11:00 Trivia Pursuit 1:30 DoDo Pet Videos Lounge 2:00 Pet Discussion 3:00 Room Visits	31 9:45 Parachute Group Circle 10:00 Virtual Visits 11:00 Spiritual Music 1:30 New Years Eve Treats / Social 3:00 Reminiscing Circle / Music / New Year's Resolution! <small>New Year's Eve</small>		

Life Enrichment Staff: Wendy & Franco